

PARKS 4 CAMPS

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Durham Parks and Recreation provides opportunities for our community to Play More!



GREETINGS FROM DURHAM PARKS & RECREATION'S DIRECTOR

There are exciting things happening in the department. We're inviting you to join the conversation about Durham Parks and Recreation! We're looking for your input on what type of recreation opportunities you would like to see in Durham. What parks, programs, and facilities would give you the most enjoyment and enhance the well-being of your family and community? Join the conversation online at www. PlantoPlayMoreDurham.com.

Our Trails, Our Town: Residents want to get more involved in taking ownership of the trails in Durham. That's something that we all can be proud of, and the City is working with many groups to encourage that. We are working with the Bicycle and Pedestrian Commission, Durham Open Space and Trails Commission, the Recreation Advisory Commission, residents of Durham, and the local business community on a range of projects with the trails. You can sign up for the Trail Watch Program with the Police Department by contacting Steve Hall (Steve. Hall@DurhamNC.gov); and you can adopt a section of the trails by participating in DPR's Adopt-A-Trail/Park Program --contact Malgosia Atkinson (Malgosia, Atkinson@durhamnc.gov). Thank you for helping plan the future of Parks and Recreation in the City of Durham.

Rhonda B. Parker, CPRP Director, Durham Parks and Recreation

> Play More Online is Durham Parks and Recreation's new online registration site.

You can browse all programs, and register for many online. More online registration coming soon!

To use our online registration, you must first request an account. On www.DPRPlayMore.org, click on "Register for programs online" to get started. For detailed instructions in English and Spanish, click on the "Brochures, Forms and Applications" link.

INCLUSION Notice Under the Americans with Disability Act

- A person with a disability may receive an auxiliary aid or service to effectively participate in city government activities by contacting the ADA Coordinator, voice 919-560-4197, fax 919-560-4196, TTY 919-560-1200, or ADA@durhamnc.gov, as soon as possible but no later than 48 hours before the event or deadline date.
- Accommodations available include American Sign Language interpreter, wheelchair-accessible buses and vans when transportation is provided. Contact Sarah Hogan, (919) 560-4355, ext. 27236 for more information.
- Durham Parks and Recreation strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, or ability level.
- For Spanish language accommodations, please contact Rosalie Bocelli-Hernandez at (919) 560-4355, ext. 27235.

About Play More

PLAY MORE is a guide to creative and challenging recreational choices in Durham and is produced by the Durham Parks and Recreation Department. It is a publication produced in partnership with the Herald Sun Custom Publishing Magazine Division in May, August and December. If you would like an extra copy of Play More, please call us at (919) 560-4355 or email DPRInfo@durhamnc.gov.

Please note: Advertising contained herein does not constitute an endorsement by the City of Durham Parks and Recreation or its staff.

City Holidays

The City of Durham will observe the following holidays and most classes will be cancelled on that day.

New Year's Day Tuesday, January 1 Martin Luther King, Jr. Day Monday, January 21 Good Friday Friday, March 29 Monday, May 27 Memorial Day

Safety, Maintenance and Accidents

Customers and citizens are encouraged to immediately report any injury or illness received as a result of participation in leisure services provided by or at City of Durham Parks and Recreation facilities, parks and trails. Citizens are also encouraged to report safety concerns and maintenance needs in parks and on trails. Please call (919) 560-4355, ext. 27212 to report safety concerns, maintenance needs or accidents. If you see illegal activity in any park at any time, please contact the police by dialing 911.

Medication Policy

Participants who take medication while participating in Durham Parks and Recreation programs are required to complete a Medication Information and Waiver form and return it before the program begins.

Personnel

Assistant Director of Administrative Services

Joy Guy, CPRP Recreation Manager (Special Events, Outreach & Sponsorships) Řukea Womack Senior Business Services Manager (Budget, Finance & Marketing) Gina M. Morais, CPRP & CPSI Recreation Manager

(Reservations, Safety, Accreditation & Operations)

Assistant Director of Recreation Programs

Recreation Manager (Recreation Centers & Aquatics)

Recreation Manager (Recreation Centers)

Recreation Manager (Special Programs/Inclusion, Mature Adults & Lyon Park) Sarah Hogan, LRT, CTRS

Assistant Director of Park Planning & Education

Recreation Manager (Heritage Parks, City Lakes & Environmental Education) Recreation Manager (Outdoor Recreation & Adventure Programming) Recreation Manager (Athletics)

Parks Superintendent

Beth Timson Beth Highley Kim Oberle Tammy Brown Robert Jennings, CPRP

Rich Hahn

Parvin Neloms

Audrey Gill, CPRP

Bridgette Robinson



Have information about what's happening at **Durham Parks and** Recreation delivered right to your inbox!

Sign up now! www.DPRPlayMore.org

Durham Parks and Recreation is on Facebook!

Become a fan!



Play More Card

Durham Parks and Recreation offers an exciting benefits program for our program participants! Participants may purchase a "DPR Play More Card" which will give them a discounted rate on all programs, in addition to other benefits listed below. The cards are renewable annually.

Each program price listing has four prices: two prices for City Residents (with and without a Play More Card), and two prices for Non-City Residents (with and without a Play More Card). Play More cards can be purchased at any recreation center or the DPR Administrative Office. Questions? Call (919) 560-4355 or e-mail dprinfo@durhamnc.gov.

Play More Card Benefits

- Participants receive an average 10% or greater discounted fee rate for all recreation programs (excludes rental facilities, athletic league group rates, adventure challenge course rates, special event fees);
- Participants may purchase volume-discounted punch/ monthly passes for the following programs:
 - o Aerobic Classes
 - o Open Gym (Adults)
 - o Fitness Training
 - o Racquetball/Wallyball Court extended use passes
 - o Lap and Recreation Swim
 - o Water Exercise Classes
 - o Wellness Packages
- Early registration for a few designated DPR programs;
- The Play More Card can be used as photo identification for quick entry into DPR facilities.



Play More Card Fee Structure

- Individual: \$20 Residents; \$25 Non-Residents o Benefits apply to 1 adult plus all youth under the age of 13 residing in the same house
- 2 Party: \$35 Residents; \$45 Non-Residents o Benefits apply to 2 adults plus all youth under the age of 13 residing in the same house
- Teen: \$10 Residents; \$12 Non-Residents
- o Benefits apply to individual teen (ages 13 17) Participants may choose to purchase this card in order to receive the associated benefits; however, a Play More Card is not required to participate in DPR programs.

Pass Sales: : With a Play More Card, participants may purchase the following volume-discounted punch passes.

Please note: Play More Cards and punch passes are non-refundable

Pass Sale Chart

Activity	City Resident, Play More Card	Non-City Resident, Play More Card
Recreation and Wellness Passes		
Mature Adult Fitness (includes MA Fitness, Aerobics Plus, and Get Fit with Style): 10 Visits (Each Pass Sold Separately)	\$9	\$14
Mature Adult Fitness (includes MA Fitness, Aerobics Plus, and Get Fit with Style): 25 Visits (Each Pass Sold Separately)	\$21	\$26
Mature Adult Fitness (includes MA Fitness, Aerobics Plus, and Get Fit with Style): 50 Visits (Each Pass Sold Separately)	\$40	\$55
Racquetball/Handball Courts: 10 Plays	\$72	\$87
Racquetball/Handball Courts: 25 Plays	\$170	\$195
Racquetball/Handball Courts: 50 Plays	\$320	\$350
*Wellness/Open Gym Package – Individual – Per Month (Additional discounts do not apply to this rate)	\$20	\$25
**Wellness + Open Swim – Individual – Per Month (Additional discounts do not apply to this rate)	\$40	\$55
Corporation Play Pass: 50 Passes	\$250	\$275

- *Monthly Wellness/Open Gym Package includes unlimited land fitness and mind/body classes, open gym programs, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility.
- **Wellness + Open Swim Package includes everything included in the Monthly Wellness/Open Gym Package PLUS includes recreational and lap swim in the indoor aquatic centers.

Aquatic Passes		
Recreational/Lap Swim: 10 visits	\$27	\$42
Recreational/Lap Swim: 25 visits	\$64	\$79
Recreational/Lap Swim: 50 visits	\$120	\$135
Recreational/Lap Swim - Youth/Teen/Senior: 10 visits	\$18	\$23
Recreational/Lap Swim - Youth/Teen/Senior: 25 visits	\$43	\$58
Recreational/Lap Swim - Youth/Teen/Senior: 50 visits	\$80	\$95
Recreational/Lap Swim – All Ages – Per Month (Unlimited; Expires 30 days from date of purchase) (Additional discounts do not apply to this rate)	\$30	\$45
Water Exercise Class: 10 visits	\$36	\$51
Water Exercise Class: 25 visits	\$85	\$100
Water Exercise Class: 50 visits	\$160	\$185

New Fees and Charges

In our FY13 budget process, City Council adopted a new DPR Fees and Charges Schedule. This may be found at www.DPRPlayMore.org, under Administration, Fees and Charges. Our instructional programs are now based on an hourly rate per course hour, depending on the level of the course, i.e. basic, intermediate, or advanced. This change is not only helping us to ensure that you are paying equitable fees for similar programming across our system, but it has lowered the rate that you will pay for many of our programs. To ensure everyone has access to our programs we continue our Sliding Fee Scale Program for Care Programs (After School, Intersession, Summer Camp and Fun Days) and our Program Fee Waiver for other instructional programs. Our successful Play More Card benefit program continues, which offers an average of 10% discount on courses, access to some programs at no additional charge, and an ability to purchase monthly and punch passes for our wellness programs.

Reduced Fees, Discounts, and Waivers

Please note: Only one discount may be applied to a registration or facility rental.

Multi-Child Discount

- The multi-child discount applies to select programs for families who do not qualify for reduced fees under other discount programs and have more than one child registering for the same course.
- Senior Citizen Discount
- Senior Citizen discounts are available for Mature Adults aged 60 or better. A ten percent (10%) discount is available on all recreational programs and admissions to facilities for activities sponsored by Durham Parks and Recreation. Activities with specified mature adult rates, mature adult programs, and facility, field, and equipment rentals are excluded from this discount.
- Current City of Durham employees receive a 25 percent discount on all instructional classes and recreational passes for activities sponsored by Durham Parks and Recreation. Child Care programs and facility, field, and equipment rentals are excluded from this discount.

 Non-Profit Discount
- Non-profits receive a ten percent (10%) discount on facility, field and equipment rentals. Facilities, fields and equipment with specified non-profit rates are excluded from this discount. Please note that non-profits must provide the IRS letter documenting their 501c3 status. Sliding Fee Scale
- The sliding fee scale may be used to reduce the amount paid for childcare programs.
- The scale ranges from 10% to 100% and is based on income, number of members per

- household, and special circumstances affecting the applicant's ability to pay.
- Applications are available at the main office, recreation centers, and on the DPR website.
- The application is used to determine the percentage (from 10%-100%) to be paid by the participant for participation in the listed programs.
- Once approved, the reduced fee is good for one year.
- Program Fee Waiver
- The fee waiver is available to anyone receiving support through the Durham County Department of Social Services (DSS) and may be used for programs, excluding childcare programs, facility, field, and equipment rentals, and others as specified in registration materials.
- Applications are available at the main office,

- recreation centers, and on the website.
- The outcome is valid for one (1) year from the date of approval.
- Facility, Field and Equipment Fee Waiver
- The applicant is responsible for completing the reservation process prior to submitting the application for Facility, Field or Equipment Fee Waivers.
- Any persons requesting a fee waiver must submit a completed Facility, Field and Equipment Fee Waiver application to the Department
- The applicant must reapply for each rental.
- The applicant must pay the security deposit by the date due and pay all other fees not waived by the Recreation Advisory Commission by the established deadline.

DURHAM CITY PARKS

Durham County Regional Map



North

East

Southeast

Southwest

West Central

					Field					:		llode		Greenway/Trail			ples	_		re	핕	# Tennis courts	
					ic Fie	Basketball	g	ng	≒	ž į	Adult Softball	Kuuth Baseball Youth Baseball		way/	<u>s</u>	Field lights	# Picnic tables	Playground	Restrooms	Picnic shelter	Sprayground	Tennis c	<u>.</u>
NAME	ADDRESS	ZIP	REGION	ACRES	Athletic I	nske	Boating	Camping	Disc Golf	Dog Park		1 to	Fishing	reen	# Grills	eld	Picr	aygı	estro	cnic	ıa	Len	ale
American Village Park*	4703 American Dr.	27705	West Central	4.2	Α.	_	_	J		<u> </u>	د د	<u> </u>	1	T B	#	Ť	#	•	~	•	<u>~</u>		•
Bay-Hargrove Park	208 Hargrove St.	27701	West Central	0.59											Ħ		2	٠					•
Belmont Park	2207 Sovereign St.	27705	West Central	0.49													1						
Bethesda Park	1814 Stage Rd.	27703	Southeast	20.45		•			•		_	+		+	2		8	•	٠			2	•
Birchwood Park Burch Avenue Park	3105 Hursey St. 816 Burch Ave.	27703 27712	Southwest West Central	4.9 0.57		·				+	+	٠		+	1	\vdash	2	•			-	+	
Burton Park*	1100 Sima Ave.	27701	Southeast	10.34		•					+	+		+	1		4	•		•			•
C. M. Herndon Park*	511 Scott King Rd.	27713	Southeast	25.18	٠							·		•	2	•	6	٠	•	٠			•
C. R. Wood Park*	417 Commonwealth Ave.	27703	Southeast	17.4		•						•	-		1		4	٠	•	•			•
Campus Hills Park**	2000 S. Alston Ave.	27707	Southeast	28.6	•						•	+	•	•	2	•	6	٠		٠			•
Carroll Street Park Cook Road Park*	815 Carroll St. 602 Cook Rd.	27701 27707	Southwest Southwest	0.79 8.11	•	•				+	+	+	+	+	2	+	4	•				1	
Cornwallis Road Park	2830 Wade Rd.	27705	West Central	19.97	Ť	•			•	-	+	+	+	+			-	•	•				•
Crest Street Park	2503 Crest St.	27705	West Central	6.83		٠						•					8	•	•	٠			•
Drew / Granby Park	1100 Drew St.	27701	East	0.44													2	٠					
Duke Park*	106 W. Knox St.	27701	West Central	17.24										•	5		18	٠	•	٠		_	•
Durham Central Park East Durham Park*	502 Foster St.	27701 27703	Downtown	5.2 9.01		•				_	+	-		•	1	\vdash	3		•			+	•
East End Park*	2500 E. Main St. 1200 N. Alston Ave.	27701	East East	9.01	•	•	_			+	+			+	2		10	•	•	•	•	6	
Elmira Avenue Park*	540 Elmira Ave.	27707	Southeast	11.86		•					+	Ŧ		•	1	H	4	•	•	•			•
Forest Hills Park	1639 University Dr.	27707	Southwest	45.86							1	T		•	2	T	12	٠	•	•	٠	_	•
Garrett Road Park	6815 Garrett Rd.	27707	Southwest	7.64									•	•	2		2	•	•	•		6	•
Glendale Heights Park	707 W. Murray Ave.	27704	North	21.2							_			•			2						
Grant Park (north)	918 Grant St.	27701	Southeast	5.48						+	+	+	-	+	╄	-	-	•				+	
Grant Park (south) Hillside Park*	1200 Grant St. 1301 S. Roxboro St.	27701 27707	Southeast Southwest	13.82		٠				+	+	١.	+	+	4		9	•	•	•		-	
Holt School Road Park*	4102 Holt School Rd.	27704	North	4.69						_	+			٢	1	Ė	3	•		•		_	•
Indian Trail Park	1701 Albany St.	27705	West Central	8.5										٠			5	٠					•
Lake Michie Recreation Area			North																				
Holly Grove Area	Archery Range Rd.	27503						•		4	4	4		•	1	<u> </u>	3		•			_	
Lake Boathouse Spruce Pine Lodge*	2802 Bahama Rd. 2235 Bahama Rd.	27503 27503		65.4 1.5			٠	•		\dashv	+	+	•	•	2	+	9	•	•	•		-	
Wilkins Road Park*	Wilkins Rd.	27503		1.5					\dashv	\dashv	+	+	+	-	4	╁	14	•	•	•	-	_	•
Lakeview Park*	3500 Dearborn Dr.	27704		5.87		•				1	\top	•	_		1	t	2	٠	•	•		-	•
Leigh Farm Park	370 Leigh Farm Rd.	27514	Southwest	96.1					•					•			3		٠				•
Little River Fishing Facility	1500 Orange Factory Rd.	27712	North	9.2			٠						•				2		•				
Long Meadow Park*	917 Liberty St.	27701	East	15.58	•	•				_	_	•	_	•	2	•	4	•	•	•		_	•
Lyon Park Maplewood Park	1200 W. Lakewood Ave. 1530 Chapel Hill Rd.	27707 27701	Southwest West Central	12.23 0.545	•	·					+	ľ		+	+		1	·	_	i			
Morreene Road Park*	1102 Morreene Rd.	27705	West Central	11.96		•				\dashv	\top			+	t		2	٠	٠	•		5	•
Northgate Park*	300 W. Club Blvd.	27704	North	30.35						•				٠	2		4	٠	•	٠		_	•
Oakwood Park*	411 Holloway St.	27701	East	1.2							\Box							٠					
Old Chapel Hill Road Park	3751 SW Durham Dr.	27707	Southwest	23.7	٠	٠						٠		•		•		•	•			_	•
Old Farm Road Park* Old North Durham Park	7 Hedgerow Pl. 310 W. Geer St.	27704 27701	North West Central	13.39 3.58	•	٠	_				+	+			1		5	•	•	•			•
Orchard Park*	1000 S. Duke St.	27701	Southwest	7.39	Ť						+	+		Ť	3	┢	5	•		•			
Oval Drive Park*	2200 W. Club Blvd.	27704	West Central	3.44		٠				7	•	т	т	т	3		3	•		•	7	2	•
Piney Wood Park*	400 E. Woodcroft Pkwy.	27713	Southeast	39.47	٠					•	•				7	٠	35	٠	•	٠		4	•
Red Maple Park*	3320 Hinson Dr.	27704	North	11.13		٠					_	٠		1	1	_	3		•	•		4	•
River Forest Park*	1000 Windermere Dr. 701 Stadium Dr.	27712	North	67.65 46.1	•					\dashv	+	+	+	•	1		4	•	•	٠		0	•
Rock Quarry Park Rockwood Park*	2310 Whitley Dr.	27704 27707	North Southwest	12.23	•	•					+	+	+	ŀ	2	\vdash	3 6	•	•	•		~	
Rocky Creek Park	1014 N. Elizabeth St.	27701	East	1.37						_	+	\top	+	٢	2		4	•					
Sandy Creek Park*	3510 Sandy Creek Rd.	27707	West Central	101.74										٠			3		•	٠			•
Shady Oaks Park	2400 Nebo St.	27707	Southeast	1.4														•					
Sherwood Park*	2325 Cheek Rd.	27703	East	15.1		٠						۰	_	_		\vdash		٠	٠	٠		8	•
Snow Hill Park Solite Park*	619 Snow Hill Rd. 4704 Fayetteville Rd.	27712 27713	North Southwest	35 11.35	٠	•				+	•	•		•	2		6	٠	•	•		-	
Southern Boundaries Park	100 Third Fork Dr.	27707	Southwest	29.7		•				+	•	١.	+	•	_	•	٥		•			_	•
Trinity Park*	410 Watts St.	27701	West Central	0.69						7	T	т	т	т	2		5	٠		•	7		•
Twin Lakes Park*	439 Chandler Rd.	27703	East	49.8	•		•						٠		2	•	13	٠	٠	٠			•
Unity Village Park*	2011 Matilene St.	27707	Southeast	3.7		•									1	_	4	•	•	•		_	•
Valley Springs Park*	3805 Valley Springs Rd.	27712	North West Control	50.36	•				•		•				3	_	5	•	٠	٠		_	•
Walltown Park** Weaver Street Park	1308 W. Club Blvd. 3000 E. Weaver St.	27705 27707	West Central Southwest	6.69 7.5		•						•	_		1	•	6	٠	•	•			•
West Point On The Eno*	5101 N. Roxboro Rd.	27712	North	381.8			٠							•	5		25		•	•			•
Westover Park	1900 Maryland Ave.	27705	West Central	1.8										•	2		4	٠					•
Whippoorwill Park*	1632 Rowemont Dr.	27705	North	25.27								٠		٠	6	•	13	٠	•	•		8	•
White Oak Park	2504 Dallas St.	27707	Southwest Control	1.2		•											1	•					
Wrightwood Park* *These parks have picnic shelters ava	1301 Anderson St.	27707 60-4355 ev	West Central	12.85								•					3	•	•	•			
mose parks nave pionic shellers ava	nable to rent. Ficase Call (919) 5	55- 4 555, e	21202 IUI 16561V	utioi 15.																			

Note: A white box indicates that the corresponding park feature has been identified as most accessible. For more information on the accessibility of Durham's parks, please contact Meghan Mclaurin at 919-560-4288 ext. 27375 or at meghan.mclaurin@durhamnc.gov.

 $[\]ensuremath{^{**}}\ensuremath{\mathsf{Reservations}}$ for this shelter are made at the recreation center.

Please note: All operational hours and program fees are subject to change. Please call each center directly for updated information. Facilities may be open at additional times for specially scheduled DPR Programs.

RECREATION CENTERS

COMMUNITY FAMILY LIFE & RECREATION CENTER AT LYON PARK

Address: 1309 Halley Street Phone: (919) 560-4288 Hours: Monday-Thursday 8:30 a.m.-7 p.m.; Friday 8:30 a.m.-11 p.m.; Sat. and Sunday closed



EAST DURHAM

Address: 2615 Harvard Avenue Phone: (919) 560-4278 SUMMER CAMP LOCATION ONLY



EDISON JOHNSON RECREATION CENTER

Address: 500 West Murray Ave. Phone: (919) 560-4270 Hours: Monday-Thursday 8:30 a.m. – 9 p.m.; Friday 8:30 a.m.-8 p.m.; Saturday 8:30 a.m. – 6 p.m.; Sunday 1 p.m. – 6 p.m.



IRWIN R. HOLMES. SR. RECREATION CENTER AT CAMPUS HILLS

Address: 2000 South Alston Ave. Phone: (919) 560-4444 Hours: Monday-Thursday 6 a.m. – 9 p.m.; Friday 6 a.m.-8 p.m.; Saturday 8 a.m. – 6 p.m.; Sunday 1 p.m. – 6 p.m.



HOLTON CAREER AND RESOURCE CENTER

Address: 401 N. Driver St. Phone: (919) 354-2750 Hours: Monday-Thursday 8:30 a.m.-9 p.m.; Friday 8:30 a.m.-11 p.m.; Saturday 8:30 a.m.-6 p.m.; Sunday 1 p.m.-6 p.m.



T.A. GRADY

Address: 531 Lakeland Street Phone: (919) 560-4280 SUMMER CAMP LOCATION ONLY



W.D. HILL RECREATION CENTER

Address: 1308 Favetteville St. Phone: (919) 560-4292 Hours: Monday-Thursday 8:30 a.m.-9 p.m.; Friday 8:30 a.m.-10 p.m.; Saturday 8:30 a.m.-6 p.m.; Sunday closed



RECREATION CENTERS (continued)

W.I. PATTERSON

Address: 2614 Crest Street Phone: (919) 560-4560 SUMMER CAMP LOCATION ONLY



WALLTOWN PARK RECREATION CENTER

Address: 1308 W. Club Blvd. Phone: (919) 560-4296 Hours: Monday-Thursday 8:30 a.m.-9 p.m.; Friday 8:30 a.m.-10 p.m.; Saturday 8:30 a.m.-6 p.m.; Sunday 1 p.m.-6 p.m.



WEAVER STREET RECREATION CENTER

Address: 3000 E. Weaver Street Phone: (919) 560-4294 Hours: Monday-Thursday 8:30 a.m.-9 p.m.; Friday 8:30 a.m.-10 p.m.; Saturday 1 p.m.-6 p.m.; Sunday closed except for church rentals.



AQUATIC CENTERS

CAMPUS HILLS POOL

Address: 2000 South Alston Avenue Phone: (919) 560-4444 Hours: Monday-Thursday 6 a.m.-8 p.m.; Friday 6 a.m.-7:30 p.m.; Saturday 8 a.m.-5 p.m.; Sunday 1 p.m.-5 p.m.



EDISON JOHNSON AQUATIC CENTER

Address: 500 W. Murray Avenue Phone: (919) 560-4265 Hours: Monday-Thursday 6 a.m.-8 p.m.; Friday 6 a.m.-7:30 p.m.; Saturday 9:30 a.m.-5 p.m. and Sunday 1 p.m.-5 p.m.



OTHER FACILITIES

ADMINISTRATION OFFICE

Address: 400 Cleveland St. Phone: (919) 560-4355 Hours of Operation: Monday-Friday 8 a.m.-5 p.m.



OTHER FACILITIES (continued)

MORREENE ROAD

Address:

1100 Morreene Road Phone: (919) 560-4405



WEST POINT ON THE ENO

Address:

5101 N. Roxboro Road Phone: (919) 471-1623



OUTDOOR POOLS

Outdoor pools are open seasonally from June-August. Please check the Aquatics section for more detailed information.

LONG MEADOW POOL

Address: 917 Liberty St. Phone: (919) 560-4202 CLOSED FOR SEASON



HILLSIDE POOL

Address: 1300 S. Roxboro Rd. Phone: (919) 560-4783 **CLOSED FOR SEASON**



FOREST HILLS POOL

Address: 1639 University Dr Phone: (919) 560-4782 CLOSED FOR SEASON



Please see the back page for information on renting the following facilities:

ARMORY

Address: 212 Foster St. Phone: (919) 560-4355

CCB PLAZA

Address: 201 Corcoran St. Phone: (919) 560-4355

DURHAM CENTRE PLAZA

Address: 300 W. Morgan St. Phone: (919) 560-4355

FOREST HILLS NEIGHBORHOOD CLUBHOUSE

Address: 1639 University Dr. Phone: (919) 560-4355

SPRUCE PINE LODGE

Address: 2235 Bahama Rd., Bahama, NC 27503

Phone: (919) 560-4355

ADOPT-A-PARK and ADOPT-A-TRAIL Programs

Coordinator: Mal Atkinson (919) 560-4355, ext. 27205, malgosia.atkinson@durhamnc.gov

A Great Way to Give Back

Volunteers from all over the community support Durham's parks and trails through the Adopt-A-Park and Adopt-A-Trail (APAT) programs. This program is a great opportunity for you or your organization to make a positive difference in your community.

Since 2003, community groups have supported their community by adopting parks and trail segments in Durham through the Adopt-A-Park and Adopt-A-Trail (APAT) programs. DPR manages nearly 1,800 acres of parkland in more than 68 parks and

more than 20 miles of paved trails, and we're still growing. The assistance we receive from adopting agencies is invaluable as we make every effort to care for our natural resources.

The City of Durham's Parks and Recreation and General Services Departments provide routine park maintenance and repairs; however, the adopting individuals and organizations give the park or trail the extra care and attention it needs. Adopters work on a variety of projects of their choosing. They have assisted with numerous cleanup,

landscaping, and facility improvement projects.

Any individual or organization interested in bettering our parks and trails can adopt. Contact Mal Atkinson, the Adopt-A-Park and Adopt-A-Trail program coordinator, at 919-560-4355 or dprvolunteers@ durhamnc.gov. She will be happy to discuss details of the program, which parks and trails are currently available for adoption, or any questions you may have about the program.





Join the conversation about Durham Parks and Recreation!

We want Durham Parks and Recreation to reflect the unique character and people of our community. What type of recreation opportunities would you like to see in Durham? What parks, programs, and facilities will most benefit the enjoyment and well-being of your family and community? We have an online resource that makes

joining the conversation easy! At www. PlantoPlayMoreDurham.com, we post questions and ask your input on a variety of park and recreation topics that are important to Durham. You even have an opportunity to post your favorite photos on the site. It is simple to sign up and you can participate in the conversation as often as you like.

Sign up and join the conversation online at www.PlantoPlayMoreDurham.com and give your input on Durham's parks!



ADVENTURE PROGRAMS and OUTDOOR RECREATION

(919) 560-4405. Recreation Manager: Kim Oberle, Kimberly. Oberle@durhamnc.gov

Durham Parks and Recreation's Adventure Programs offers many opportunities for individuals, groups and families to enjoy the outdoors, whether it's through trips to local natural areas, or participating in a low challenge course teambuilding program. Trips vary throughout the year, and the low challenge course may be booked at any time of year.

#10214 Jan 19 Sa

Sa 8pm-Sun 7pm

ADVENTURE PROGRAMS

Durham Parks and Recreation Adventure Programs and Outdoor Recreation offers a wide variety of outdoor programming for individuals and families. From community campfires in neighborhood parks to weekend river excursions, camping events, and our new Discovery High Ropes Course, we offer a broad range of outdoor experiences for people of all abilities and interests.

CATCH THE WIND

Durham Parks and Recreation Adventure Programs is hosting this three-hour kids sailing clinic. The kids will learn the ins and outs of how to sail on wonderful Lake Michie. Age: 12-16 CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 LAKE MICHIE RECREATION AREA #10210 Apr 27 Sa 1pm-4pm

COMMUNITY CAMPFIRE

There may be nothing better than sitting next to a warm crackling campfire. Durham Parks and Recreation Adventure Programs invites you to come out for our community campfire. We provide the fire and everything you need to make s'mores. You get to share a campfire experience with others in your community. No

registration is required for this event.
Age: 1 and up
No Cost
Westover Park
#10207 Jan 18 F 7pm-8pm
Rockwood Park
#10208 Feb 15 F 7pm-8pm
Glendale Heights
#10209 Mar 8 F 7pm-8pm
Morreene Road Park
#10745 Apr 5 F 7pm-8pm

RECESS, CIRCA 1975

Before there was playground surfacing and bicycle helmets, there was recess. Experience the thrill of Steal the Bacon, 4-Square, Capture the Flag and other games of your youth. Preregistration is required.

Age: 18 and up
CR PC \$3; CR NPC \$4
NCR PC \$8; NCR NPC \$9
OLD NORTH DURHAM PARK
#10211 Feb 23 Sa 3pm-6pm

ADVENTURE PROGRAMS TRIPS

DPR Adventure Programs offers seasonal day and weekend trips which explore the varied and beautiful outdoor resources of the area. Trips are open to and accommodate both novice and experienced outdoors people.

CAVING EXPLORATION

Come scramble, slide and squeeze through warm eastern Tennessee caves on this DPR Adventure Programs day trip. Safety equipment will be provided. Participants will need clothing that can get muddy and a change of clothes. Age: 9 and up CR PC \$43.25; CR NPC \$48 NCR PC \$58.25; NCR NPC \$63 MORREENE ROAD RECREATION CENTER

7am-10pm

PARENT/CHILD FIRST-TIMERS
BACKPACKING TRIP

Every journey has a first step. We help you and your child take those first steps in connecting to the great outdoors through our introductory workshop and guided trip.

Age: 10 and up
CR PC \$43.25; CR NPC \$48
NCR PC \$58.25; NCR NPC \$63
MORREENE ROAD RECREATION CENTER
#10217 Apr 13-Apr 14



ROANOKE RIVER WEEKEND GETAWAY

Explorer the scenic and wild Roanoke River with DPR Adventure Programs. We will spend a weekend paddling through this incredible cypress swampland and camp on platforms right on the river. Equipment and food included in the cost of this trip.

Age: 9 and up
CR PC \$108; CR NPC \$120
NCR PC \$123; NCR NPC \$135
MORREENE ROAD RECREATION CENTER #10216 Mar 29-Mar 31
F 6pm-Sun 7pm



SURF AND SEAFOOD COASTAL KAYAK

DPR Adventure Programs invites you to join us for a day of paddling the peaceful marshes and inlets of the Wrightsville Beach area, followed by a stop for some fresh local seafood. Program cost covers transportation and kayak/ paddle/pfd. Participants are responsible for all other expenses. Pre-registration is required.

Age: 8 and up CR PC \$43.25; CR NPC \$48 NCR PC \$58.25; NCR NPC \$63 MORREENE ROAD RECREATION CENTER #10215 May 18 Sa

HIGH ROPES DISCOVERY DAYS

Come explore Durham Parks and Recreation's new high ropes course! Explore a large variety of obstacles, some reaching 55 feet in the air! Push yourself as far as you want on this amazing new course and then exit by way of our giant swing or zip line. Pre-registration is required. Children under 10 must be accompanied by an adult.

HIGH ROPES DISCOVERY DAYS

Age: 7 and up CR PC \$7; CR NPC \$8 NCR PC \$11.75; NCR NPC \$13

Bethesd	a Park		
#10195	Jan 19	Sa	11am-12pm
#10196	Jan 19	Sa	12:30pm-1:30pm
#10197	Jan 19	Sa	2pm-3pm
#10198	Feb 16	Sa	11am-12pm
#10199	Feb 16	Sa	12:30pm-1:30pm
#10200	Feb 16	Sa	2pm-3pm
#10201	Mar 9	Sa	11am-12pm
#10202	Mar 9	Sa	12:30pm-1:30pm
#10203	Mar 9	Sa	2pm-3pm
#10204	Apr 6	Sa	11am-12pm
#10205	Apr 6	Sa	12:30pm-1:30pm
#10206	Apr 6	Sa	2pm-3pm

TEAM CHALLENGE AND Low Ropes Course

At the low challenge course, staff facilitators use a variety of natural and man-made elements, games and initiatives to help groups and individuals develop trust, cooperation, teamwork and leadership skills. Facilitators utilize a 13-element low ropes course, portable elements, hiking trails and other open spaces to create intellectually and physically engaging outdoor experiences for groups. Each program is individually designed based on a consultation with the client. The minimum age for participation at the low challenge course is 10 years of age, and programs can be designed for persons of differing abilities.



HIGH ROPES COURSE

Durham Parks and Recreation's Discovery Course is a unique experience in personal challenge and high ropes course design. The Discovery Course is full of options, allowing participants to choose their degree of challenge throughout their journey, culminating in a peak experience in the Crow's Nest, which offers birds-eye views of the surrounding area. A final thrill awaits with the participant's choice of the Giant Swing or Zip Line as the exit of the course. The course is designed

to motivate by building self-esteem, encouraging risk-taking, developing respect for individual differences and fostering trust through a common experience. Efforts were made to ensure the course is as accessible as possible for all citizens.

The Discovery Course is available to the public either through reservations as a group for a team building program, or on the once-monthly "Discovery Days." For more information and pricing, individuals and groups may call Durham Parks and Recreation Adventure Programs at 919-560-4355 ext. 27210 or visit our website at www.DPRPlayMore.org.



AFTER SCHOOL & CARE DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

AFTER SCHOOL PROGRAM

Looking for a safe, fun, educational after school environment? Join DPR's after school program for homework, arts and crafts, health and fitness activities and other enrichment programs. Prices listed are for each 20-day cycle. Age: 5-12

CR PC \$118.75; CR NPC \$132 NCR PC \$141.25; NCR NPC \$157

CAMPUS HILLS TRADITIONAL

I.R. Ho	DLMES, SR. RECR	EATION	Center
#9301	Jan 7-Feb 5	M-F	3pm-6pm
#9302	Feb 6-Mar 6	M-F	3pm-6pm
#9303	Mar 7-Apr 11	M-F	3pm-6pm
#9304	Apr 12-May 9	M-F	3pm-6pm
#9309	May 10-Jun 7	M-F	3pm-6pm

CAMPUS HILLS YEAR ROUND

I.R. Ho	DLMES, SR. RECR	EATION	CENTER
#9305	Jan 23-Feb 19	M-F	3pm-6pm
#9306	Feb 20-Apr 11	M-F	3pm-6pm
#9307	Apr 12-May 9	M-F	3pm-6pm
	May 10-Jun 7	M-F	3pm-6pm

EDISON TRADITIONAL

Edisor	N JOHNSON RECI	REATIO	n Center
		M-F	3pm-6pm
#9265	Feb 6-Mar 6	M-F	3pm-6pm
#9266	Mar 7-Apr 11	M-F	3pm-6pm
#9267	Apr 12-May 9	M-F	3pm-6pm
#9271	May 10-Jun 7	M-F	3pm-6pm

EDISON YEAR ROUND

Edison Johnson Recreation Center #9270 Jan 23-Feb 19 M-F 3pm-6pm

#9268	Feb 20-Apr 11	M-F	3pm-6pm
#9269	Apr 12-May 9	M-F	3pm-6pm
#9263	May 10-Jun 7	M-F	3pm-6pm

HOLTON

Age: 6-1	2		
Holton	CAREER AND 1	Resoui	RCE CENTER
#9310 J	an 7-Feb 5	M-F	3pm-6pm
#9311 Ĭ	Feb 6-Mar 6	M-F	3pm-6pm
#9312 N	Mar 7-Apr 11	M-F	3pm-6pm
#9313 A	Apr 12-May 9	M-F	3pm-6pm
	May 10-Jun 7	M-F	3pm-6pm

HOLTON TEEN

Age: 13-17		
	D	
HOLTON CAREER AND		
#9314 Jan 7-Feb 5	M-F	3pm-6pm
#9317 Feb 6-Mar 6	M-F	3pm-6pm
#9315 Mar 7-Apr 11	M-F	3pm-6pm
#9316 Apr 12-May 9	M-F	3pm-6pm
#9319 May 10-Jun 7	M-F	3pm-6pm

WALLTOWN

Age: 5-	12		
WALLT	12 own Park Recr	EATION	Center
#9291	Jan 7-Feb 5	M-F	3pm-6pm
#9292	Feb 6-Mar 6	M-F	3pm-6pm
#9293	Mar 7-Apr 11	M-F	3pm-6pm
	Apr 12-May 9	M-F	3pm-6pm
#9299	May 10-Jun 7	M-F	3pm-6pm

WALLTOWN TEEN

Age: 13	3-17		
WALLT	OWN PARK REC	REATION	Center
#9295	Jan 7-Feb 5	M-F	3pm-6pm
#92.94	Feb 6-Mar 6	M-F	3pm-6pm

#9296	Mar 7-Apr 11	M-F	3pm-6pm
	Apr 12-May 9	M-F	3pm-6pm
#9300	May 10-Jun 7	M-F	3pm-6pm

W.D. HILL

Age: 5-12						
W.D. HILL RECREATION CENTER						
#9325 Jan 7-Feb 5	M-F	3pm-6pm				
#9326 Feb 6-Mar 6	M-F	3pm-6pm				
#9327 Mar 7-Apr 11	M-F	3pm-6pm				
#9328 Apr 12-May 9	M-F	3pm-6pm				
#9329 May 10-Jun 7	M-F	3pm-6pm				

WEAVER STREET

Age: 5-12						
WEAVER STREET RECREATION CENTER						
#9320 Jan 7-Feb 5	M-F	3pm-6pm				
#9321 Feb 6-Mar 6	M-F	3pm-6pm				
#9322 Mar 7-Apr 11	M-F	3pm-6pm				
#9323 Apr 12-May 9	M-F	3pm-6pm				
#9324 May 10-Jun 7	M-F	3pm-6pm				

DISCOVER

Discover After School is an exciting program serving children with disabilities. The program offers opportunities to utilize existing skills or develop new ones. Typical after school activities are offered, including arts and crafts, sports, games and educational activities. We provide support at a 1:3 staff to participant ratio and may require the family to provide a care provider if the child needs 1:1 support. Age: 5-21

CFLRC at Lyon Park

#9334 Jan 7-Feb 5 M-F 3pm-6pm #9335 Feb 6-Mar 6 M-F 3pm-6pm #9336 Mar 7-Apr 11 M-F 3pm-6pm #9337 Apr 12-May 9 M-F 3pm-6pm #9339 May 10-Jun 7 M-F 3pm-6pm

EXPLORE

This alternative to inclusion promotes development of participants' life skills through group activities and exposure to diverse athletic, creative and educational experiences. If you believe 'inclusion' is not the best option for your child, or if he/she is older than 17, (the maximum for inclusion in other programs), we welcome you to register for Explore. Age: 13-21

CFLRC AT LYON PARK #9330 Jan 7-Feb 5 3pm-6pm #9331 Feb 6-Mar 6 M-F 3pm-6pm #9332 Mar 7-Apr 11 M-F 3pm-6pm #9333 Apr 12-May 9 M-F 3pm-6pm #9338 May 10-Jun 7 M-F 3pm-6pm

FUN DAY

Looking for a place for your child to go when school is out? Kids can enjoy a fun-filled day of activities including sports, games, dance, arts and crafts, and much more. Rates are per day. CR PC \$23.50; CR NPC \$26; NCR PC \$37; NCR NPC \$41; Age: 5-12 W.D. HILL RECREATION CENTER

#10600 Jan 18 F 7:30am-6pm #10601 Feb 15 F 7:30am-6pm I.R. Holmes, Sr. Recreation Center #9893 Mar 14 Th 7:30am-6pm #9894 Mar 15 F 7:30am-6pm

We support INCLUSION - Persons of all ability levels are welcome at every facility and every program. CR PC: City Resident, Play More Card; NCR PC: Non-City Resident, Play More Card; NCR NPC: Non-City Resident, Play More Card; NCR NPC: Non-City Resident, Play More Card; NCR NPC: Non-City Resident, No Play More Card; NCR NPC: No Play More Card; NCR NPC: No Play More Card; NCR NPC: No Play More Card;



AFTER SCHOOL & CARE continued

UJAMA

Calling all teenagers! The UJAMAA Project wants to empower you to become strong individuals in the community. Participants will learn about leadership, teamwork, and the importance of the community. Learn through fun activities that incorporate athletics, art, music, and creativity. You can make a positive difference in the community. Age: 13-17

EDISON JOHNSON RECREATION CENTER Fee for first session: CR PC \$0; CR NPC \$0 CR NPC \$24; NCR NPC \$29 #9878 Jan 7-Jan 24 M,W,Th 4pm-6pm Fee for additional sessions: CR PC \$0; CR NPC \$0 CR NPC \$27; NCR NPC \$42 #10607 M,W,Th Jan 28-Feb 14 4pm-6pm #10608 Feb 18-Mar 7 M,W,Th 4pm-6pm

Mar 11-Mar 28 M,W,Th 4pm-6pm #10610 Apr 8-Apr 25 M,W,Th 4pm-6pm #10611 Apr 29-May 16 M,W,Th 4pm-6pm HOLTON CAREER AND RESOURCE CENTER Fee for first session: CR PC \$0; CR NPC \$0 CR NPC \$24; NCR NPC \$29 #9919 Jan 7-Jan 23 4pm-6pm

Fee for additional sessions: CR PC \$0; CR NPC \$0 CR NPC \$24; NCR NPC \$29 #10602 Jan 28-Feb 13 M-W 4pm-6pm #10603 Feb 18-Mar 6 4pm-6pm #10604 Mar 11-Mar 27 M-W 4pm-6pm #10605 Apr 8-Apr 24 4pm-6pm #10606 Apr 29-May 15 4pm-6pm



AQUATICS

Durham Parks and Recreation operates two indoor eight-lane pools which offer a number of water programs including exercise/fitness, swim lessons, lap swim, and family swim. Both pools have portable aquatic lifts to assist patrons who may not have the ability to access the pool via vertical ladders or stair systems, and Edison Johnson also has a ramp entrance and water chair. DPR also maintains three outdoor seasonal pools for individuals and families to enjoy unstructured water activities. Please follow posted rules at each facility.

OUTDOOR POOLS

Durham Parks and Recreation's outdoor pools are open seasonally June-August.

Long Meadow Pool

917 Liberty Street , 27701 (919) 560-4202

Forest Hills Pool

1639 University Drive, 27707 (919) 560-4782

Hillside Pool

1221 Sawyer Street, 27707 (919) 560-4783

AQUATICS

RECREATIONAL SWIM

This is a time to enjoy unstructured water activities with friends and family. Children 3 and under are free; 'multi visit passes' are also available. Times vary depending on scheduled activities

activities. Age: All Ages CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 Edison Johnson Aquatic Center #9582 Jan 2-May 30 Sa-Su 1pm-5pm Tu, Th 1pm-3pm Jan 2-Feb 15 M, W, F 1pm-3pm Feb 18-May 30 M, W, F 1pm-5pm I.R. Holmes, Sr. Recreation Center #9530 Jan 2-May 31 M-F 10am-12pm M-F 1pm-4pm Sa-Sun 1pm-5pm

LAP SWIM

During lap swim times, patrons may use the facility's lane space and/or aquatic devices for their swimming or personal water workouts. The number of lap lanes available will be based on the current program schedule. Age: All Ages

CŘ PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 EDISON JOHNSON AQUATIC CENTER #9577 Jan 2-May 31 M-Th 6am-8pm F 6am-7:30pm Sa 9:30am-5pm

Sun

1pm-5pm

I.R. Holmes, Sr. Recreation Center #9529 Jan 2-May 31 M-Th 6am-8pm F 6am-7:30pm Sa 8am-5pm Sun 1pm-5pm

SWIM LESSONS

Classes are offered based on the American Red Cross Learn-to-Swim program. All students are taught fundamentals of swimming, personal water safety, and basic water rescue. For more information about ARC Learn-to-Swim Lessons at DPR, visit the Aquatics section of our website.

ADAPTED AQUATICS, BASIC

This class is planned for participants with disabilities who are new to the pool, and need to learn water adjustment skills and basic water safety. Participants will work with a swim partner under the direction of a certified Water Safety Instructor. An initial skills assessment will be conducted on the first day of class. Goggles are optional; water shoes may be worn if needed.

#9721 Mar 17-May 12 Sun 2pm-2:45pm CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67

ADAPTED AQUATICS, INTERMEDIATE

This class is planned for participants with disabilities who are able to fully submerge their head, swim at least 5 yards on their front and back, and have a basic understanding of water safety. Students will learn swim strokes and increase their knowledge and skills in water safety. Participants will work with a swim partner under the direction of a certified Water Safety Instructor. An initial skills assessment will be conducted on the first day of class. Goggles are optional; water shoes may be worn if needed.

Age: 6-21 I.R. Holmes, Sr. Recreation Center #9722 Mar 17-May 12 Sun 3pm-3:45pm CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67



PARENT TOT

Parent and child enter the water together. This class teaches the parent basic water skills and child safety in and around the water. Learning is done through water exploration, play, and songs. *30 minutes. There are no prerequisites for this course.

Age: 6 months-3 years CR PC \$41.50; CR NPC \$46 NCR PC \$55; NCR NPC \$61 Edison Johnson Aquatic Center #9376 Mar 5-Mar 28 Tu,Th 5:30pm-6pm #9378 Mar 16-May 11

Sa 9:45am-10:15am #9377 Apr 9-May 2 Tu,Th 5:30pm-6pm #9375 May 7-May 30Tu,Th 5:30pm-6pm I.R. Holmes, Sr. Recreation Center #9342 Mar 16-May 11

Sa 10:15am-10:45am

Preschool

Preschoolers begin with water adjustment and progress to basic water skills and swimming. They also learn about personal water safety and basic rescue. Students in the class will be

grouped according to skill level on the first day of class. Prerequisites for each level are listed below: Level 1: New to the pool, needing to learn water adjustment skills, no prerequisite. Level 2: Able to submerge mouth and nose, blow bubbles, and swim short distances with support. Level 3: Able to swim at least three body lengths independently on front and back. Age: 3-5 CR PC \$41.50; CR NPC \$46

NCR PC \$55; NCR NPC \$61 Edison Johnson Aquatic Center #9379 Mar 4-Mar 27 M,W 5:30pm-6pm #9380 Mar 5-Mar 28 Tu,Th 5:30pm-6pm #9382 Mar 16-May 11 Sa 9:45am-10:15am #9381 Mar 16-May 11 Sa 10:30am-11am #9383 Apr 8-May 1 M,W5:30pm-6pm 5:30pm-6pm #9384 Apr 9-May 2 Tu,Th #9385 May 6-May 31 M.W 5:30pm-6pm #9386 May 7-May 30Tu,Th 5:30pm-6pm I.R. HOLMES, SR. RECREATION CENTER #9343 Mar 4-Mar 27 M,W 5:30pm-6pm #9356 Mar 16-May 11Sa 11am-11:30am #9344 Apr 8-May 1 M,W 5:30pm-6pm

5:30pm-6pm

#9345 May 6-May 31M,W



AQUATICS continued

Durham Parks and Recreation operates two indoor eight-lane pools which offer a number of water programs including exercise/fitness, swim lessons, lap swim, and family swim. Both pools have portable aquatic lifts to assist patrons who may not have the ability to access the pool via vertical ladders or stair systems, and Edison Johnson also has a ramp entrance and water chair. DPR also maintains three outdoor seasonal pools for individuals and families to enjoy unstructured water activities. Please follow posted rules at each facility.

TEEN/ADULT

This class is designed for beginner and intermediate swimmers. Students are divided into appropriate groups during the first class, based on skill level. All students are taught the fundamentals of swimming, personal water safety and basic water rescue. *45 minute course There are no prerequisites for this

Age: 13 and up
CR PC \$46.75; CR NPC \$52
NCR PC \$60.25; NCR NPC \$67
EDISON JOHNSON AQUATIC CENTER
#9372 Mar 5-Mar 28 Tu,Th 7:10pm-7:55pm
#9373 Apr 9-May 2 Tu,Th 7:10pm-7:55pm
#9374 May 7-May 30Tu,Th 7:10pm-7:55pm
I.R. HOLMES, SR. RECREATION CENTER
#9352 Mar 5-Mar 28 Tu,Th 7:10pm-7:55pm
#9353 Apr 9-May 2 Tu,Th 7:10pm-7:55pm
#9359 May 7-May 30Tu,Th 7:10pm-7:55pm
7:10pm-7:55pm

YOUTH ALL LEVELS

*45 minute classes. Level I: New to the pool, needing to learn water adjustment skills. Level II: Able to fully submerge head and swim short distances with support. Level III: Able to swim at least five yards on front and back, unsupported. Level IV: Able to swim at least 15 yards (half of pool length) of front and back crawl. Level V: Able to swim 25 yards of front and back crawl and 15 yards of breastroke and

butterfly. Age: 6-12 CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67 EDISON JOHNSON AQUATIC CENTER #9362 Mar 16-May 11 Sa 11:15am-12pm

YOUTH LEVEL 1-3

All students are taught fundamentals of swimming, personal water safety, and basic water rescue. Prerequisites for each level are listed below: Level 1: New to the pool, needing to learn water adjustment skills, no prerequisite. Level 2: Able to fully submerge head and swim short distances with support. Level 3: Able to swim at least 5 yards on front and back unsupported. Age: 6-12

CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67 Edison Johnson Aquatic Center #9363 Mar 4-Mar 27 M,W 6:15pm-7pm #9366 Mar 5-Mar 28 Tu,Th 6:15pm-7pm #9367 Mar 16-May 11 10:30am-11:15am #9369 M,W 6:15pm-7pm Tu,Th 6:15pm-7pm Apr 8-May 1 #9370 Apr 9-May 2 #9371 May 6-May 31 #9766 May 7-May 30 M,W 6:15pm-7pm Tu,Th 6:15pm-7pm I.R. Holmes, Sr. Récreation Center #9346 Mar 4-Mar 27 M,W 6:15pm-7pm #9349 Mar 5-Mar 28 Tu,Th 5:15pm-6pm

#9711 Mar 16-May 11 Sa 11:45am-12:30pm #9347 Apr 8-May 1 M,W 6:15pm-7pm #9358 Apr 9-May 2 Tu,Th 5:15pm-6pm #9348 May 6-May 31 M,W 6:15pm-7pm #9710 May 7-May 30 Tu,Th 5:15pm-6pm

YOUTH LEVEL 3-5

All students are taught fundamentals of swimming, personal water safety, and basic water rescue. Prerequisites for each level are listed below: Level 3: Able to swim at least 5 yards on front and back unsupported. Level 4: Able to swim at least 15 yards (half of pool length) of front and back crawl. Level 5: Able to swim 25 yards of front and back crawl and 15 yards of breaststroke and butterfly. Age: 6-12

CR PC \$46.75; CR NPC \$52 NCR PC \$60.25; NCR NPC \$67 Edison Johnson Aquatic Center M,W7:10pm-7:55pm #9364 Mar 4-Mar 27 #9365 Apr 8-May 1 M,W 7:10pm-7:55pm #9368 May 6-May 31 M,W 7:10pm-7:55pm I.R. Holmes, Sr. Recreation Center #9350 Mar 5-Mar 28 Tu,Th 6:15pm-7pm #9351 Apr 9-May 2 Tu,Th 6:15pm-7pm #9360 May 7-May 30 Tu,Th 6:15pm-7pm

WATER AEROBICS AQUA ARTHRITIS

Exercises are specifically designed for those suffering from debilitating disorders such as arthritis and fibromyalgia. The goal is for participants to perform daily activities with increased comfort. You do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class. Age: 15 and up CR PC \$4.50; CR NPC \$5 NCR PC \$9; NCR NPC \$10 EDISON JOHNSON AQUATIC CENTER #9581 Jan 2-May 31 M,W,F 11am-11:45am

DEEP WATER AEROBICS

This invigorating class is conducted in deep water. This program is designed to give a total body workout. Sessions include cardio, toning and stretching components. Exercisers do not need to know how to swim but should be comfortable in deep water even though flotation belts will be provided. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 15 and up
CR PC \$4.50; CR NPC \$5
NCR PC \$9; NCR NPC \$10
EDISON JOHNSON AQUATIC CENTER
#9580 Jan 5-May 25

Sa 9:45am-10:30am

CAMPUS HILLS POOL

Instructional Swim Program - Winter/Spring 2013

Registration begins at 8:30 a.m. on the following dates online and at the center

SESSIONS	REGISTRATION BEGINS
Monday and Wednesday	
March 4- 27	December 1, 8:30 a.m.
April 8-May 1	December 1, 8:30 a.m.
May 6-31 (no class 5/27 make-up 5/31)	December 1, 8:30 a.m.
Tuesday and Thursday	
March 5-28	December 1, 8:30 a.m.
April 9-May 2	
May 7-30	
Saturday	
March 16-May 11 (no class 3/30)	December 1, 8:30 a.m.

CLASS DAYS AND TIMES

Time	Monday & Wednesday	Tuesday & Thursday	Saturday
10:15 a.m 10:45 a.m.			Parent-Tot
11 a.m 11:30 a.m.			Preschool
11:45 a.m 12:30 a.m.			Youth (Levels 1-3)
5:15 p.m 6 p.m.		Youth (Levels 1-3)	
5:30 p.m 6 p.m.	Preschool		
6:15 p.m 7:00 p.m	Youth (Levels 1-3)	Youth (Levels 3-5)	
7:10 p.m 7:55 p.m.		Adult/Teen	

EDISON JOHNSON AQUATIC CENTER

Instructional Swim Program - Winter/Spring 2013

Registration begins at 8:30 a.m. on the following dates online and at the center

SESSIONS	REGISTRATION BEGINS
Monday and Wednesday	
March 4-27	Monday, February 11, 8:30 a.m.
April 8-May 1	Monday, March 18, 8:30 a.m.
<u>Tuesday and Thursday</u>	
March 5-28	Monday, February 11, 8:30 a.m.
April 9-May 2	Monday, March 18, 8:30 a.m.
May 7-30	
<u>Saturday</u>	
March 16-May 11 (no class 3/30)	Monday, February 11, 8:30 a.m.

CLASS DAYS AND TIMES

Time	Time Monday & Wednesday Tuesday & Thursday			
9:45 a.m 10:15 a.m.			Parent-Tot Preschool	
10:30 a.m 11 a.m.			Preschool	
10:30 a.m 11:15 a.m.			Youth (Levels 1-3)	
11:15 a.m 12 p.m.			Youth (All Level)	
5:30 p.m 6 p.m.	Preschool	Parent-Tot Preschool		
6:15 p.m 7 p.m.	Youth (Levels 1-3)	Youth (Levels 1-3)		
7:10 p.m 7:55 p.m.	Youth (Levels 3-5)	Adult/Teen		



AOUATICS continued

Durham Parks and Recreation operates two indoor eight-lane pools which offer a number of water programs including exercise/fitness, swim lessons, lap swim, and family swim. Both pools have portable aquatic lifts to assist patrons who may not have the ability to access the pool via vertical ladders or stair systems, and Edison Johnson also has a ramp entrance and water chair. DPR also maintains three outdoor seasonal pools for individuals and families to enjoy unstructured water activities. Please follow posted rules at each facility.



SHALLOW WATER AEROBICS

This class offers a total workout while protecting joints from the pounding of a tradtional land aerobics class. The program is designed to utilize the natural resistance of water allowing for muscle toning, cardiovascular endurance, and increased flexibility. Participants do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 15 and up CR PC \$4.50; CR NPC \$5 NCR PC \$9; NCR NPC \$10 Edison Johnson Aquatic Center #9578 Jan 2-May 31 M,W,F 10am-10:45am #9579 Jan 2-May 30 M-Th 6:15pm-7pm I.R. Holmes, Sr. Recreation Center #9531 Jan 2-May 30 M-F 12pm-12:45pr #9532 Jan 2-May 30 M-Th 7pm-7:45pm 12pm-12:45pm

SAFETY TRAININGS **FUNDAMENTALS OF INSTRUCTOR** Training (FIT)

This course is a prerequisite for persons wishing to enroll in American Red Cross Water Safety Instructor course. Participants will learn about the American Red Cross' history, structure and services. The class also prepares students to teach American Red Cross courses and introduces them to the policies and procedures for course consistency and proper reporting. Age: 16 and up CR PC \$25.25; CR NPC \$28

NCR PC \$38.75; NCR NPC \$43 I.R. Holmes, Sr. Recreation Center #9714 May 6 M 5:30pm-9pm

GUARD START

Get a jump start on securing a future job as a lifeguard by completing the American Red Cross GuardStart: Lifeguarding Tomorrow! Learn the responsibilities and duties of a lifeguard. This class focuses on five key areas: Prevention, Fitness, Response, Leadership, and Professionalism. Participants must be 11-15 years of age and must be able to swim 25 yards (one length of the pool). Age: 11-15 CR PC \$19.75; CR NPC \$22

NCR PC \$24.25; NCR NPC \$27 I.R. Holmes, Sr. Recreation CENTER #9716 Feb 2-Feb 23 Sa 1pm-5pm

LIFEGUARD INSTRUCTOR COURSE

Upon successful completion of this course, participants will be certified to teach American Red Cross Lifeguard Training and its components. Course fee includes a Lifeguard Training Participant Manual (revised 2012) and a Lifeguard Training Instructor Manual. Pre-Requisites: Participants must be at least 17 years of age. They must have a current or American Red Cross Lifeguard Training/ First Aid certificate, and a CPR/AED for the Professional Rescuer certificate. They must attend the computer pre-course session listed below. Participants must pass a pre-course session which tests knowledge and skills in lifeguarding, CPR/AED, and first aid. Participants must possess a pocket mask. A pocket mask may be purchased at the Edison Johnson Aquatic Center at a cost of \$10. Age: 17 and up CR PC \$188; CR NPC \$209 NCR PC \$210.50; NCR NPC \$234 Edison Johnson Aquatic Center W 6pm-8:30pm #9741 Apr 24 Apr 26-May 5 Sa 8am-6pm

Sun 10am-6pm 4:30pm-9pm

LIFEGUARD MANAGEMENT

This American Red Cross course provide participants with the knowledge and skills needed to effectively manage lifeguards and to create an environment that keeps patrons, lifeguards, and the aquatic facility safe. It is recommended that participants possess a current American Red Cross Lifeguarding certificate (or one from another nationally recognized agency), and have lifeguarding experience. Upon successful completion of this course, participants will receive an American Red Cross Lifeguard Management certificate. Course fee includes a manual. Participants must be at least 17 years old Age: 17 and up CR PC \$45; CR NPC \$50 NCR PC \$58.50; NCR NPC \$65 **EDISON JOHNSON RECREATION CENTER** #9746 Apr 19-Apr 20 F 6pm-9pm

Sa 1pm-6pm

LIFEGUARD TRAINING COURSE

Upon successful completion of this course, participants will be certified as American Red Cross Lifeguards. Course includes CPR/ AED and First Aid training. The course fee includes a textbook and a pocket mask. Prerequisites: Participants must be at least 15 years of age. They must be able to swim 300 yards continuously demonstrating breath control and rhythmic breathing. This may be performed using the front crawl, breaststroke or a combination of both. Participants must be able to tread water for 2 minutes using only the legs. Participants must be able to swim 20 yards, retrieve a ten-pound object from a depth of seven feet, return to the starting point, and exit the pool within 1 minute and 40 seconds. Both hands must be holding the object with the face at or near the surface. Age: 15 and up

CR PC \$171; CR NPC \$190 NCR PC \$193.50; NCR NPC \$215 **EDISON JOHNSON AQUATIC CENTER** Feb 15-Feb 24 F 5:30pm-8:30pm #9737

11am-5pm Sun 12pm-6pm Mar 1-Mar 10 F 5:30pm-8:30pm Sa 11am-5pm Sun 12pm-6pm

5:30pm-8:30pm Apr 26-May 5 F Sa 11am-5pm Sun 12pm-6pm

#9740 May 10-May 19 F 5:30pm-8:30pm Sa 11am-5pm Sun 12pm-6pm

I.R. HOLMES, SR. RECREATION CENTER Mar 15-Mar 24F 5:30pm-8:30pm Sa 11am-5pm Sun 12pm-6pm

Apr 12-Apr 21 F 5:30pm-8:30pm Sa 11am-5pm Sun 12pm-6pm

WATER SAFETY INSTRUCTOR COURSE

Upon successful completion of this course, participants will be certified to teach American Red Cross Learn-to-Swim classes. Course fee includes two manuals. Participants must be at least 16 years old; must pass a swimming pre-

test consisting of 25 yards front crawl, 25 yards back crawl, 25 yards breaststroke, 25 yards elementary backstroke, 25 yards sidestroke, 15 yards butterfly, back float for one minute, tread water for one minute; and must possess a 'Fundamentals of Instructor Training' certificate (FIT) issued within the last year OR a current National Health and Safety Services Instructor Authorization Certificate. Age: 16 and up CR PC \$188; CR NPC \$209 NCR PC \$210.50; NCR NPC \$234 I.R. Holmes, Sr. Recreation Center May 8-May 22 M,W 5:30pm-9pm Sun 12pm-6pm

DURHAM AQUATICS SCHOOL

This special Spring Break program offers teens the opportunity to become certified American Red Cross lifeguards, free of charge. Interested teens must complete a 'Durham Aquatic School Application'. Application packets may be downloaded from DPR's website, www. DPRPlaymore.org, beginning February 15. Teens willing to work for DPR at the city pools this summer will be admitted into the program first, in the order that their applications are received. To qualify for Durham Aquatic School, participants must be 16 - 19 years old and currently enrolled in high school. They must also be able to pass the pre-requisite swim test (see 'Lifeguard Training Course' description for test requirements). Detailed information about Durham Aquatic School is provided in the application packet. Space is limited, so apply early. Age: 16-19 No Cost

DAS PRACTICE SESSIONS

Edison Johnson Aquatic Center

#10244 Apr 1-Apr 5 M-F 9am-5pm

These are optional practice sessions for those who which to participate in DAS. Age: 16-19 No Cost Edison Johnson Aquatic Center

#10245 Th 7pm-9pm Mar 14 Mar 16 Sa 1pm-3pm Mar 20 7pm-9pm

DAS Pre-Course Swim Test

Participants in DAS must attend one of two Precourse Swim Test sessions offered to be able to participate in DAS. Age: 16-19

No Cost

Edison Johnson Aquatic Center #10246 Mar 26 #10247 Mar 28 Tu 7pm-9pm Th 7pm-9pm



ARTS & CRAFTS FASHION AND MODELING STRIKE A POSE

This is a introduction to the world of modeling. Participants will learn basic walking techniques and how to look graceful. The participant doesn't need to bring any equipment, skills or abilities to join.

Age: 5-12

CR PC \$6.50; CR NPC \$7.50 NCR PC \$11.25; NCR NPC \$12.50 Walltown Park Recreation Center

#9797 Jan 17-Feb 21 Th 5:45pm-6:30pm #9800 Mar 7-Apr 11 Th 5:45pm-6:30pm #9801 Apr 25-May 30 Th 5:45pm-6:30pm

ART STUDIO

Explore your creative juices in the W.D. Hill Recreation Center Art Studio. Make your friends and family proud of ceramic works of art that you create! Participants are responsible for the purchase of individual molding pieces chosen to work on.

Age: 18 and up CR PC \$0; CR NPC \$12 NCR PC \$0; NCR NPC \$17 W.D. HILL RECREATION CENTER #10034 Jan 2-May 30 M-Th

8:30am-12:30pm Tu 6pm-8pm

SEWING AND NEEDLEWORK SEW SIMPLE

Learn to make simple fashionable designs from hand bags to sleepwear using basic stitch sewing. Participants may be required to purchase materials for class. No experience needed for participation.

Age: 8-14

CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 Walltown Park Recreation Center

#9777 Jan 16-Feb 20 W 6:15pm-7:15pm #9778 Mar 6-Apr 10 W 6:15pm-7:15pm #9779 Apr 24-May 29 W 6:15pm-7:15pm

SEWING CLASS

Participants learn basic sewing techniques. Projects will be issued utilizing patterns. Age: 13 and up CR PC \$36; CR NPC \$40 NCR PC \$49.50; NCR NPC \$55 HOLTON CAREER AND RESOURCE CENTER #9920 Jan 16-Mar 20 W 6pm-7:00pm



ATHLETICS

Address: 400 Cleveland St.. Durham NC, 27701 Phone: 560-4355, Hours of Operation: Monday-Friday, 8 a.m. – 5 p.m. Recreation Manager: Tammy Brown, (919) 560-4355, ext. 27225, Tammy.Brown@durhamnc.gov



ATHLETICS CHEER AND DRILL TEAM IR. CHEERLEADING

This cheerleading class teaches children the basic skills needed to advance in the sport of cheerleading. Your child will learn to memorize cheers and master the art of performing them. This class is recommended for students who bring enthusiasm, energy, and love to the sport. Age: 5-12

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER
#9791 Feb 5-Mar 12 Tu 6pm-7pm
#9792 Mar 26-Apr 30 Tu 6pm-7pm

JR. FLAGS

Jr. Flags is a fun introduction to the world of flag twirling. This class will help develop charisma and character.
Age: 9-15
CR PC \$8; CR NPC \$9
NCR PC \$12.50; NCR NPC \$14

Walltown Park Recreation Center #9794 Feb 1-Mar 8 F 6pm-7pm #9795 Apr 5-May 10 F 6pm-7pm

JR. MAJORETTES

A fun introduction to the world of baton twirling. This class will help develop participants' charisma and character. Preferred class attire consists of athletic clothing. Participants will need to provide their own baton. Vendors will be on site with batons available for purchase on the first day of class. This program may incur additional fees to cover the cost of uniforms and additional supplies. Age: 5-12
CR PC \$12.25; CR NPC \$13.50
NCR PC \$16.75; NCR NPC \$18.50

CR PC \$12.25; CR NPC \$13.30 NCR PC \$16.75; NCR NPC \$18.50 WALLTOWN PARK RECREATION CENTER #9785 Feb 2-Mar 9 Sa 10am-11:30am #9786 Mar 23-May 4 Sa 10am-11:30am

SPORTS CLINICS TEEN BASKETBALL SKILLS CLINIC

These clinics are designed to provide a

positive outlet where teens learn teamwork and basketball skills. We offer a structured environment where participants can focus on learning the game of basketball, while also developing a positive attitude, better understanding of self, and positive thinking. Age: 13-17

CR PC \$13.50; CR NPC \$15 NCR PC \$18; NCR NPC \$20 CFLRC at Lyon Park #10192Mar 4-Mar 25 M 6pm-8pm

#10192Mar 4-Mar 25 M 6pm-8pm #10193Apr 1-Apr 22 M 6pm-8pm #10194Apr 29-May 20 M 6pm-8pm

WSRC BASKETBALL ACADEMY

Offers basketball developmental opportunities for teens 13-17 years old. Program helps enhance basketball skills on and off the court and team building skills.

Age: All Ages CR PC \$13.50; CR NPC \$15 NCR PC \$18; NCR NPC \$20 Weaver Street Recreation Center #9940 Jan 5-May 18 Sa 2pm-3pm

YOUTH BASKETBALL CLINIC

These clinics are designed to provide a positive outlet where youth learn teamwork and basketball skills. We offer a structured environment where participants can focus on learning the game of basketball, while also developing a positive attitude, better understanding of self, and positive thinking. Age: 6-12 CR PC \$8; CR NPC \$9

CR PC \$8; CR NPC \$9

NCR PC \$12.50; NCR NPC \$14

WALLTOWN PARK RECREATION CENTER

#9866 Mar 2-Mar 23 Sa 10am-11:30am

#9870 Apr 6-Apr 27 Sa 10am-11:30am

#9871 May 11-Jun 1 Sa 10am-11:30am

TUMBLING BASIC TUMBLES

This class is for students interested in focusing on tumbling. Participants will be learning basic tumbling skills such as forward/backward rolls, cartwheels and head/handstands.

Age: 5-12 CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 WALLTOWN PARK RECREATION CENTER #9767 Jan 12-Feb 16 Sa 9am-10am #9815 Mar 2-Apr 13 Sa 9am-10am

BALL HOGS

Looking for players! Come and compete with your friends in this 3 on 3 basketball tournament.

BULL CITY BALL HOGS

Age: 13-17 CR PC \$4.50; CR NPC \$5 NCR PC \$9; NCR NPC \$10 WALLTOWN PARK RECREATION CENTER #9745 May 18 Sa 11am-3pm

TENNIS LESSONS - SPRING ADULT BEGINNER TENNIS - CLASS 1

Participants will learn the basics of tennis. The class will review the basic strokes of tennis, tennis strategy, and learn how to score a match. Participants should bring a tennis racquet and water and wear tennis shoes and comfortable clothing.

Age: 17 and up CR PC \$21.50; CR NPC \$24 NCR PC \$26; NCR NPC \$29 FOREST HILLS PARK #10243 May 7-May 28 Tu 6:30pm-7:30pm

Youth Tennis Lessons - Session 1

Participants will learn the basics of tennis. The class will review the basic strokes of tennis, tennis strategy, and learn how to score a match. Participants should bring a tennis racquet and water and wear tennis shoes and comfortable clothing.

Age: 5-7

NGCR PC \$9; CR NPC \$10 NCR PC \$13.50; NCR NPC \$15 Forest Hills Park #10235 Mar 19-Mar 28 Tu,Th 6pm-7pm



ATHLETICS continued

ATHLETICS FLAG FOOTBALL YOUTH

Ages: 6 - 12

YOUTH FLAG FOOTBALL

This program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork, fundamentals, and sportsmanship. Ages: 6 - 12 year old boys and girls on or by March 1, 2013 Registration Dates: February 18 - March 1, 2013 Registration Time: 9 a.m. - 6 p.m. Registration Location: The Durham Parks and Recreation Department located at 400 Cleveland Street, Durham, NC, 27701 CR PC \$25; CR NPC \$28 NCR PC \$30; NCR NPC \$33

SOCCER - DURHAM GIRLS SOCCER LEAGUE

Durham Girls Soccer League is an instructional soccer league for girls ages 7-13. It is the league's philosophy to provide an opportunity for all girls to participate on a soccer team, regardless of ability. Registration Time: 9 a.m. - 5 p.m. Mail In Registrations: Must be postmarked by February 8, 2013 Mail To: Durham Parks and Recreation DGSL 101 City Hall Plaza, Durham, NC 27701 Attention: John Sautter - DGSL Online registration now available. CR PC \$35; CR NPC \$39 NCR PC \$45; NCR NPC \$49

BASKETBALL - TEEN PALS

Ages: 15 - 18

BASKETBALL - PALS LEAGUE

A basketball league for teenagers. Come out and work on your game in this fun, exciting, and competitive summmer hoops programs. Ages: 15-18 years old on or by June 1, 2013 Registration: May 6- May 24, 2013 Registration Fee: No Cost Registration Times: 9:00a.m. - 5:00p.m. Registration Location: Durham Parks and Recreation located at 400 Cleveland Street, Durham, NC, 27701 No Cost

SOCCER - ADULT WOMEN'S

Ages: 17 and up SPRING SOCCER - ADULT WOMEN'S 30+

The Women's 30+ League plays on Wednesday nights with some Monday's being utilized as well. There are two matches each night, 6:45pm and 8:15pm. Matches will begin the week of March 11, 2013. Fee: \$535 per team with a \$10 NCR fee per non-city resident Registraton Dates: March 5 - 7, 2013. Registration Time: 8:30a.m. - 7:00p.m. Registration Location: Durham Parks and Recreation Department located at 400 Cleveland Street, Durham, NC 27701 \$535

SPRING SOCCER - ADULT WOMEN'S OPEN

Women's Open League plays matches on Tuesday-Thursday. There are two matches each night, 6:45pm and 8:15pm. Matches will begin the week of March 11, 2013. Fee: \$795 per team with a \$10 NCR fee per non-city resident Registraton Dates: March 5 - 7, 2013 Registration Time: 8:30a.m. - 7p.m. Registration Location: Durham Parks and Recreation Department located at 400 Cleveland Street, Durham, NC 27701 \$795

SOFTBALL - ADULT

Ages: 17 and up

Registration Fees: \$475 per team with a \$12 NCR fee per non-city resident. Additional Fees: Registration Date: Saturday, February 23, 2013 Registration Time: 9 a.m. - 12 p.m. Registration Location: Durham Parks and Recreation located at 400 Cleveland Street, Durham, NC 27701. Leagues Offered: Co-Rec Divisions I - III, Men's Division I - III, and a Women's League.

VOLLEYBALL - CO-ED ADULT

Ages: 17 and up

VOLLEYBALL - SPRING ADULT CO-ED Teams play two matches per night, each match

Teams play two matches per night, each match consisting of three games. There are no officials used for this league. Games are played six on



six with a maximum of twelve players per team. Teams will compete in an end of the season double elimination tournament. Get a team of friends and co-workers together and enjoy the spring evenings! Registration Fees: \$80 per team with a \$12 NCR fee per non-city resident Registration Dates: February 11 - March 1, 2013. Registration Time: 8 a.m. - 5 p.m. Registration Location: Durham Parks and Recreation Department is located at 400 Cleveland Street, Durham, NC 27701 Cost: \$80

USTA TENNIS LEAGUES

Ages: 8-18 yrs old

DURHAM FUTURES TENNIS TOURNAMENT

This tennis tournament is offered at a variety of locations in Durham. This is a coed tennis tournament for beginner to intermediate tennis players who are USTA sanctioned to participate in tournaments. Registration Location: http://national.usta.com
Singles: \$28 per person

Doubles: \$15 per person

JR. TEAM TENNIS-QUICKSTART FORMAT

Jr. Team Tennis is the largest youth tennis league in the country, helping girls and boys ages 5-10 get in the game, get on the court, and have a good time. Teams are co-ed, based on similar ages and skill levels. Registration Location: http://tennislink.usta.com/teamtennis

\$15 League Fee \$20 USTA Membership Required

USTA ENO MIXED DOUBLES LEAGUES

To participate you must have a current USTA membership. The levels of play: 5.0, 6.0, 7.0, 8.0, 9.0, and 10.0.

18 and over-Tennislink Fee \$3, DPR Local League Fee \$12, NCTA Fee \$6 for a total registration fee of \$21.

40 and over-Tennislink Fee \$3, DPR Local League Fee \$12, NCTA Fee \$6 for a total registration fee of \$21.

55 and over- Tennislink Fee \$3, DPR Local League Fee \$4, NCTA Fee \$6 for a total registration fee of \$13.

65 and over-Tennislink Fee \$3, NCTA Fee \$6 for a total registration fee of \$9.

USTA Eno Singles League-Summer

To participate you must have a current USTA membership.

Leagues offered: 18 and over-NTRP levels offered; 2.5, 3.0, 3.5, 4.0, 4.5, and 5.0+ Tennislink Fee \$3, DPR Local League Fee \$3, NCTA Fee \$6 for a total registration fee of \$12. 40 and over-NTRP levels offered; 3.0, 3.5, 4.0, 4.5+.

Tennislink Fee \$3, DPR Local League Fee \$3, NCTA Fee \$6 for a total registration fee of \$12. 55 and over-NTRP levels are offered; 3.0, 3.5, 4.0+

Tennislink Fee \$3, DPR Local League Fee \$3, NCTA Fee \$6 for a total registration fee of \$12.

CAMPS

CAMPS

INTERSESSION CAMP

NCR PC \$141.25; NCR NPC \$157

Does your year-round school child need a place to go during intersession or spring break? In this program, kids enjoy structured activities that include sports, games, swimming, dance, arts and crafts, and much more. Rates are per week. Age: 5-12 CR PC \$118.75; CR NPC \$132

INTERSESSION CAMP, WEEK 1

I.R. Holmes, Sr. Recreation Center #9895 Mar 18-Mar 22 M-F 7:30am-6pm

#9896 Mar 25-Mar 28 M-F 7:30am-6pm #9897 Apr 1-Apr 5 M-F 7:30am-6pm

INTERSESSION NATURE EXPLORATION

Intersession Nature Exploration is a half-day program that focuses on nature activities. Through the use of hands-on activities, art, and games children learn about the natural world around them. All children need to bring snacks, a drink and a backpack to carry it in. Space is limited to 20 children and preregistration is required.

Age: 5-12 CR PC \$33.75; CR NPC \$37.50 NCR PC \$47.25; NCR NPC \$52.50 NORTHGATE PARK #10219 Mar 18-Mar 22 M-F 8am-1pm West Point on the Eno #10220 Mar 25-Mar 29 M-F 8am-1pm

TEEN ADAPT

This program is for persons with intellectual disabilities and focuses on leisure education and training. ADAPT works towards community integration with an overall goal to help participants find success in typical work and leisure environments. Functional activities,

leisure education, community integration, and recreation participation are used to address topics such as: social skills, time management, transportation, leisure opportunities, vocational skills, daily living skills, and more. (Topics may vary during each session, based on participants' needs and interests.) Each participant should be independent in his/her own care; independently mobile or need only minimal assistance.

Age: 13-21

CŘ PC \$118.75; CR NPC \$132 NCR PC \$141.25; NCR NPC \$157 HOLTON CAREER AND RESOURCE CENTER #10074 Apr 1-Apr 5 M-F 8am-3pm

SUMMER CAMP DETAILS AND REGISTRATION

DPR summer camp programs offer a safe, inclusive environment where all children are encouraged to participate. We are committed to the development of our campers' life skills through group activities and exposure to diverse athletic and educational experiences.

Please look for more detailed summer camp information in the Herald Sun, online at our website or at any recreation center starting Friday, February 21.

General Information

Camp begins Monday, June 17 and ends Friday, August 16.

Camps are closed on July 4 for the holiday.

Hours: 7:30 a.m.-6 p.m. Age: 5-12 (except where indicated)

Please note: Child cannot turn 13 before camp ends and must have turned five by September 1, 2012. Proof of age (birth certificate) is required for all camp registrations.

Fees per child per week: (unless otherwise indicated)

City Residents with Play More Card: \$118.75 City Residents without Play More Card: \$132 Non-City Residents with Play More Card: \$141.25 Non-City Residents without Play More Card: \$157

Registration Officially Opens - March 16, 2013 at 9 a.m.

Registration will officially open for onsite and

online patrons on Saturday, March 16 at 9 a.m. Onsite registration will available from 9 a.m. - 1 p.m. at the camp location of your choice (except where indicated). Thereafter, patrons can register at any DPR facility during normal business hours. Online registration will be available 24 hours a day.

Special Online Registration Instructions
In order to register online, patrons will first need to set up a Play More account and retrieve an ID and PIN. It is recommended that you complete this process before March 16 so that your registration process goes smoothly.

process goes smoothly.

If you do not have a Play More account:
Visit www.DPRPlayMore.org, click on "Register for Programs Online" in the menu on the right side of the page. When you are directed to the Play More Online course registry site, click on "Request New Account."

Fill in the prompts, agree to the terms of use and click "Create New."

If you already have a Play More account with a valid email attached to that account:

• Visit www.DPRPlayMore.org, click on "Register for Programs Online" in the menu on the right side of the page. When you go to the Play More Online site, click on "Login."

• When the dialog box opens, click the link "Forgot Password."

• Type in the email address on your account. A login ID and PIN will be emailed to you. PLEASE NOTE: If a message appears that your email address is not found in the database, you will need to follow the steps to request a new account.



For a detailed guide to navigating Play More online, visit the "Brochures, Applications and Forms" page of our website at www.DPRPlayMore.org.

Payment Information

Prepare for payment: The first week of camp must be paid in full at the time of registration. In order to reserve space in additional weeks of camp, please be prepared to make a 10 percent deposit per week.

Apply for Sliding Fee Scale (SFS), if needed. DPR

offers reduced fees through our sliding fee scale program. PLEASE NOTE: If you are a new SFS registrant or your current application is expired or will expire soon, you must submit a new application by February 22 to ensure that it is processed and approved by the March 16 summer camp registration date. Applications are available at any of our recreation centers, administrative office, or by calling (919) 560-4355. It is also located on our website under "Brochures, Forms and Applications" page at www.DPRPlayMore.org.



CANINE RECREATION

Durham Parks & Recreation offers a variety of leisure opportunities for its canine residents. Contact: Ray Jeffers 919-560-4355, ext. 27220 or DurhamDogPark@durhamnc.gov.

Dog Park

While regular leash walks provide a level of exercise that promotes good dog health, access for off-leash play and socialization is equally important.

All dogs MUST be registered with DPR annually
 To ensure that we provide a healthy environ-

- ment for all participants, we have adopted the vaccination requirements recommended by the American Animal Hospital Association.

 Current vaccination history for:
 - 1. Rabies (1 or 3 year)
 - 2. Distemper/parvo (1 or 3 year)
 - 3. Bordetella (1 year)
- 4. Fecal exam-negative (1 year)

*We also accept titer results in lieu of vaccinations except for rabies (state law).

When these requirements are met, a DPR dog park tag is assigned. All dogs must wear their current DPR tag while playing in the park.

Fees:

Tags are valid from July 1, 2012 through July 31, 2013. Fees are not pro-rated.

City Residents:

CR PC: \$15/first dog \$13/each additional dog(s) CRNPC: \$17/first dog \$15/each additional dog(s) Non-City Residents:

NCPC: \$20/first dog \$18/each additional dog(s) NCPC: \$22/first dog \$20/each additional dog(s)

DPR provides three off-leash areas for canine fun:

• Pineywood Park (located at 400 E. Woodcroft Pkwy.) has four separate areas, dog waste bag dispensers, waste receptacles, benches, water fountains and information kiosks.

- Northgate Park (located on Lavender Ave) offers two separate areas, dog waste bag dispensers, water fountains, and information kiosks.
- Downtown Durham Dog Park (located on the corner of Roxboro and Elliott Streets) offers two separate areas, dog waste bag dispensers, and benches.

CANINE OBEDIENCE

DPR offers a basic obedience class that benefits the relationship between people and their fourlegged companions. These classes are for dogs four months and older, and will introduce your pet to controlled walking, socialization, and basic commands such as 'Sit', 'Down', 'Stay', 'Come', and 'Don't Jump'. Classes are offered throughout the year, at the Durham Armory (212 Foster St.). Participating dogs must meet the following vaccination requirements: Rabies, Distemper/Parvo, and Bordetella. Proof of vaccination from a veterinarian is required when registering, or no later than 24 hours prior to the first class. Registrants that do not provide proof of vaccination will not be allowed to participate. Vaccination documents can be emailed to durhamdogpark@durhamnc. gov, faxed to (919)560-4021, or delivered in person to 400 Cleveland Street. Dogs with aggression issues are not accepted. Call (919) 560-4355, ext. 27220 for a consultation.

BEGINNER OBEDIENCE

For dogs 4 months and older. Age: 14 and up CR PC \$69.25; CR NPC \$77 NCR PC \$82.75; NCR NPC \$92 ARMORY #9204 Jan 15-Jan 31 Tu,Th 6:30pm-8pm

CANINE RECREATION AND WELLNESS

Recreation and wellness is not just for humans! Are you looking for new ways to be active with your canine friend? Do you want to learn new techniques to keep your dog happy and healthy? Join us for programs and workshops offered throughout the year.

PET TALK: CANINE AND FELINE NUTRITION

Pet Talk is a series of canine wellness workshops sponsored by Southpoint Animal Hospital. This workshop will focus on the importance of proper nutrition for our furry companions and the key it plays with regards to preventing disease and improving their quality of life. Registration required. Age: 18 and up

No Cost Piney Wood Park #9657 Jan 12 Sa 3pm-3:45pm

PET TALK: CANINE ALLERGIES, FLEAS, FOOD AND MORE

Pet Talk is a series of canine wellness workshops sponsored by Southpoint Animal Hospital. This workshop will cover the common causes of canine allergies and a step wise approach in proper management and therapy to this common ailment of our four legged companions. Registration required. Age: 18 and up
No Cost

PINEY WOOD PARK #9659 Apr 13 Sa 3pm-3:45pm



INTRODUCTION TO FRISBEE

Want to try a new sport with your dog? Frisbee can be a fun way for both you and your dog to be active. This workshop will teach you all the basics to get started. Registration fee includes Frisbee.

Frisbee.
Age: 18 and up
CR PC \$7; CR NPC \$8
NCR PC \$11.75; NCR NPC \$13
PINEY WOOD PARK
#9658 Apr 20 Sa 9am-11am

INTRODUCTION TO AGILITY

Interested in trying a new sport with your furry friend? Agility is the most fun you can have together! If you and your dog like working as a team and have a strong bond, then you have what it takes. Agility is a great way to stay active together. Sign up to learn how to combine accuracy and speed to have a blast with your dog.

Age: 18 and up CR PC \$7; CR NPC \$8 NCR PC \$11.75; NCR NPC \$13 PINEY WOOD PARK #9660 May 18 Sa 9am-11am

CULTURAL HERITAGE

CULTURAL HERITAGE

CULTURAL HERITAGE PROGRAMS CROCHET HOT PAD/WASHCLOTH SAMPLER

Crochet a keepsake while having fun learning basic stitches that will be useful for many other projects. Just bring yourself and your sense of adventure to an easy first project. All materials included.

Age: 8 and up CR PC \$18; CR NPC \$20 NCR PC \$22.50; NCR NPC \$25 WEST POINT ON THE ENO #9723 Jan 12 Sa 10am-3pm

SOAP MAKING

This class will cover how to use lye when making soap which will serve as a foundation for further experimentation with your favorite essential oils and herbs. Plus they make great gifts. All materials are included. You must preregister for this program.

this program.
Age: 11 and up
CR PC \$21.50; CR NPC \$24
NCR PC \$26; NCR NPC \$29
WEST POINT ON THE ENO
#9671 Jan 13 Sun 1p

PORTRAIT PHOTOGRAPHY: FILM AND DIGITAL

Join a local Durham photographer as we discover one of Hugh Mangum's passions as a portrait photographer at the turn of the 20th century. We will explore some central concepts of photographing people, including lens/focal length selection, aperture, and some basic lighting. This will be a hands-on class, so participants are encouraged to bring a digital camera of any kind. (Film is welcome, but we won't be able to see the results!) Age: 12 and up CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 West Point on the Eno #9665 Jan 19 Sa 10am-12pm

TOMATOES: DIVERSITY, HISTORY AND FLAVOR

Join our very own NC Tomato Man, Craig LeHoullier, to learn why today is the most exciting time in history to be a gardener, what heirlooms are and are not and tried and true tomatoes for our area. We will also learn different techniques to start seeds for tomatoes, peppers and eggplant.

Age: 13 and up

Age: 13 and up CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 West Point on the Eno

#9661 Feb 2 Sa 10am-12pm



WELCOME TO BEEKEEPING

The relationship between bees and mankind is one of the longest in our history. We will explore some of this rich history and learn a little about what makes bees so fascinating, as well as some of the basics of beekeeping. You must preregister for this program.

Age: 13 and up
CR PC \$0; CR NPC \$1
NCR PC \$0; NCR NPC \$6
WEST POINT ON THE ENO
#9666 Feb 3 Sun 1pm-3pm

WOVEN BOOKMARKS

Would you like to mark the pages of your favorite book with a bookmark you wove yourself? Learn basic weaving on Inkle looms while making several bookmarks. Various styles of weaving will be shown. All materials included.

Age: 8 and up CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17 WEST POINT ON THE ENO #9672 Feb 9 Sa 10am-1pm

CHEESE MAKING

Making cheese can be a daunting prospect with all the different bacteria, molds and coagulants to choose from. This class is designed for the kitchen cheese maker. We'll demystify the whole process and make a few one-day cheeses. You'll go home with the skills and knowledge necessary to start making cheese at home. All materials are included. You must preregister for this program. Age: 11 and up CR PC \$27; CR NPC \$30 NCR PC \$40.50; NCR NPC \$45 WEST POINT ON THE ENO #9724 Feb 10 Sun 12pm-5pm

SPINNING MOHAIR YARN

Try your hand on some beautifully-prepared,

ready-to-spin, mohair wool blend roving. Whether it's your first time spinning or just something unique to try, you will enjoy adding this special yarn to your projects. The mohair is raised at the instructor's Blue Bird Meadow Fiber Farm in



Durham. Participants can visit the farm as a follow up. All materials included. Age: 8 and up CR PC \$14.50; CR NPC \$16 NCR PC \$19; NCR NPC \$21 WEST POINT ON THE ENO #9675 Mar 9 Sa 10am-2pm

STARTING A BACKYARD CHICKEN COOP

Love the taste of fresh eggs and the sound of hens peacefully clucking away in the background? Then it might be time for you to start your own coop. We will discuss the backyard chicken rules in Durham, backyard coop designs, the best family chicken breeds and how to care for them. You'll leave this class with all the tools you need to set up your own coop. Age: 13 and up
CR PC \$5; CR NPC \$6
NCR PC \$10; NCR NPC \$11
WEST POINT ON THE ENO
#9662 Mar 10 Sun 1pm-3pm

HYPNOSIS: PAST HISTORY AND PRESENT USES

If you have ever wondered about hypnosis, this program will teach you about this powerful state of mind that has been used for centuries. We will discuss common myths and misconceptions as well as practical modern applications. A short demonstration will also be included.

Age: 13 and up

Age: 13 and up CR PC \$0; CR NPC \$1 NCR PC \$0; NCR NPC \$6 West Point on the Eno #9670 Mar 23 \$2

#9670 Mar 23 Sa 10am-12pm

A HOMESTEADER'S DREAM: KEEPING A SMALL RUMINANT

Every homesteader starts out with a few small ruminants to clear land, milk or shear. Whether you're planning on getting a ruminant now or years down the road this class will help get you started. We will discuss the rumen, what they eat and can't eat, housing, fencing and the best breeds for small scale situations.

Age: 13 and up

CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 West Point on the Eno #9663 Mar 24 Sun 1pm-3pm

BERRY BASKETS

Learn the art of basket making while making a sweet little reed Berry Basket. This is a great first project if you're new to this craft. Many other examples of baskets made by the instructor will be shown. All materials included.

Age: 8 and up

Age: 8 and up CR PC \$14.50; CR NPC \$16 NCR PC \$19; NCR NPC \$21 West Point on the End #9680 Apr. 13 Sa 14

#9680 Apr 13 Sa 10am-2pm

SECRETS OF SUCCESS: GROWING TOMATOES, PEPPERS, AND EGGPLANT

Join our very own NC Tomato Man, Craig LeHoullier, as he makes some recommendations for tomatoes, peppers and eggplant for our area, typical pitfalls and sharing of ideas on how to minimize problems. He will also give a demo covering the different growing methods, from decks and driveways to traditional dirt gardens. Age: 13 and up CR PC \$5; CR NPC \$6

NCR PC \$10; NCR NPC \$11 West Point on the Eno #9664 Apr 14 Sun 1pm-3pm

GARDENING WITH ALLERGIES

Are you someone that loves gardening, but you hate how you feel while you are in your garden? Join us as a master gardener teaches about ways to garden with allergies.

Age: 13 and up

CR PC \$0; CR NPC \$1

NCR PC \$0; NCR NPC \$6

WEST POINT ON THE ENO

#9667 Apr 20 Sa 10am-12pm

HISTORIC HIKE OF WEST POINT

Join us as explore parts of West Point on the Eno's untouched history. We will talk briefly about the McCown-Mangum families and the Mill while discovering if other families and homes existed inside this park. Wear comfortable shoes and bring water. Age: 13 and up CR PC \$0; CR NPC \$1 NCR PC \$0; NCR NPC \$6 WEST POINT ON THE ENO #9668 May 4 Sa 10am-12pm

FUN FELTED FIBER GEODES

Have a blast making felted geodes. Imagine the surprise when you cut into your felted spheres to see lovely swirls of color. They can be used as a pin cushion, buttons, decorative accents on clothing or just to look pretty in the home. Some could be made into juggling balls. We will use all colors of wool. Part of the felting process will involve games with prizes. A great Mother's Day outing. All materials included. Age: 8 and up CR PC \$10.75; CR NPC \$12

CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17 West Point on the Eno #9681 May 11 Sa 10am-1pm

Preserving Medicinal and Kitchen Herbs

Growing your own herbs assures you always have fresh herbs when you need them. We'll discuss how to harvest your herbs, how to store and dry them and what they have traditionally been used for. You'll never buy herbs from the store again.

Age: 8 and up

CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 West Point on the Eno #9673 May 12 Sun 1pm-3pm

GROWING CULINARY HERBS

Imagine walking out your front door to clip some rosemary to add to bread or your favorite dish. Join us as a master gardener teaches about ways to be successful in growing and keeping annual and perennial herbs.

Age: 13 and up

CR PC \$0; CR NPC \$1 NCR PC \$0; NCR NPC \$6 WEST POINT ON THE ENO

#9669 Jun 1 Sa 10am-12pm

CULTURAL HERITAGE

CANDLE DIPPING

Learn how to make candles the old-fashioned

way. This timehonored tradition of candle dipping will give you the skills to make them in vour verv own home. All materials are included. You must preregister for this program. Age: 8 and up CR PC \$5; CR NPC \$6 NCR PC \$10: NCR NPC \$11 West Point on THE ENO #9674 Jun 2 Sun 1pm-3pm



DISCOVERING DURHAM'S HISTORY:

Are you in high school and you don't know what to do for spring break? Do you love to learn about history? Join us as we explore Durham's history at six exciting locations.

WEST POINT/BENNETT PLACE

Today we will start by exploring West Point Park's history. Then we will take a van over to the Bennett Place to learn about the history there and how it is connected to West Point on the Eno Park. Please wear comfortable shoes. Age: 13-17 CR PC \$8; CR NPC \$9

NCR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 West Point on the Eno

#9676 Apr 1 M 9am-3pm

DISCOVERING DURHAM'S HISTORY: STAGVILLE/DUKE HOMESTEAD

Today we will drive to two famous and important historical sites, Historic Stagville and Duke Homestead. Please wear comfortable shoes.

Age: 13-17 CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 West Point on the Eno #9677 Apr 2 Tu 9am-3pm

DISCOVERING DURHAM'S HISTORY: WALKING DOWNTOWN DURHAM

Have you ever been in downtown Durham and wondered about our rich historic history, like what existed at the site of the skate park in the early 1900's? Join us today as we go on an urban hike to learn about our city. Please wear comfortable shoes.

Age: 13-17 CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 West Point on the Eno #9678 Apr 3 W 9am-3pm

DISCOVERING DURHAM'S HISTORY: BULL CITY FARM

We will journey to Rougemont, NC and learn about what life was like for people and animals during late 1800's (when the farmer's house was built) in Durham County and all over the world. Please wear comfortable shoes.

Age: 13-17

CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 West Point on the Eno #9679 Apr 4 Th 9am-3pm

EDUCATION and ENRICHMENT

EDUCATION & ENRICHMENT A JOURNEY TO TRANSFORMATION

This program offers a chance for young girls to blossom into young ladies. Come learn about nutrition, health & fitness, etiquette, and much

more. Age: 13-17 No Cost

Holton Career and Resource Center #9528 Jan 16-Apr 24 W 5:30pm-7pm

JR. FIRE MARSHAL

The Jr. Fire Marshal program is designed to enhance career awareness, personal development, and the understanding of fire safety.

Age: 10-18 No Cost CFLRC at Lyon Park #10022 Apr 1-Apr 4 M-Th 9am-4pm

SAFE SITTER

Do you want to learn some basics about babysitting? Safe Sitter teaches all aspects of babysitting, including game and activity ideas, health and safety, behavior management, babysitting business skills, and safety for the sitter. Upon completion of this course you will have the confidence and skills to become an excellent babysitter. Must be between the ages of 11 and 13 and complete the registration form and student contract prior to the beginning of class.

Age: 11-13 CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17 I.R. HOLMES, SR. RECREATION CENTER #9967 Jan 18 F 9am-5pm

CULINARY ARTS DELECTABLE ARRANGEMENTS

Learn to make beautiful fruit and vegetable arrangements fit for any holiday or special occasion. Participants may be required to purchase additional materials for class. Age: 18 and up CR PC \$28.75; CR NPC \$32 NCR PC \$42.25; NCR NPC \$47 WALLTOWN PARK RECREATION CENTER #9762 Apr 8-May 6 M 6:30pm-8pm

HEALTHY COOKING WORKSHOP

The cooking workshop will provide an interactive and casual approach to learning about a wide range of culinary techniques and ethnic foods. Bring your passion for food and cooking!

CŘ PC \$3; CŘ NPC \$4

NCR PC \$8; NCR NPC \$9

WALLTOWN PARK RECREATION CENTER
#9780 Jan 10 Th 6pm-7pm
#9781 Feb 7 Th 6pm-7pm
#9782 Mar 14 Th 6pm-7pm
#9783 Apr 11 Th 6pm-7pm
#9784 May 9 Th 6pm-7pm

Age: 18 and up

HOLIDAY COOKIE DECORATING

Get your little ones into the holiday spirit by creating some holiday cookies that taste as good as they look. Baked cookies will be ready for your child to decorate using royal icing and chocolate.

Age: 4-12 CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50 WALLTOWN PARK RECREATION CENTER #9838 Feb 12 Tu 6pm-7pm #9839 Mar 26 Tu 6pm-7pm

CAMPUS 2 CAMPUS COLLEGE TOURS

Join us while we tour colleges and universities across the state. In addition to tours, you will get an opportunity to build resumes, work on college applications, and listen to student panels.

Age: 13-17 No Cost

Walltown Park Recreation Center #9757 Apr 1 M 8:30am-5pm #9758 Apr 2 Tu 8:30am-5pm #9759 Apr 3 W 8:30am-5pm #9760 Apr 4 Th 8:30am-5pm

JOB READINESS PROGRAM

Are you having trouble finding a job? Then this program is for you! The Job Readiness program includes educational sessions that are vital to your search for employment. Topics of discussion will include dressing for success, work place etiquette, resume writing, budgeting and money management, preparing for your interview, and time management. Program will also include a college tour and graduation ceremony.

Age: 13-17 No Cost Walltown Park Recreation Center #9752 Apr 1-Apr 5 M-F 9am-2pm

PROJECT T.E.A.M.

Project T.E.A.M. (teach, empower, achieve, motivate) is a program that will do just what its name says. The focus is on academic enrichment, life skills, team exercise, and community service. Participants don't need to bring any equipment, skills or abilities to join this program.

Age: 13-17

CFLRC AT LYON PARK CR PC \$0; CR NPC \$33 NCR PC \$0; NCR NPC \$48 #10017 Jan 7-Jan 24 M-Th 4pm-6pm

CR PC \$0; CR NPC \$36 NCR PC \$0; NCR NPC \$51 #10612 Jan 28-Feb 14 M-Th 4pm-6pm #10613 Feb 18-Mar 7 M-Th 4pm-6pm #10614 Mar 11-Mar 28M-Th 4pm-6pm #10615 Apr 8-Apr 25 M-Th 4pm-6pm #10616 Apr 29-May 16M-Th 4pm-6pm

TEEN COUNCIL

Want to become a voice for youth in your community? If so, then join Teen Council. By joining you will learn leadership, public speaking and programming skills. Participants of all skills and abilities are welcome to join. Age: 13-18
WEAVER STREET RECREATION CENTER #9941 Jan 25-May 2 F 6pm-7pm

Age: 13-17
Edison Johnson Recreation Center
#9877 Jan 8-May 14 Tu 4:30pm-5:45pm
Holton Career and Resource Center

#98// Jan 8-May 14 Iu 4:30pm-5:45pm Holton Career and Resource Center #9918 Jan 15-Mar 12Tu 6:30pm-7:30pm

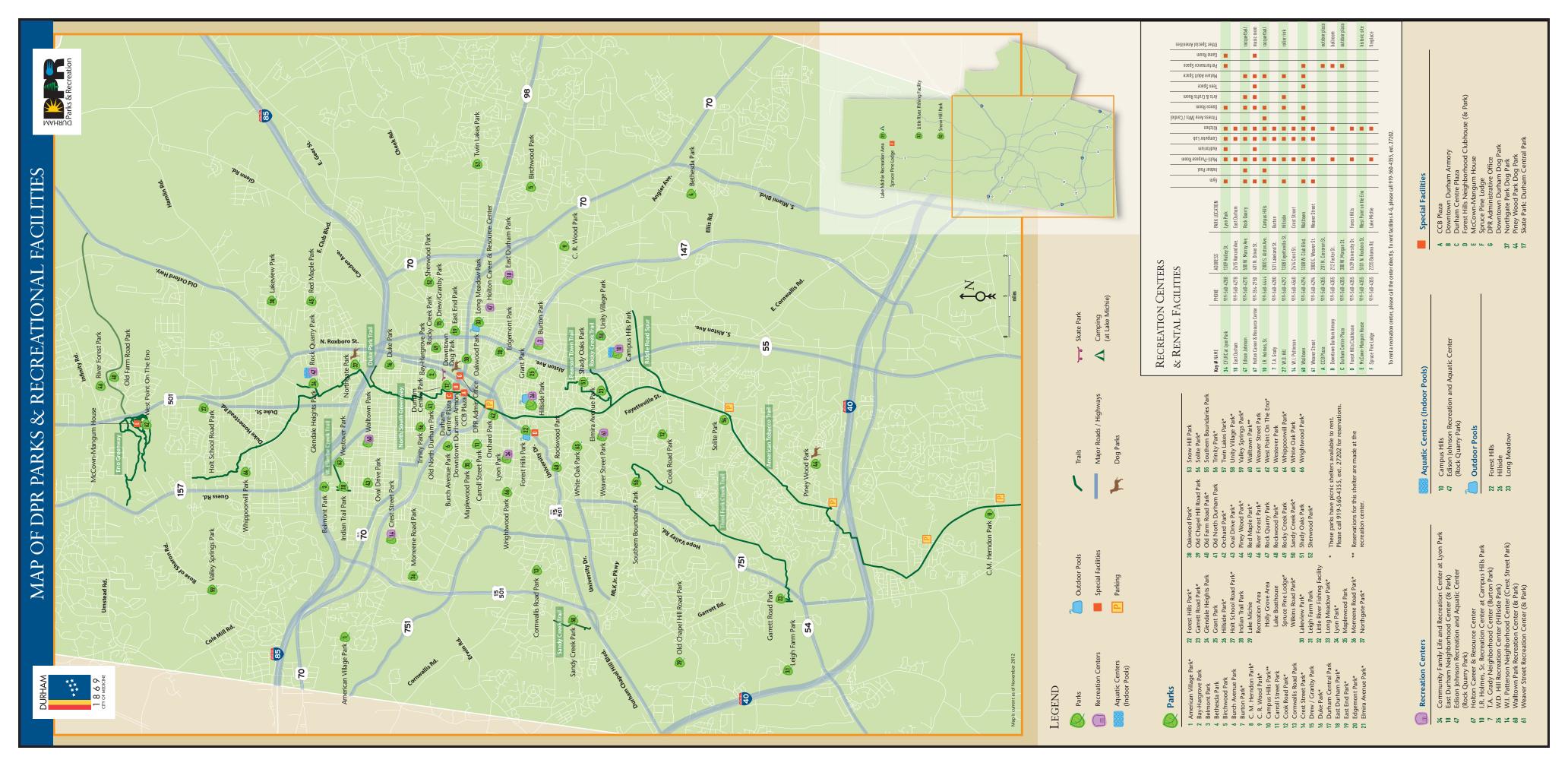
TEEN LEADERSHIP CONFERENCE

Age: 13-17 No Cost Edison Johnson Recreation Center #9876 Apr 1-Apr 5 F 6:30pm-8:30pm

M-Th 9am-2pm Youth Alliances

Age: 13-17 No Cost

Walltown Park Recreation Center #9747 Jan 9-May 22 W 6:15pm-7:30pm





EDUCATION and ENRICHMENT continued

TEEN LIFE **SOUL SISTERS: SEEKING OPPORTUNITIES OF UNIQUE LEADERSHIP**

Today's Youth are tomorrow's future. This program is for young girls to gain confidence, self independence, and leadership skills through activities and workshops that focus on community service, personal and professional enrichment, self-esteem, and leadership. Age: 13-17

No Cost WALLTOWN PARK RECREATION CENTER #9755 Jan 16-May 15 W 6:30pm-7:30pm

STUDENT FINANCIAL AID WORKSHOP

Not sure how to complete your FAFSA form? Want to know about the different types of financial aid and other assistance that is available to you? Come and speak with the experts. Financial aid consultants will be on hand to address any questions you may have about funding your education. Age: 13-17 CŘ PC \$0; CR NPC \$1

NCR PC \$0; NCR NPC \$6 WALLTOWN PARK RECREATION CENTER Th 6:30pm-7:30pm #9753 Feb 21

TEEN MONEY MANAGEMENT

Participants will learn how to effectively manage money, learn about different types of banking accounts, and more. Age: 13-17

No Cost

WEAVER STREET RECREATION CENTER #9944 Jan 7-May 20 M 6pm-7pm

TEEN SUMMIT: STAND UP, SPEAK **O**UT

This program will allow teens an opportunity to explore various topics with pre-selected panel members; the event is designed to bring teens, their parents or mentors, and local community organizations together to speak about social issues and topics of interest to Durham teens. Age: 13-17 No Cost

HOLTON CAREER AND RESOURCE CENTER #9744 Apr 13 Sa 10am-2pm

THE AIM PROJECT (ADVANCING THE IDENTITY OF YOUNG MALES)

Offers developmental opportunities for youth males 8-14 years old. Program helps enhance positive social skills while engaging in educational and team building activities. Age: 8-14 CR PC \$21.50; CR NPC \$24 NCR PC \$26; NCR NPC \$29 Walltown Park Recreation #9816 Feb 2-Mar 23 Sa 10am-12pm

TRUE LIFE: THE COLLEGE EXPERIENCE

#9846 Apr 6-May 25Sa 10am-12pm

This will allow middle and high school students a face-to-face look inside the college life. It will give them a taste of how exciting college can be as well as speak to various recruiters from various colleges and universities within the state of North Carolina. The event will also feature performances from various fraternities, sororities, model troupes, dance ensembles and pep squads.

Age: 13-17 No Cost

WALLTOWN PARK RECREATION CENTER #9743 Apr 5 F 10am-2pm

COMPUTER LAB - OPEN

Come in and take advantage of our computer lab. Access to the Internet, Microsoft Office products, and printing will be available. Age: 10 and up No Cost W.D. HILL RECREATION CENTER #10010 Jan 2-May 29 Sa 1pm-4pm M,W 6pm-8pm WALLTOWN PARK RECREATION CENTER #9751 Jan 5-May 25 Sa 10am-1pm

RESOURCE CENTER

Resource Center provides a place for teens and adults to work uninterrupted on job or school related projects--anything from homework assignments to resume writing. Age: 18 and up No Cost

Weaver Street Recreation Center

#9937 Jan 2-May 31 M-F 1pm-2:30pm



Teen Leadership Conference (EJRC) Edison Johnson Recreation Center

PLAY MORE

COMPUTER CLASSES COMPUTER LITERACY-BEGINNING SENIOR

Welcome to the world of computers! In this introductory course, students will learn basic computer skills and concepts. This course is a great place to start if you have never used a computer or you are looking for a refresher. Age: 55 and better CR PC \$13.50; CR NPC \$15 NCR PC \$18; NCR NPC \$20 EDISON JOHNSON RECREATION CENTER #9841 Jan 7-Feb 4 M,W 9am-10:15am #9842 Mar 4-Mar 27M,W 9am-10:15am W.D. HILL RECREATION CENTER #9994 Feb 4-Feb 27 M,W 10am-11:15am #9995 Apr 1-Apr 24 M,W 10am-11:15am

COMPUTER LITERACY-SENIOR INTERMEDIATE

In this course, students will learn Microsoft Office applications such as Word and Power Point. Participants will also learn techniques used to 'surf' the Internet. Participants need to have completed Beginning Senior Computer Literacy. Age: 55 and better

CR PC \$18; CR NPC \$20 NCR PC \$22.50; NCR NPC \$25 **EDISON JOHNSON RECREATION CENTER** #9843 Jan 7-Feb 4 M,W 10:30am-11:45am #9844 Mar 4-Mar 27 M,W 10:30am-11:45am

RESOURCE CENTER

Resource Center provides a place for teens and adults to work uninterrupted on job or school related projects--anything from homework assignments to resume writing. Age: 18 and up No Cost Weaver Street Recreation Center #9937 Jan 2-May 31 M-F 1pm-2:30pm

Workshops SPEAK OUT

Speak Out uses a recreational approach to address difficult problems facing a community. Experts and artists present useful information, and participants engage in fun activities at the end of the workshop. No experience required.

Age: 13 and up CR PC \$0; CR NPC \$1 NCR PC \$0; NCR NPC \$6 W.D. HILL RECREATION CENTER

#10029 Jan 12 Sa 2pm-4pm #10030 Feb 9 Sa 2pm-4pm #10031 Mar 9 Sa 2pm-4pm #10032 Apr 13 Sa 2pm-4pm



ENVIRONMENTAL EDUCATION

Environmental Specialist: Chris Shepard at (919) 560-4405 (ext 6), christopher.shepard@durhamnc.gov

ENVIRONMENTAL EDUCATION

ENVIRONMENTAL EDUCATION TRIPS

The best way to ensure that we preserve some of the most beautiful parts of North Carolina is to get people outside and to help instill respect, curiosity, and responsibility for nature's beauty. We provide environmental education trips for participants ages 10-14 throughout the school year. Join us as we discover the wonders of nature by hiking and/or canoeing to some of North Carolina's wonderful natural areas. These full-day and multiple-day trips,

facilitated by the City of Durham's experienced environmental educators, will give participants a chance to explore and understand the natural world around them.

SPRING BREAK TRIP-LAKE MICHIE

Come join us on this fun day canoeing and hiking at the Lake Michie Recreation Area. We will canoe to where the river enters the lake and then hike along the river. Come and enjoy this mountain-like part of Durham County. Maximum 8 participants. Age: 10-14 CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17

West Point on the Eno

#10180 Apr 1 M

SPRING BREAK TRIP-HIKE HILL **FOREST**

On this hike, we will explore Hill Forest which is in located Durham County. The forest was established in 1929 by NCSU as a demonstration forest where the college students learn different types of scientific exploration. We will hike through the woods to investigate the flora and fauna. This also happens to be the location of where we start one of our canoe trips.

Age: 10-14 CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17 West Point on the Eno #10179 Apr 2 5:30pm



SPRING BREAK TRIP-UPPER FLAT

Ioin this paddle exploration of one of the more beautiful rivers in the Piedmont. Not only is the river a great place to explore, but it is a great place to see wildlife. This day we will paddle on the upper Flat down to where it becomes Lake Michie. This section is as close

8am-5:30pm



ENVIRONMENTAL EDUCATION continued

Environmental Specialist: Chris Shepard at 919-560-4405, christopher.shepard@durhamnc.gov

to mountain paddling as you can get in the area. The Flat River is truly a gem not to miss in Durham County. Maximum 8 participants. Age: 10-14
CR PC \$20.75; CR NPC \$23
NCR PC \$25.25; NCR NPC \$28
WEST POINT ON THE ENO
#10181 Apr 3 W 8am-5:30pm

SPRING BREAK TRIP-ENO RIVER

Join this exploration by canoe of one of the more beautiful rivers in the Piedmont. Not only is the river a great place to explore, but it is a great place to see wildlife. The Eno River is truly a gem not to miss in Durham County. Maximum 8 participants.

Age: 10-14
CR PC \$20.75; CR NPC \$23
NCR PC \$25.25; NCR NPC \$28

8am-5:30pm

ENVIRONMENTAL EDUCATION PROGRAMS

Th

West Point on the Eno

#10182 Apr 4

Join us for some fun, hands-on environmental programs in our most beautiful natural areas. From constellations to programs about the flora and fauna of Durham, we will explore the natural world around us. We offer one monthly night program, giving you an opportunity to experience the fascinating world of nature at night.

DISCOVERING DEER

We'll look for evidence of deer throughout the park and we will talk about how deer survive in an urban area.

Age: 5 and up CR PC \$0; CR NPC \$1 NCR PC \$0; NCR NPC \$6 WEST POINT ON THE ENO #10163 Inn 12 \$2

#10163 Jan 12 Sa 3pm-5pm

LAKE MICHIE BY MOONLIGHT

Come join us on this nature paddle where we will learn about the nocturnal animals that live at Lake Michie. We will also get the chance to experience the peacefulness of the lake at night. You must preregister for this program and let us know if you need to use a city boat. This program is an adult program. Age: 18 and up CR PC \$5; CR NPC \$6

CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 Lake Michie Recreation Area #10168 Jan 25 F 7pm-9pm

BARE BUT BEAUTIFUL

Join us as we learn how to identify trees by bark, twigs, and shape ... everything but the leaves! Some interesting historical uses of trees will also be discussed.

Age: 5 and up CR PC \$0; CR NPC \$1 NCR PC \$0; NCR NPC \$6 INDIAN TRAIL PARK #10164 Jan 26 Sa 12pm-2pm

STARRY, STARRY NIGHT

Join us for a program about the summer constellations. The summer skies are perfect for

viewing the stars and we will utilize the open views at Lake Michie. Age: 5 and up CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 LAKE MICHIE RECREATION AREA #10159 Feb 8 F 8pm-10pm

HOME SCHOOL PROGRAM

These classes offer home schoolers a chance to learn about the local flora and fauna, outdoor skills, and of course make new friends. West Point on the Eno is the perfect place to get out and learn in a natural setting. Age: 5-13

CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 WEST POINT ON THE ENO #10170 Feb 12 10am-2pm 10am-2pm #10171 Feb 26 Tu #10172 Mar 12 10am-2pm Tu #10173 Apr 9 10am-2pm Tu #10174 Apr 23 Tu 10am-2pm #10175 May 7 10am-2pm Tu #10176 May 21 Tu 10am-2pm

TEENS IN NATURE

Teens in Nature is a volunteer-based job skill program for 14-18-year-olds wanting to gain work experience with environmental groups. There are seven weekend sessions and you must attend at least six. Age: 13-17

CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 West Point on the Eno #10183 Feb 23 10am-4pm #10698 Mar 9 10am-4pm #10699 Mar 23 Sa 10am-4pm #10700 Apr 20 10am-4pm Sa #10701 Apr 27 Sa 10am-4pm #10702 May 11 Sa 10am-4pm #10703 May 18 Sa 10am-4pm

NIGHT WALK AT WEST POINT

Join us on the walk throught the forests at West Point as we search for nocturnal animals and listen to the sounds of the night forest. This program is an adult night hike. You must preregister for this program.

Age: 18 and up
CR PC \$0; CR NPC \$1
NCR PC \$0; NCR NPC \$6
WEST POINT ON THE ENO
#10160 Mar 8 F 8pm-10pm

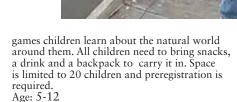
ANIMAL TRACKS

Join us on this hike through the forest as we look for evidence of animals along the trail. From footprints to burrows we'll look for the signs they leave behind.

Age: 5 and up
CR PC \$0; CR NPC \$1
NCR PC \$0; NCR NPC \$6
WEST POINT ON THE ENO
#10165 Mar 16 Sa 3pm-5pm

Intersession Nature Exploration

Intersession Nature Exploration is a half-day program that focuses on nature activities. Through the use of hands-on activities, art, and



CR PC \$33.75; CR NPC \$37.50 NCR PC \$47.25; NCR NPC \$52.50 NORTHGATE PARK #10219 Mar 18-Mar 22 M-F 8am-1pm

West Point on the Eno #10220 Mar 25-Mar 29 M-F 8am-1pm

Invasive Plants

Age: 5 and up
CR PC \$0;CR NPC \$1
NCR PC \$0; NCR NPC \$6
WEST POINT ON THE ENO
#10166 Apr 21 Sun 2pm-4pm

SUNSET PADDLE

Join us as we enjoy the beauty of Lake Michie at sunset by boat. Experience the transition from day to night while on a relaxing paddle. Only canoes or kayaks allowed on this trip. Age: 5 and up CR PC \$5; CR NPC \$6 NCR PC \$10; NCR NPC \$11 LAKE MICHIE RECREATION AREA #10169 Apr 27 Sa 6:30pm-8:30pm

FISHIN' FRENZY

This is a program for children to get a chance to learn to fish. We provide poles and bait, you parents provide the company.

Age: 5-13
CR PC \$2; CR NPC \$3
NCR PC \$7; NCR NPC \$8

Lake Michie Recreation Area #10177 May 4 Sa 10am-12pm

AMPHIBIAN ADVENTURE

Let's explore the world of amphibians. We'll learn about the different types living in the area and explore wetlands where we'll look for and try to identify them.

Age: 5 and up

5pm-7pm

8pm-10pm

Age: 3 and up CR PC \$0; CR NPC \$1 NCR PC \$0; NCR NPC \$6 West Point on the Eno #10167 May 4 Sa

NIGHT HIKE

#10162 May 24 F

Come explore the wondrous world of nature at night on this hike through the woods along the Eno River.

Age: 5 and up
CR PC \$0; CR NPC \$1
NCR PC \$0; NCR NPC \$6
WEST POINT ON THE ENO





FITNESS

FITNESS

SHORTY SPORTY ACTIVITIES SHORTY SPORTY TUMBLING This class provides a cheerful and positive

atmosphere, while children learn basic techniques and tumbling skills. Age: 3-5 CR PC \$6.50; CR NPC \$7.50 NCR PC \$11.25; NCR NPC \$12.50 WALLTOWN PARK RECREATION CENTER #9770 Jan 7-Feb 18 M 5:45pm-6pm #9771 Mar 4-Apr 8 M 5:45pm-6pm

DOUBLE DUTCH

Children will learn the basics of jump rope freestyle tricks in a fun-filled environment taught by our specially trained instructors. Your kids will learn the proper techniques of jump rope tricks and skills. It's intense exercise! But don't tell your kids that! To them it's just a whole lot of fun. This program may incur additional fees to cover the cost of uniforms and additional supplies.

Age: 5-12 CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 WALLTOWN PARK RECREATION CENTER #9788 Jan 11-Feb 15 F #9789 Feb 22-Mar 22 6pm-7pm F 6pm-7pm #9790 Apr 5-May 10F 6pm-7pm

WELLNESS AND FITNESS FUN FITNESS WEEK

Come out and enjoy trying a variety of fitness activities throughout the week. Each day you will be able to try a different activity. Depending on the site, this may include including aerobics, water aerobics, swimming, racquetball, use of the weight room or fitness area, open gym basketball, and walking track. No Cost Age: All Ages

WALLTOWN PARK RECREATION CENTER #9731 Jan 6-Jan 12 M-Th 8:30am-9pm 8:30am-8pm 8:30am-6pm Sa 1pm-6pm Sun

Edison Iohnson Recreation Center #9875 Jan 6-Jan 12 M-Th 8:30am-9pm 8:30am-8pm Sa 8:30am-6pm

Sun

1pm-6pm I.R. Holmes, Sr. Recreation Center #9900 Jan 6-Jan 12 M-F 6am-9pm Sa 8am-6pm

Sun 1pm-6pm

W.D. HILL RECREATION CENTER #10035 Jan 7-Jan 12 M-Sa 8:30am-8pm

RACQUETBALL COURTS

The racquetball courts are available to rent in 1 hour blocks. Reservations are accepted up to seven calendar days in advance. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per hour.

Age: 16 and up CR PC \$7.25; CR NPC \$8 NCR PC \$11.75; NCR NPC \$13 I.R. Holmes, Sr. Recreation Center #9939 Jan 2-May 31 M-Th 9am-9pm 9am-8pm 9am-6pm Sa Sun 1pm-6pm

Edison Johnson Recreation Center #9573 Jan 2-May 31 M-Th 9am-9pm 9am-8pm

Sa 9am-6pm 1pm-6pm Sun

EDISON JOHNSON WALLYBALL

Play wallyball in the raquetball courts at Edison Johnson. Courts are available to rent in onehour blocks. Age: 16 and up CR PC \$7.25; CR NPC \$8 NCR PC \$11.75: NCR NPC \$13 **EDISON JOHNSON RECREATION**

#9574 Jan 2-May 31 M-Sa 9am-6pm Sun 1pm-6pm

OPEN GYM - ADULT BASKETBALL

You got game? Bring it to open gym basketball! A Facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate. A multivisit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 18 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 I.R. Holmes, Sr. Recreation Center #9555 Jan 6-May 26 Sun 4pm-6pm W.D. HILL RECREATION CENTER #9560 Jan 5-May 25 Sa 4pm-6pm WALLTOWN PARK RECREATION CENTER #9692 Jan 2-May 29 Sun 4pm-6pm W 6pm-9pm

HOLTON CAREER AND RESOURCE CENTER #9536 Jan 6-May 26 Sun 4pm-6pm

OPEN GYM: LUNCH TIME HOOPS

Age: 18 and up Weaver Street Recreation Center #9890 Jan 4-May 31 F 12pm-2pm CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9

OPEN GYM - BADMINTON

Do you enjoy badminton? Come play with others at open gym badminton! A multi-visit pass is available for purchase on a Play More Card at a discounted rate per visit. Age: 18 and up CR PC \$3.50; ĈR NPC \$4 NCR PC \$8; NCR NPC \$9 **EDISON JOHNSON RECREATION CENTER** #9857 Jan 2-May 31 W,F

OPEN GYM - FAMILY

10:15am-12:15pm

This is a time for the whole family to enjoy playing together in the gym. All children under 18 must be accompanied by a participating parent or guardian. No more than four children per adult. All adults must be accompanied by a participating child between the ages of 5 and 18. No more than two adults per child. This environment is not suitable for children under 5 years old. Program times subject to change. Cost is per family. Age: 5 and up

CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 I.R. Holmes, Sr. Recreation Center #9556 Jan 3-May 30 Sa 4:15pm-6pm Th 6pm-8:30pm HOLTON CAREER AND RESOURCE CENTER #9929 Mar 16-May 11 Sa 2pm-4pm

OPEN GYM - TEENS

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate.

Age: 13-17 No Cost

CFLRC AT LYON PARK #9535 Mar 12-May 30

3pm-6pm Tu,Th 6pm-8:30pm

HOLTON CAREER AND RESOURCE CENTER #9539 Jan 2-May 29 1pm-4pm Sun

Tu,Th 6pm-9pm M,W 8pm-9pm

I.R. Holmes, Sr. Recreation Center #9554 Jan 2-May 31 Sun 2pm-4pm M.W.F 2:45pm-4:45pm

WALLTOWN PARK RECREATION CENTER #9691 Jan 6-May 26 Sun 2pm-4pm



Campus Hills Wellness Center



Edison Johnson Wellness Center



Walltown Wellness Center

Get fit with Durham Parks and Recreation!

Check out DPR's fitness facilities, fitness classes and the DPR Wellness Package!

DPR Wellness Package

Work out at any of our centers and take fitness classes for an affordable monthly price with DPR's wellness package.

DPR Wellness Package

- Unlimited land-based group fitness and mind/body classes
- Use of weights and fitness equipment
- Use of the gymnasium (when available)
- Can be used at any DPR recreation center

City Residents: \$20 per month Non-city Residents: \$25 per month (with purchase of a Play More Card)

DPR Wellness Pass is for gaes 18 and un. *Additional fees apply for the use of aquatics facilities and participation in some of the other classes, activities and team sports listed in Play More.

+ Add a Open Swim Package

Includes everything included in the DPR Wellness Package, PLUS recreational and lap swim in the indoor aquatic centers. City Residents: \$40 per month Non-City Residents: \$55 per month



Campus Hills Pool



Edison Johnson Aquatic Center

Just want to come for a day?

Daily Activity Pass

General admission to indoor pools • Drop-in exercise programs • Open gym Use of exercise equipment at any DPR facility Youth, Teen, Mature Adult: CR PC: \$2.70; CR NPC: \$3, NCR PC \$7.20; NCR NPC \$8 Adult: CR PC: \$3.60; CR NPC: \$4; NCR PC \$8.10; NCR NPC \$9 Family: CR PC: \$8.10; CR NPC: \$9; NCR PC \$12.60; NCR NPC \$14



FITNESS continued

OPEN GYM - TEENS (TEACHER WORK

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games.

Age: 13-17 No Cost

Walltown Park Recreation Center

F 11am-2pm F 4pm-6pm #9563 Jan 18 4pm-6pm WALLTOWN PARK RECREATION CENTER

#9564 Feb 15 F 11am-2pm 4pm-6pm

OPEN GYM: LUNCH TIME HOOPS

Age: 18 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 Weaver Street Recreation Center #9890 Jan 4-May 31 F 12pm-2pm

OPEN GYM: YOUTH

Age: 6 and up No Cost HOLTON CAREER AND RESOURCE CENTER #9930 Apr 6-May 11Sa 10am-1pm

TABLE TENNIS

We're looking for table tennis players! Come out to this open practice time to learn or just to have fun. All levels of experience are welcome. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per visit. Age: All Ages CR PC \$1.75; CR NPC \$2

NCR PC \$6.25; NCR NPC \$7 I.R. Holmes, Śr. Recreation Center #9562 Jan 8-May 28 Tu 6:30pm-9pm

WALKING

On your mark, get set, GO! Walking is one of the most common forms of exercise. You walk every day, so why not come into our climatecontrolled facility and enjoy a nice walk? Rain or shine, it doesn't matter how the weather is if we're open, you can WALK. So grab a friend, tie your shoes, and get ready to walk away the pounds!

Age: All Ages No Cost

WALLTOWN PARK RECREATION CENTER #10231 Jan 2-May 31 M-F 8:30am-9pm

8:30am-9pm Sa Sun 1pm-6pm

Edison Johnson Recreation Center #10704 Jan 2-May 31 M-F 8:30am-10am M-F 6:30pm-8pm

I.R. HOLMES, SR. RECREATION CENTER #10705 Jan 3-May 31 M-F 6am-8pm Sa 8am-6pm Sun 1pm-6pm

Wellness Programs ZUMBA/ZUMBA TONING/ZUMBA SENTAO

Register now to experience this exciting new class where the workout includes a mix of three different styles of Zumba, all using upbeat and fun Latin music. Traditional Zumba combines easy-to-follow dance moves and interval training. Zumba Toning will help tone the body's muscles while burning calories using dynamic resistance exercises and light weight training. Zumba Sentao combines strength and resistance exercises with cool dance moves on and around a chair. This 20/20/20 routine will give you a workout full of fun and variety!

DPR Aerobics Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 a.m 8:30 a.m.		Get Me Bodied Walltown				
8:30 a.m 9:30 a.m.						Saturday Sampler Campus Hills
10 a.m 11 a.m.		My Mommy and Me Walltown				African Movement and Relaxation W.D. Hill
12 p.m 1 p.m.	Yoga Campus Hills			Yogalates Campus Hills	Zumba Campus Hills	
1 p.m 2 p.m.						Zumba Weaver St.
6 p.m 7 p.m.		African Movement and Relaxation Holton	Sports Trek Walltown	Cardio Kickboxing Holton		
6:15 p.m 7:15 p.m.	Dance Fusion Walltown	Zumba Edison Johnson	Cardio Kickboxing Campus Hills	Boot Camp Campus Hills	Get Fit With Dance Campus Hills	
	Zumba Campus Hills	Total Body Sculpting Walltown		Zumba W.D. Hill		
		Hi Low Campus Hills		Yoga W.D. Hill		
		Slide into Fitness W.D. Hill		Core Resistance Walltown		
6:30 p.m 7:30 p.m.			Samba Explosion Holton	Zumba Edison Johnson		
			Zumba Walltown			
7 p.m 8 p.m.	Boot Camp Holton					
7:30 p.m 8:30 p.m.	Cardio Kickboxing Walltown			Cultural Fusion Walltown		
Campus Hills Edison Johnson Holton Walltown W.D. Hill						

Age: 16 and up I.R. Holmes, Sr. Recreation Center #10041 Jan 17-Mar 14 Th 7pm-8pm CR PC \$28.75; CR NPC \$32 NCR PC \$42.25; NCR NPC \$47

ABS LABS

Bored with doing sit-ups and crunches on your own? Join us for this intensive 30 minute class to add some variety to your abdominal workout, and meet new people. This new class will offer a mix of exercises to strengthen, tone, and stretch the core muscles of the abdomen and back Age: 16 and up CR PC \$14.50; CR NPC \$16 NCR PC \$19; NCR NPC \$21

I.R. HOLMES, SR. RECREATION CENTER

#10037 Apr 9-May 28Tu 5:30pm-6pm

EAT SMART, MOVE MORE, WEIGH LESS

Join us for a weight management program that will teach you strategies that are proven to work! Each of the one-hour lessons informs, empowers and motivates participants to live mindfully as they make choices about their eating and physical activity. The program also provides participants with the opportunity to track their progress in a personal journal. This 15-week program is offered in conjunction with the Durham County Health Department and Durham County Cooperative Extension. A \$15 workbook needs to be purchased on the first day of class. Age: 18 and up

#10039 Jan 15-May 7 Tu 5:15pm-6:15pm

No Cost I.R. HOLMES, SR. RECREATION CENTER

GIVE YOUR HEART A HEALTHY BEAT

Does your heart have a healthy beat? How about your family members? Having a healthy heart begins with knowing your risk factors for heart disease and stroke, and knowing what you can and cannot change. The course will help you make healthy choices designed to prevent or lower your risk for heart attack or stroke. This 14-week program is program is offered in conjunction with the Durham County Health Department and Durham County Cooperative Extension.

Age: 18 and under No Cost

I.R. HOLMES, SR. RECREATION CENTER #10040 Feb 14-May 30 Th 5:15pm-6:15pm

PLAY MORE



FITNESS continued

DIABETES SELF MANAGEMENT

In this Diabetes education program, participants are taught tips on how to improve blood sugar and hemoglobin A1C levels, as well as ways to make eating and physical activity more enjoyable. Before class starts, the program coordinator will meet with individually with registrants to discuss their specific lifestyle and personal goals. In addition, participants will learn about reducing stress levels and managing their weight. This program is approved by the American Diabetes Association and is offered in conjunction with the Durham County Health Department.

Age: 18 and up No Cost I.R. Holmes, Sr. Recreation Center #10038 Apr 10-May 15 W 10am-12pm

DROP-IN FITNESS CLASSES AEROBICS HIGH/LOW

Come on and join us as we blast some calories! This class offers options for all fitness levels. Both high-impact and low-impact options are provided for every exercise. Workouts will include body-weighted exercises, cardio work, resistance bands, abdominal exercises, and more! Multi-use and monthly wellness passes available. Age: 16 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 I.R. HOLMES, SR. RECREATION CENTER #9567 Jan 8-May 28 Tu 6:15pm-7:15pm

AFRICAN MOVEMENT AND RELAXATION

Geared toward all fitness levels, this class is designed to promote total fitness through creative stretching, breathing, and movement exercises. Multi-use and monthly wellness passes available.

Age: 13 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 HOLTON CAREER AND RESOURCE CENTER #9537 Jan 22-Mar 12 Tu 6pm-7pm W.D. HILL RECREATION CENTER #9558 Jan 5-May 25 Sa 11:15am-12:15pm

BOOT CAMP FITNESS

Get up, get out and join us for a serious workout! Exercises are designed for core strengthening, and building endurance, stamina, flexibility, agility and coordination. Bring your towel and water; all levels are welcome. Multiuse and monthly wellness passes available. Age: 13 and up
CR PC \$3.50; CR NPC \$4
NCR PC \$8; NCR NPC \$9
HOLTON CAREER AND RESOURCE CENTER #9538 Jan 14-May 6 M 7pm-8pm
I.R. HOLMES, SR. RECREATION CENTER #9571 Jan 3-May 30 Th 6:15pm-7:15pm

CARDIO KICKBOXING

Kick up your fitness routine with Cardio Kickboxing! This class combines kicks and punches into a high-energy aerobic workout that increases your level of endurance, strength, and flexibility. If you are seeking a fun-filled, powerful workout, this class is where you need to be! Multi-use and monthly wellness passes available.

Age: 16 and up

CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 HOLTON CAREER AND RESOURCE CENTER #9931 Feb 21-Apr 11 Th 6pm-7pm I.R. HOLMES, SR. RECREATION CENTER #9568 Jan 2-May 29 W 6:15pm-7:15pm WALLTOWN PARK RECREATION CENTER #9687 Jan 7-May 20 M 7:30pm-8:30pm

CORE RESISTANCE

This exercise class will increase flexibility and strength of the core muscles which include the abdomen, back and entire core. The resistance training will be incorporated to sculpt and tone the body without using vigorous actions and weights.

Age: 18 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 WALLTOWN PARK RECREATION CENTER #9683 Jan 3-May 30 Th 6:15pm-7:15pm

CULTURAL FUSION

Not your typical aerobic class, Cultural Fusion incorporates international dances and music. It blends current dance trends, folk and tribal rhythms as well as current popular American dance music. This is a cardio dance class with a combination of low, medium and high intensity. Age: 16 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 WALLTOWN PARK RECREATION CENTER #9690 Jan 3-May 30 Th 7:30pm-8:30pm

Dance Fusion

Not your typical aerobics class, Dance Fusion is a high-energy, high-impact cardio mix of aerobics and dance. Dance routines are to popular music. Dance Fusion will get your heart pumping, blood flowing, and body jumping. Come out and dance to the beat as you lose weight.

Age: 16 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 WALLTOWN PARK RECREATION CENTER #9686 Jan 7-May 20 M 6:15pm-7:15pm

GET FIT WITH DANCE

This fitness class will have you burning calories while having fun dancing! A variety of dance styles will be combined into a fun, upbeat class. Age: 16 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 I.R. HOLMES, Sr. RECREATION CENTER #9949 Jan 4-May 31 F 6:15pm-7:15pm

GET ME BODIED

Get Me Bodied is a fun, energetic class for dance enthusiasts who enjoy high impact choreography while learning dance routines to today's latest music.

Age: 16 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 WALLTOWN PARK RECREATION CENTER #9540 Jan 8-May 28 Tu 7:30am-8:30am

My Mommy and Me Fitness

This fitness program will allow parents to participate in a group fitness class with their newborns and infants. Class will consist of various fitness routines using basic equipment. Age: 16 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 WALLTOWN PARK RECREATION CENTER #9688 Jan 8-May 28 Tu 10am-11am

SAMBA EXPLOSION

Move to various authentic Brazilian dances - Samba, Frevo, Axes, and Samba Reggae - for fitness and fun. Comfortable shoes and clothing should be worn - no ballroom shoes. Class welcomes a wide range of ages and genders. Age: 13 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 HOLTON CAREER AND RESOURCE CENTER

#9541 Jan 16-Apr 3 W 6:30pm-7:30pm **SATURDAY SAMPLER**

Break up your routine and try something a little different. Workouts will vary each week - anything from old favorites to the latest trend. Classes will be posted by type and instructor in the monthly Land Aerobics calendar. Age: 16 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 I.R. HOLMES, SR. RECREATION CENTER #9948 Jan 5-May 25 Sa 8:30am-9:30am

SLIDE INTO FITNESS

will dance to a variety of music, using current line dance movements. All levels are welcome to attend this cardio based workout. Multi-use and monthly wellness passes available.

Age: 16 and up
CR PC \$3.50; CR NPC \$4
NCR PC \$8; NCR NPC \$9
W.D. HILL RECREATION CENTER

#10013 Jan 8-May 28 Tu 6:15pm-7:15pm

This is a fun-filled class in which participants

Sports Trek

This is the ultimate calorie burning class. This sports-inspired cardio class builds strength and stamina. You will experience high-energy cross trainings using methods from various sports combines with strength and stabilization exercises.

Age: 13 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 WALLTOWN PARK RECREATION CENTER #9689 Jan 2-May 29 W 6pm-7pm

TOTAL BODY SCULPTING

Total Body Sculpting teaches you how to use your body to sculpt and tone problem areas. This class uses a mixture of strength conditioning, cardio, and toning techniques that will help you lift, tuck, and tone your body. Multi-use and monthly wellness passes available. Age: 16 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 WALLTOWN PARK RECREATION CENTER #9682 Jan 8-May 28 Tu 6:15pm-7:15pm

Yoga

Join the masses who have discovered the wonders of yoga! This popular form of exercise offers both physical and mental benefits. Please bring a yoga mat to class. Multi-use and monthly wellness passes available.

Age: 16 and up
CR PC \$3.50; CR NPC \$4
NCR PC \$8; NCR NPC \$9
I.R. HOLMES, SR. RECREATION CENTER
#9947 Jan 3-May 30 Th 12pm-1pm
#9533 Jan 7-May 20 M 12pm-1pm
W.D. HILL RECREATION CENTER
#9561 Jan 3-May 30 Th 6:15pm-7:15pm

ZUMBA

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. Multi-use passes are available. Multi-use and monthly wellness passes available. Age: 18 and up CR PC \$3.50; CR NPC \$4 NCR PC \$8; NCR NPC \$9 **EDISON JOHNSON RECREATION CENTER** #9572 Jan 8-May 28 Tu 6:15pm-7:15pm #9588 Jan 3-May 30 Th 6:30pm-7:30pm I.R. Holmes, Sr. Řecreation Čenter #9946 Jan 4-May 31 F 12pm-1pm #9566 Jan 7-May 20 M 6:15pm-7:15pm W.D. HILL RECREATION CENTER #10012 Jan 3-May 30 Th 6:15pm-7:15pm WALLTOWN PARK RECREATION CENTER #9684 Jan 2-May 29 W 6:30pm-7:30pm WEAVER STREET RECREATION CENTER #9889 Jan 12-May 25 Sa 1pm-2pm

WEIGHTS/WELLNESS CENTER PERSONAL AND SMALL GROUP TRAINING

Do you need some suggestions for your workout? Not sure how to get started in the wellness center? Want to make sure your exercises are safe? Have questions about specific pieces of equipment? Want more variety in your workouts? Sign up now for personal or small group training! You can train with one of our certified personal trainers and one, two, or three of your friends. Purchase one session at a time; no long-term contracts required! Please call to schedule your sessions in advance. Prices are per 50 minute session.

Age: 18 and up
I.R. Holmes, Sr. Recreation Center
#9964 Jan 10 Th 6:15pm-7:05pm
Individual: CR PC \$29.75; CR NPC \$33;
NCR PC \$43.25; NCR NPC \$48;

2-Party: CR PC \$19.75; CR NPC \$22; NCR PC \$24.25; NCR NPC \$27; 3-Party: CR PC \$15.25; CR NPC \$17; NCR PC \$19.75; NCR NPC \$22

WELLNESS CENTER

Come and work out in our Wellness Center at Campus Hills! We offer a variety of equipment in a small, private setting; perfect for getting started with a new work out, or maintaining your current program. Treadmills, recumbent bikes, jump ropes, and BOSU Balance Trainers are available for your cardio workout. Free weights, machines, medicine balls, and stability balls are available for your strength workouts. Please bring your own towel. Prices are per day. Multi-visit and extended use passes are available for purchase on a Play More Card at a



FITNESS continued

discounted rate.
Age: 18 and up
CR PC \$3.50; CR NPC \$4
NCR PC \$8; NCR NPC \$9
I.R. HOLMES, SR. RECREATION CENTER
#9954 Jan 2-May 31 M,W,F 6am-8:30am
Sa 9:30am-1pm
M-F11:45am-2:45pm
M-F 4:45pm-7pm

WELLNESS CENTER ORIENTATIONS

Join a certified personal trainer for an orientation to the Wellness Center at Campus Hills. You will learn about equipment usage, safety, and etiquette, as well as the basic elements for designing a workout. By appointment only, please contact us at least 24 hours in advance! Age: 18 and up No Cost

I.R. Holmes, Sr. Recreation Center #9958 Jan 6-May 26

EDISON JOHNSON FITNESS ROOM

Come and work out in our new Fitness Room at Edison Johnson! We offer a variety of equipment including treadmills, recumbent and upright bikes, and elliptical trainers. We also have free weights and stability balls. Please bring your own towel.

Age: 18 and up
CR PC \$3.50; CR NPC \$4
NCR PC \$8; NCR NPC \$9
EDISON JOHNSON RECREATION CENTER
#9864 Jan 2-May 31 M-Th 8:30am-5pm
F 8:30am-8pm

Sa,Sun 3pm-6pm

M-Th 7:30pm-9pm

Edison Johnson Fitness Room Orientations

Join a staff member for an orientation to the Fitness Room at Edison Johnson. You will learn about equipment usage, safety, and etiquette, as well as the basic elements for designing a workout. By appointment only, please contact us at least 24 hours in advance.

Age: 18 and up

No Cost Edison Johnson Recreation Center

WEIGHT/CARDIO DAY PASS

NCR PC \$8; NCR NPC \$9

#9868 Jan 6-May 26 Sun 8am-9am

The weight/cardio day pass allows participants to utilize the workout area, group fitness classes, and the gymnasium.

Age: 18 and up

CR PC \$3.50; CR NPC \$4

Walltown Park Recreation Center
#9685 Jan 2-May 31 M-Th 8:30am-9pm
F 8:30am-8pm
Sa 8:30am-6pm
Sun 1pm-6pm

CHILD CARE

WELLNESS CHILDCARE

Do you want to work out, but don't have anyone to watch the little ones? Allow our staff to keep them safe and entertained. We have a variety of fun activities in which to engage your child, while you enjoy your workout. Program is included free of charge with the Wellness Pass Package.

Age: 3-12 CR PC \$2.75; CR NPC \$3 NCR PC \$7.25; NCR NPC \$8 I.R. HOLMES, SR. RECREATION CENTER #9965 Jan 2-May 31 M-F 6:15pm-7:15pm

LATINO OUTREACH

LATINO OUTREACH

OUTREACH RECREATION INDOOR SOCCER

Ignore the weather outside and join us in the gym to play the world's favorite game, soccer. Age: 6-14

No Cost

Holton Career and Resource Center #9923 Feb 4-May 6 M 6pm-8pm DPR has an initiative to reach out the Latino community in Durham. This initiative provides activities and classes in Spanish or bilingual format and are offered at various recreation centers in Durham. Please see the class listings below. If you would like more information, please contact Rosalie Bocelli-Hernández at (919) 560-4355, ext. 27235 or e-mail Rosalie.

Bocelli-Hernandez@durhamnc.gov. DPR tiene una iniciativa dirigida a la comunidad latina de Durham. Esta iniciativa provee actividades y clases en formato bilingüe o español. Las mismas son ofrecidas en varios centros de recreación de Durham. Vea la lista de las clases en este periódico. Si desea más información, por favor comuníquese con

Rosalie Bocelli-Hernández al teléfono 919.560.4355 ext. 27253 o envíe correo electrónico a: Rosalie.Bocelli-Hernandez@durhamnc.gov .



LEISURE & SOCIAL

PRESCHOOL ACTIVITIES AND

AIR AND SPACE ADVENTURE

for an out-of-this-world adventure as we take off for outer space. We will play games and learn about rocket ships, planets, stars, and more. Make sure your child wears tennis shoes. Age: 2-6 CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50 I.R. HOLMES, \$R. RECREATION CENTER #9904 Apr 10 W 10:15am-11:15am

3-2-1 Blastoff! Parents, bring your preschooler

ARCTIC BLAST

It's a snow party indoors! Bring your child in for a cool event, including snow themed crafts, songs, snacks, and more.

Age: 2-6 CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50 I.R. HOLMES, SR. RECREATION CENTER #9901 Jan 9 W 10:15am-11:15am

EASY DOES IT

Parents will work on arts and crafts with their toddlers. Participants will work as a pair to complete a new project each week. Age: 1-5

HEARTS GALORE

Hearts, hearts, and more hearts! Bring your preschooler and join us to create a Valentine's Day mobile, and celebrate this love filled holiday. Don't forget to dress your child in red! Age: 2-6

CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50 I.R. HOLMES, SR. RECREATION CENTER #9902 Feb 13 W 10:15am-11:15am

Preschool Fashion Show

Does your little one have big talent? If so, we're seeking pre-school models for our fashion show. No materials needed, just show up and show out!

Age: 3-5 No Cost CFLRC AT

CFLRC at Lyon Park #10018 Apr 25 Th 10am-12pm

SUPER SHAMROCKS

Calling all Lucky Leprechauns! Your child will follow the rainbow to the pot of gold where we will make a shamrock craft, enjoy a snack, and

celebrate being green.
Age: 2-6
CR PC \$1.25; CR NPC \$1.50
NCR PC \$5.50; NCR NPC \$6.50
LR. HOLMES, SR. RECREATION CENTER
#9903 Mar 13 W 10:15am-11:15am

TEDDY BEAR PICNIC

It's snuggle-time! Join us for teddy bear themed story time, songs, crafts, and snack. Please have your child bring their favorite stuffed toy and a blanket.

CR PC \$1.25; CR NPC \$1.50 NCR PC \$5.50; NCR NPC \$6.50 I.R. Holmes, Sr. Recreation Center #9905 May 8 W 10:15am-11:15am

TOTAL TOT TIME

Come and play with your children in the gym! The emphasis of this program is placed on socialization with parent and child as well as on socializing with other 1-5 year olds. Play with a parachute, crawl through tunnels, jump rope, bowl, or just play tag!

Age: 1-5'
CR PC \$2.75; CR NPC \$3
NCR PC \$7.25; NCR NPC \$8
EDISON JOHNSON RECREATION CENTER
#10635 Jan 3 Th 10:15am-12:15pm
#10617 Jan 7 M 10:15am-12:15pm
#10636 Jan 10 Th 10:15am-12:15pm



#10618 10:15am-12:15pm Jan 14 #10637 Jan 17 Th 10:15am-12:15pm 10:15am-12:15pm #10638 Jan 24 Th 10:15am-12:15pm #10619 Jan 28 M #10639 Jan 31 10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm Feb 4 Feb 7 #10620 M Th #10640 #10621 Feb 11 10:15am-12:15pm Μ #10641 Feb 14 Th 10:15am-12:15pm 10:15am-12:15pm #10622 Feb 18 #10642 Feb 21 10:15am-12:15pm #10623 Feb 25 Μ 10:15am-12:15pm Th 10:15am-12:15pm #10643 Feb 28 #10624 Mar 4 10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm #10644 Th Mar 7 Mar 11 #10625 M #10645 Mar 14 Th 10:15am-12:15pm Mar 18 #10626 M 10:15am-12:15pm Th 10:15am-12:15pm #10646 Mar 21 #10627 Mar 25 10:15am-12:15pm M #10647 Mar 28 Th 10:15am-12:15pm #10628 Apr 8 10:15am-12:15pm



LEISURE and SOCIAL continued

#10648 #10629 #10649 #10630 #10650 #10631	Apr 11 Apr 15 Apr 18 Apr 22 Apr 25	Th M Th M Th Th	10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm
#10651 #10632 #10652 #10633 #10653	Apr 29 May 2 May 6 May 9 May 13 May 16	Th M Th M Th	10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm
#10634 #10654 #10655	May 20 May 23 May 30	M Th Th	10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm 10:15am-12:15pm EATION CENTER 8:30am-11:30am
#10677	Jan 8	Tu	8:30am-11:30am
#10657	Jan 11	F	8:30am-11:30am
#10678	Jan 15	Tu	8:30am-11:30am
#10658	Jan 18	F	8:30am-11:30am
#10679	Jan 22	Tu	8:30am-11:30am
#10659	Jan 25	F	8:30am-11:30am
#10680	Jan 29	Tu	8:30am-11:30am
#10660	Feb 1	F	8:30am-11:30am
#10681	Feb 5	Tu	8:30am-11:30am
#10661	Feb 8	F	8:30am-11:30am
#10682	Feb 12	Tu	8:30am-11:30am
#10662	Feb 15	F	8:30am-11:30am
#10683	Feb 19	Tu	8:30am-11:30am
#10663	Feb 22	F	8:30am-11:30am
#10684	Feb 26	Tu	8:30am-11:30am
#10664	Mar 1	F	8:30am-11:30am
#10685	Mar 5	Tu	8:30am-11:30am
#10665	Mar 8	F	8:30am-11:30am
#10686	Mar 12	Tu	8:30am-11:30am
#10666	Mar 15	F	8:30am-11:30am
#10687	Mar 19	Tu	8:30am-11:30am
#10667	Mar 22	F	8:30am-11:30am
#10688	Mar 26	Tu	8:30am-11:30am
#10689	Apr 2	Tu	8:30am-11:30am
#10668	Apr 5	F	8:30am-11:30am
#10690	Apr 9	Tu	8:30am-11:30am
#10669	Apr 12	F	8:30am-11:30am
#10691	Apr 16	Tu	8:30am-11:30am
#10670	Apr 19	F	8:30am-11:30am
#10692	Apr 23	Tu	8:30am-11:30am
#10671	Apr 26	F	8:30am-11:30am
#10693	Apr 30	Tu	8:30am-11:30am
#10672	May 3	F	8:30am-11:30am
#10694	May 7	Tu	8:30am-11:30am
#10673	May 10	F	8:30am-11:30am
#10675 #10695 #10674 #10696 #10675 #10697	May 14 May 17 May 21 May 24 May 28	Tu F Tu F Tu	8:30am-11:30am 8:30am-11:30am 8:30am-11:30am 8:30am-11:30am 8:30am-11:30am
#10676	May 31	F	8:30am-11:30am

SATURDAY HAPPENINGS

Start your Saturday with a bang! Come out and enjoy an afternoon of fun, with Play Station tournaments, arts and crafts, open computer lab time, and an intramural game of basketball. Age: 5-12 No Cost

Weaver Street Recreation Center #9891 Jan 5-May 25 Sa 1pm-6pm

OPEN REC

A positive place to socialize. Teens participate in a variety of activities ranging from billiards to video games to homework help. Age: 6-17

No Cost HOLTON CAREER AND RESOURCE CENTER #9928 Jan 14-May 30 M-Th W.D. HILL RECREATION CENTER 6pm-8pm #10009 Jan 2-May 30 M-Th 6pm-8pm No Cost Walltown Park Recreation Center #9748 Jan 3-May 30 Sa 12pi 12pm-4pm Tu,Th 6pm-9pm WEAVER STREET RECREATION CENTER #9935 Jan 2-May 30 M,W,Th 6pm-9pm

EDISON JOHNSON GAME ROOM

Come participate in a variety of fun activities including billiards, foosball, darts, and board games. Children ages 12 and under must be supervised by an adult in the game room. Age: 13 and up No Cost

EDISON JOHNSON RECREATION CENTER #10036 Jan 2-May 31 M-Thu 8:30am-9pm 8:30am-8pm 8:30am-6pm Sa Sun 1pm-6pm

BOYS II MEN

Meet and socialize with peers who share your common interests and background. Enjoy interesting conversation topics and competitive activities in a safe environment. Activities include field trips and competitions against other City of Durham recreation centers. Age: 13-18 No Cost

Weaver Street Recreation Center #9933 Jan 2-May 29 W 6pm-7pm

GIRL TALK

Do you want to learn about the latest styles and the best look for you? Are you looking for opportunities to have 'girl talk' with girls your age? Learn how to look like a star and develop new friendships at the same time.

Age: 13-18 No Cost

Weaver Street Recreation Center #9934 Jan 3-May 30 Th 6pm-7pm

RACK 'EM UP

Do you have skills on the pool table? Prove it. Rack 'Em Up is a weekly pool table tournament competition for teens. The teen team that lasts the longest during the course of a 6 week period will compete at the end to determine who really has what it takes to be Weaver Street's Rack Em Up champion.

Age: 12-18 No Cost

WEAVER STREET RECREATION CENTER #9943 Jan 8-May 28 Tu 6pm-7pm

TEEN NIGHT

Have nothing to do on a Friday? Looking for a safe and relaxing atmosphere? Look no further! Come out to play basketball, PS2, surf the Internet, learn to dance and much more. Participants must bring a valid school ID or other state-issued ID in order to participate. Age: 13-17 No Cost

HOLTON CAREER AND RESOURCE CENTER #9913 Jan 4-May 31 F 7pm-11pm W.D. HILL RECREATION CENTER #10006 Jan 11-May 31 F 6pm-10pm WALLTOWN PARK RECREATION CENTER #9749 Jan 4-May 31 F 7pm-10pm

ALLURE FASHION SOCIETY

We're stepping into style! If you want to learn to be more proper and walk with grace, then join Allure. In this class, the ladies will learn



walking techniques of various styles, and the gentlemen will learn how to walk properly in dress shoes, gracefully and to music. Participants will learn a variety of styles such as Calendar, Catalog, Commercial, Runway, Couture, etc. Participants are required to have proper shoes each class (Ladies: heels; Men: hard bottom dress shoes).

Age: 13-17 No Cost

Walltown Park Recreation Center #9764 Jan 11-May 31 F 7pm-9pm

HYPE

The HYPE (Havti Youth for Progress and Enrichment) will provide a culturally enriching and academically stimulating environment for at-risk youth (ages 13-16). Participants of HYPE will develop skills and character traits necessary to be successful leaders in their community and at school. Sponsored by the Believers United for Progress, Inc.

Age: 13-17 No Cost

W.D. HILL RECREATION CENTER #10007 Jan 11-May 31 F 6pm-8pm

NIGHT FLIGHT

Think you got game? Bring it to Night Flight! A facility attendant will be on hand to organize the games. Age: 13-17

No Cost

CFLRC AT LYON PARK #10016 Jan 4-May 31 F 6pm-10pm

WEAVER STREET RECREATION CENTER #9936 Jan 4-May 31 F 7pm-10pm

TEEN NITE AT EDISON JOHNSON

Teens, are you bored on Friday nights? Come to Edison Johnson on select Friday nights to socialize, dance to music, play basketball, watch movies and more. This program is free, so bring your friends and have some fun! Age: 13-17

No Cost

EDISON JOHNSON RECREATION CENTER

#9848 #9849 #9850 #9851 #9852 #9853	Jan 11 Jan 25 Feb 8 Feb 22 Mar 8 Mar 22	F F F F F	7pm-10pm 7pm-10pm 7pm-10pm 7pm-10pm 7pm-10pm 7pm-10pm
#9853	Mar 22	F	7pm-10pm
#9854	Apr 26	F	7pm-10pm
#9855	May 10	F	7pm-10pm

FAMILY GAME DAYS

Offers an opportunity for family and friends to get together and play a wide variety of games such as bingo, board games, and cards. Age: 6 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER #9921 Jan 18-May 10 F 6pm-8pm

W.D. HILL RECREATION CENTER #10033 Jan 5-May 25 Sa 2pm-4pm

MOVIE MANIA

Come see a great movie with us! Seating is limited so check your center for show times and days.

Age: 6 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER #9926 Jan 17-Apr 11 Th 6pm-8pm Weaver Street Recreation Center #9892 Jan 12-May 25 Sa 4pm-6pm

TOURNAMENT EVENTS

TABLE TENNIS TOURNAMENT

The Campus Hills Table Tennis Tournament welcomes both recreational and competitive players. The event will begin with round robin competition to establish competition flights. This will be followed by a tournament for each level of competition. Trophies will be awarded to winners at each level.

Age: All Ages

CR PC \$15.25; CR NPC \$17 NCR PC \$28.75; NCR NPC \$32

I.R. HOLMES, SR. RECREATION CENTER #9942 May 11 Sa 9am-8pm



MARTIAL ARTS

MARTIAL ARTS MARTIAL ARTS

ADVANCED KOREAN KARATE

Participants learn self-defense, stress management and physical fitness through controlled movements. Additional fees will apply for uniforms, testing, and belts. Age: 5 and up I.Ř. Holmes, Sr. Recreation Center CR PC \$18; CR NPC \$20 NCR PC \$22.50; NCR NPC \$25 #9978 Jan 2-Jan 30 M,W 7pm-8pm CR PC \$13.50; CR NPC \$15 NCR PC \$18: NCR NPC \$20 #9979 Feb 4-Feb 20 M,W 7pm-8pm CR PC \$18; CR NPC \$20 NCR PC \$22.50; NCR NPC \$25 #9982 Mar 4-Mar 27 M,W 7pm-8pm #9983 Apr 1-Apr 29 M,W 7pm-8pm #9985 May 1-May 29 M,W 7pm-8pm

BEGINNER KOREAN KARATE

Participants learn self-defense, stress management and physical fitness through controlled movements. Additional fees will apply for uniforms, testing, and belts. Age: 5 and up

I.R. Holmes, Sr. Recreation Center CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17 #9976 Jan 2-Jan 30 M,W 6pm-7pm

CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 #9977 Feb 4-Feb 20 M,W 6pm-7pm

CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17 #9980 Mar 4-Mar 27 M,W 6pm-7pm #9981 Apr 1-Apr 29 M,W 6pm-7pm #9984 May 1-May 29 M,W 6pm-7pm

KARATE/SELF DEFENSE

This class will combine the basic blocks, kicks and punches of traditional karate with the self-defense techniques of Goshi Shun. Strength, focus, coordination, assertiveness and self-discipline are only a few benefits of the martial arts - they're also a great way to have fun! Once you've learned the basic techniques, you'll put them to work in drills, games, tournament-style sparring, and street defense scenarios. Please wear loose, comfortable clothing.

Age: 5-11 CR PC \$16.25; CR NPC \$18 NCR PC \$20.75; NCR NPC \$23 EDISON JOHNSON RECREATION CENTER #9821 Jan 7-Feb 18 M,Th6:15pm-7:15pm #9822 Feb 25-Apr 4 M,Th6:15pm-7:15pm #9823 Apr 15-May 23 M,Th6:15pm-7:15pm

KARATE/SELF DEFENSE INTERMEDIATE

This class will combine the basic blocks, kicks and punches of traditional karate with the self-defense techniques of Goshi Shun. Strength, focus, coordination, assertiveness and self-discipline are only a few benefits of the martial arts - they're also a great way to have fun! Once you've learned the basic techniques, you'll put them to work in drills, games, tournament-style sparring, and street defense scenarios. Please wear loose, comfortable clothing. Adults welcome.

Age: 12 and up CR PC \$21.50; CR NPC \$24 NCR PC \$26; NCR NPC \$29 EDISON JOHNSON RECREATION CENTER #9824 Jan 7-Feb 18 M,Th 7:30pm-8:30pm #9837 Feb 25-Apr 4 M,Th 7:30pm-8:30pm #9840 Apr 15-May 23 M,Th 7:30pm-8:30pm

KOREAN KARATE

Participants learn self-defense, stress management and physical fitness through controlled movements. Additional fees will apply for uniforms, testing, and belts. Age: 5-12 CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17 W.D. HILL RECREATION CENTER



#9989	Jan 3-Jan 31	Th	6pm-8pm
#9990	Feb 7-Feb 28	Th	6pm-8pm
#9991	Mar 7-Mar 28	Th	6pm-8pm
#9992	Apr 4-Apr 25	Th	6pm-8pm
#9993	May 2-May 30	Th	6pm-8pm

TAI CHI

We will learn the Tai Chi Yang Short Form to promote a calm, focused mind and improve mind-body co-ordination. See why this is also called "Meditation in motion." All skills levels welcome.

Age: 18 and up
CR PC \$27; CR NPC \$30
NCR PC \$40.50; NCR NPC \$45
EDISON JOHNSON RECREATION CENTER
#9817 Jan 9-Feb 13 W 7:15pm-8:15pm
#9818 Feb 27-Apr 3 W 7:15pm-8:15pm
#9819 Apr 17-May 22 W 7:15pm-8:15pm

MATURE ADULTS PROGRAMS

If you are interested in the Mature Adults Trips, registration forms are available at all DPR centers and on our website. Mature Adults office: (919) 354-2710, ext. 27351. Please see other sections for activities for Mature Adults (55 and up) and Adults (18-54) together.



MATURE ADULTS COUNCIL FOR SENIOR CITIZENS LUNCH

This is a time to socialize, play bingo, listen to Health Promotion lectures and much more. Join us for a nutritious lunch. Donations are appreciated. Must be 60 years of age and older to participate in the lunch. Age: 60 and up

No Cost W.D. HILL RECREATION CENTER #10008 Jan 2-May 31 M-F 9am-1:30pm

MATURE ADULT CHOIR

This class is for all mature adults who like to sing.

Age: 55 and better

No Cost

HOLTON CAREER AND RESOURCE CENTER
#10091 Jan 8-May 28 Tu 1pm-2pm

MATURE ADULT DANCE

Our dance experience is designed to develop participants to the maximum of their ability. Participants will be able to control body movement and extend the range of movement as they gain technical ability. Age: 55 and better
CR PC \$16.25; CR NPC \$18
NCR PC \$20.75; NCR NPC \$23
W.D. HILL RECREATION CENTER
#10003 Feb 7-Apr 25 Th 10:15am-11:15am

SQUARE DANCING

Ready for a fun, energetic morning, dancing with friends? Join the Durham Twirlers. This club offers basic square dancing and line dancing for Mature Adults. Bringing a partner is helpful, but not necessary.

Age: 55 and better
CR PC \$10.75; CR NPC \$12
NCR PC \$15.25; NCR NPC \$17
EDISON JOHNSON RECREATION CENTER
#9845 Jan 8-May 28 Tu 9am-11am

MATURE ADULT FITNESS

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-type apparel.

A MATTER OF BALANCE

A Matter of Balance is an exercise program that focuses on increasing strength and balance, in order to reduce the risk of falls, and the fear of falling. Additionally, it teaches how to be aware of the environment to reduce hazards that cause falls. Falls can be prevented - we'll teach you how.

Age: All Ages
Center for Senior Life
#10125 Feb 5-Feb 28 Tu,Th 1pm-3pm
Mature Adults (55 and better):
CR PC \$0; CR NPC \$24
NCR PC \$0; NCR NPC \$29
Adults to age 55:
CR PC \$57.50; CR NPC \$64
NCR PC \$71; NCR NPC \$79

AEROBICS PLUS

Aerobics Plus is here! This class for active mature adults involves exercises such as stability ball, balance training, low impact aerobics, abdominal conditioning, stretching, and relaxation exercises. If you are looking for a class that gives you 100% motivation, then Aerobics Plus is where you need to be. Age: 55 and better CR PC \$0; CR NPC \$3 NCR PC \$0; NCR NPC \$8 I.R. HOLMES, SR. RECREATION CENTER #9951 Jan 2-May 29 W 9am-10am

ARTHRITIS EXERCISE

Do you feel pain and stiffness? Are you listening to what your body is telling you? It is telling you to come join us in an Arthritis Exercise Class to help loosen those joints and ease your pain. Learn many new techniques that will help keep you loose and limber. Wear comfortable, loose clothing and bring a bottle of water. Age: 55 and better CR PC \$0; NCR NPC \$13.50; NCR PC \$0; NCR NPC \$18.50

NCR PC \$0; NCR NPC \$18.50
W.D. HILL RECREATION CENTER
#10112 Jan 3-Jan 31 Tu,Th 10am-11am
#10113 Feb 5-Mar 5 Tu,Th 10am-11am
#10114 Mar 7-Apr 4 Tu,Th 10am-11am
#10115 Apr 9-May 14 Tu,Th 10am-11am
WALLTOWN PARK RECREATION CENTER
#10096 Jan 7-Feb 6 M,W 10am-11am
#10097 Feb 11-Mar 11 M,W 10am-11am
#10098 Mar 13-Apr 10 M,W 10am-11am

#10099 Apr 22-May 20M,W 10am-11am

CHAIR EXERCISE

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-type apparel. Age: All Ages

Mature Adults 55 and better: CR PC \$0; CR NPC \$9 NCR PC \$0; NCR NPC \$14 Adults to age 55: CR PC \$21.50; CR NPC \$24 NCR PC \$26; NCR NPC \$29 CFLRC at Lyon Park #10101 Jan 7-Feb 6 M,W

#10101 Jan 7-Feb 6 M,W 11am-11:40am #10102 Feb 11-Mar 11 M,W 11am-11:40am #10117 Mar 13-Apr 10 M,W 11am-11:40am #10118 Apr 15-May 13 M,W 11am-11:40am

We support INCLUSION - Persons of all ability levels are welcome at every facility and every program. CR PC: City Resident, Play More Card; NCR PC: Non-City Resident, Play More Card; NCR NPC: Non-City Resident, No Play More Card; NCR NPC: Non-City Resident, Play More Card; NCR NPC: Non-City Resident, No Pl

MATURE ADULTS PROGRAMS continued

#10119 May 15-Jun 17 M,W 11am-11:40am Edison Johnson Recreation Center #10120 Jan 7-Feb 6 M,W 10am-10:40am #10121 Feb 11-Mar 11 M,W 10am-10:40am #10122 Mar 13-Apr 10 M,W 10am-10:40am #10123 Apr 15-May 13 M,W 10am-10:40am #10124 May 15-Jun 17 M,W 10am-10:40am HOLTON CAREER AND RESOURCE CENTER #10076 Jan 10-Feb 7 Tu,Th 10am-10:40am #10077 Feb 12-Mar 12 Tu,Th 10am-10:40am #10078 Mar 14-Apr 11 Tu,Th 10am-10:40am #10080 Apr 16-May 14 Tu,Th 10am-10:40am #10081 May 16-Jun 13 Tu, Th 10am-10:40am Walltown Park Recreation Center #10092 Jan 15-Feb 12 Tu,Th 11am-11:40am #10093 Feb 14-Mar 14 Tu,Th 11am-11:40am #10094 Mar 19-Apr 16 Tu,Th 11am-11:40am #10095 Apr 18-May 16 Tu,Th 11am-11:40am #10100 May 21-Jun 18 Tu,Th 11am-11:40am

GET FIT WITH STYLE

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and mobility. This high energy class incorporates dance moves and is geared for active mature adults.

Age: 55 and better CR PC \$0; CR NPC \$3 NCR PC \$0; NCR NPC \$8 I.R. Holmes, Sr. Recreation Center #9950 Jan 3-May 30 Tu,Th 9am-10am

GOSPEL MOVEMENT

Do you enjoy gospel music? Do you enjoy moving your body? Come out and have some fun as we create physical movement inspired through gospel music. Wear comfortable, loose clothing and bring a bottle of water.

Age: All Ages Mature Adults (55 and better): CR PC \$0; CR NPC \$9 NCR PC \$0; NCR NPC \$14 Adults to age 55: CR PC \$21.50; CR NPC \$24 NCR PC \$26; NCR NPC \$29 CFLRC at Lyon Park

#10042 Jan 3-Feb 28 #10043 Mar 7-May 2 12:30pm-1:10pm Th 12:30pm-1:10pm #10044 May 9-Jul 11 Th 12:30pm-1:10pm Holton Career and Resource Center

#10075 Jan 7-Mar 11 M 10am-10:40am #10079 Mar 18-May 13 M 10am-10:40am Walltown Park Recreation Center

#10109 Jan 4-Mar 1 9am-9:40am #10111 Mar 8-May 10 F 9am-9:40am

MA WALKING PROGRAM

W.D. HILL RECREATION CENTER

Want to live longer, reduce fat gain, the risk of cancer, heart disease and diabetes? How about all of that, and a free t-shirt? Then join Durham Parks and Recreation and other Mature Adults walking towards a better life.

Age: 55 and better No Cost CFLRC AT LYON PARK #10106 Jan 2-May 31 M-F 8:30am-8pm Edison Johnson Recreation Center #10108 Jan 2-May 31 M-F 8:30am-8pm HOLTON CAREER AND RESOURCE CENTER #10104 Jan 2-May 31 M-F 8:30am-8pm #10105 Jan 2-May 31 M-F 8:30am-8pm Walltown Park Recreation Center #10107 Jan 2-May 31 M-F 8:30am-8pm

MATURE ADULT BASKETBALL

Whether you are looking to improve your game or just want to play for fun and don't want to chase around the under 50 crowd, we've got a place for you. This time is set aside for pick-up games and shooting around. No pressure here; play at your own pace. Men and women are both welcome. Age: 55 and better CR PC \$0; CR NPC \$3 NCR PC \$0; NCR NPC \$8 CFLRC AT LYON PARK #10020 Jan 7-May 20 M 4:30pm-6:30pm HOLTON ČAREER AND RESOURCE CENTER #10019 Jan 2-May 29 5:30pm-7:30pm

MATURE ADULT FITNESS

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-style apparel. Age: 55 and better CR PC \$0; CR NPC \$3 NCR PC \$0: NCR NPC \$8 **EDISON JOHNSON RECREATION CENTER** #9869 Jan 2-May 31 M,W,F 9am-10am

MATURE ADULT WOMEN ON WEIGHTS

Ladies - don't shy away from free weights and strength training! This program is designed to teach you the proper use of exercise machines, free weights, resistance bands, balls, Bosu, etc. You will build endurance, improve muscle tone, and learn exercise principles. You will also design a personal exercise program to meet your fitness goals. Age: 55 and better CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 I.R. Holmes, Sr. Recreation Center #9986 Feb 11-Mar 18 M 10am-11am

MATURE ADULT OUTINGS

Do you enjoy spending time with your friends and making new ones? Then come on a local trip with DPR. Every month, we go bowling, to movies, enjoy special activities at centers, and much, much more. Join the group and share your favorite local activity - we will go together as a group. Pick up sites include Holton, Lyon Park, Edison Johnson, W.D. Hill, Walltown. Transportation pick-up from sites is 30 minutes prior to start time. Please contact recreation center staff to register and arrange for transportation. Transportation is an extra fee.

CANDLE DIPPING AND TOUR

Take a tour of the historical sites at West Point on the Eno. Then learn how to make candles the old-fashioned way. All materials are included. Transportation is an extra fee. Age: 55 and better No Cost West Point on the Eno #10053 MAY 3 9AM-2PM



DINING AROUND DURHAM

Why eat alone when you can enjoy a meal with others? Let's meet at Durham food establishments to have lunch together. You can ride the bus or meet us there. Please register for outing by the day before. Transportation is an extra fee.

Age: 55 and better No Cost

#10055 Jan 23 11am-1pm

DOGGONE GOOD TIME POTLUCK

Come socialize and celebrate the senior happenings from the past year with a hot dog, all the fixings and lots of fun. Whether you are a DPR regular or never participated before; you want to join the games and activities or just sit and watch; you are welcome to join the fun. Transportation is an extra fee.

Age: 55 and better No Cost FOREST HILLS PARK

#10059 Jun 7 11am-2pm

FISHING

Imagine sitting on a bank on a peaceful afternoon when all of sudden you hook the big one. As you begin to reel it in all of your friends surround you and watch anxiously as you bring it to shore. You feel the pride of landing the prize of the day. Ok- we can't promise the big catch, but you are sure to have fun. Transportation is an extra fee. Age: 55 and better

No Cost LAKE MICHIE RECREATION AREA #10054 Apr 5 9am-12pm

MATURE ADULT OUTINGS-BOWLING

Join us for fun, social and non-competitive bowling. Cost for bowling game and shoes is paid to the bowling alley. Transportation is an extra fee.

Age: 55 and better No Cost AMF BOWLING #10045 Jan 16

9:30am-12pm

#10046 #10047		W W	9:30am-12pm 9:30am-12pm
#10047		W	9:30am-12pm
#10049 #10050		W W	9:30am-12pm 9:30am-12pm
#10050	1	W	9:30am-12pm
#10052 #10066	May 1 May 15	W W	9:30am-12pm 9:30am-12pm
11 10000	11147 13	**	>.50um 12pm

MATURE ADULT OUTINGS-MOVIES

See Mature Adult site for movie titles, and you pick the movie you want to view. \$7 fee paid at movie theater includes movie, popcorn, and drink. Transportation is an extra fee. Age: 55 and better

No Cost

NORTHGATE MALL #10060 Jan 11 12:30pm-4pm #10056 Feb 8 F 12:30pm-4pm #10057 Mar 8 F 12:30pm-4pm #10058 Apr 12 F 12:30pm-4pm #10067 May 10 12:30pm-4pm

SHOPPING

What is better than finding a great deal? Finding it while you travel with DPR and all of your friends. Join us as we spend time shopping for new things for your family - or better yet, you! Transportation is an extra fee.

Age: 55 and better

No Cost

#10061 Mar 13 1pm-4pm

MATURE ADULT SOCIALS

Whether you like playing games, arts and crafts, dancing, potlucks, or just spending time together, Mature Adult Socials is for you! Come join new and old friends for a variety of activities and the chance to socialize! Age: 55 and better

No Cost CFLRC AT LYON PARK

#10070 Jan 8-May 28 Tu 9:30am-11am Weaver Street Recreation Center #9945 Jan 2-May 31 W,F 10am-12pm

MATURE ADULTS PROGRAMS continued

ARTS AND CRAFTS

If you are interested in tapping into your creative side, we are offering various arts and crafts opportunities for mature adults, ages 55 and better. Instruction is provided; your only expense is the supplies. No experience necessary.

necessary.
Age: 55 and better
No Cost
CFLRC at Lyon Park
#10071 Jan 7-May 20 M 10am-11am
Holton Career and Resource Center
#10089 Feb 5-May 28 Tu 10:45am-11:45am

BID WHIZ

Experience a fun card game in great atmosphere. Come out and learn how to play and meet new friends.

Age: 55 and better No Cost

Walltown Park Recreation Center #10025 Jan 8-Apr 2 Tu 4:30pm-8:30pm

BINGO

Stop in and enjoy playing bingo with others who love the game.

Age: 55 and better

No Cost

HOLTON CAREER AND RESOURCE CENTER
#10087 Jan 9-May 29 W 9:30am-12pm
WALLTOWN PARK RECREATION CENTER

#10024 Jan 4-Mar 15 F 11am-1pm #10154 Apr 5-Jun 7 F 11am-1pm

FARMERS' MARKET

Durham Parks and Recreation and the Interfaith Food Shuttle of Durham have partnered to provide FREE fruits and vegetables for mature adults at the Holton Farmers' Market. These fresh fruits and vegetables are donated by local vendors. Note: Amount of fruit and vegetables individuals receive is determined by the produce donated that day. Bringing your own bag is recommended, but not required. Will take place on the first and third Thursdays.

Age: 55 and better No Cost

HOLTON CAREER AND RESOURCE CENTER #10086 Jan 3-May 16 Th 11am-12pm

OPEN COMPUTER LAB

including email and Internet, and assistance will be available for basic computer hardware, software, and operational questions. Age: 55 and better No Cost CFLRC AT LYON PARK #10072 Jan 3-May 30 Th 9am-10am HOLTON CAREER AND RESOURCE CENTER #10085 Jan 4-May 24 F 11am-12pm WALLTOWN PARK RECREATION CENTER #10126 Jan 2-Feb 15 #10027 Feb 18-Apr 1 M,W,F 12pm-1pm M,W,F 12pm-1pm #10028 Apr 3-May 13 M,W,F 12pm-1pm

The computer lab will be open for general use,

PINOCHLE

Want a great way to enjoy an afternoon with friends and showing your skills at this classic card game? Join us for a truly great time! Age: 55 and better
No Cost

Walltown Park Recreation Center #10026 Jan 4-Apr 5 F 4:30pm-9pm

SLIDE DANCING

Who wants to learn the Cupid Shuffle, Cha-Cha Slide, or Mississippi Slide? If that's you, come prepared to dance and slide into some fun. Age: 55 and better
No Cost

HOLTON CAREER AND RESOURCE CENTER #10083 Jan 7-Mar 11 M 10:45am-11:15am #10090 Mar 18-May 13 M 10:45am-11:15am

VALENTINE POTLUCK

It's time for Valentine's Day. Come share your favorite dish with friends and mingle with us as we eat some home-cooked food.

Age: 55 and better

No Cost

I.R. Holmes, Sr. Recreation Center #9953 Feb 14 Th 12pm-2pm

WHAT'S THAT AND WHY SHOULD I EAT IT?

Come join us to learn about the health benefits of various fruits and vegetables. Cooking tips, recipes and other educational materials will be provided. Stay for the Mature Adult Farmers' Market and receive free produce. Bringing your own bag is recommended, but not required.



Will take place on the third Thursdays. Age: 55 and better No Cost

HOLTON CAREER AND RESOURCE CENTER #10082 Jan 17-May 16 Th 10:30am-11am

SENIOR GAMES

Whether you are an artist or an athlete, it is time once again to get excited about Senior Games! Participants age 55+ are encouraged to compete in a range of events including, but not limited to, literary and visual arts, archery, croquet, table tennis, basketball and track events. Your skill level is not important--our goal is to have fun and fellowship! Enjoy live performances, visual displays, guests of honor, food, and more at the Celebration ceremonies. Call (919) 354-2710 to sign up!

DURHAM SENIOR GAMES REGISTRATION

Registration deadline is April 1, 2013, however register between February 4 and March 18 and receive an early bird discount of \$2!
Age: 55 and better
CR PC \$12.50; CR NPC \$14
NCR PC \$17; NCR NPC \$19
ALL DPR RECREATION CENTERS
#10127 Feb 4-April 1 M-F 8:30am-5pm

DURHAM SENIOR GAMES EVENTS

Competitions (and/or opportunities to just participate) are offered in a variety of sports and art forms, held at a variety of locations throughout Durham and surrounding areas. Your

skill level is not important--our goal is to have fun and fellowship! April 15-26 M-F 8:30am-5pm

DURHAM SENIOR GAMES SILVER ARTS

Displays of literary, heritage, and visual arts will be on display at the Durham Arts Council. April 22-26 M-F 9am-5pm

DURHAM SENIOR GAMES CELEBRATION CEREMONY

This event includes SilverArts Showcase performances (competitions for singers, dancers, cheerleaders, etc.) and the exhibition of SilverArtists' works (needlecraft, photography, literary works, etc.)
Durham Arts Council
April 25 Thu 5:30 p.m.-7:30 p.m.

DURHAM SENIOR GAMES WRITER'S WORKSHOP

Are you interested in learning the finer points of writing? Would you like help with your poem, essay, short story, or life-experience piece? If you are 55 or better and could use a little literary motivation, then this Writer's Workshop is for you. Research shows writing decreases stress levels!

Age: 55 and better No Cost

CFLRC AT LYON PARK #10129 Jan 8-Jan 10

Tu-Th 10am-12pm

MATURE ADULT TRIPS

Come join the fun as we travel across our great state - and beyond! We've visited the coast, State Fair, wineries, and headed south on the train. You will find an array opportunities that stimulate your mind and exercise your body. Stay active on trips with DPR! Accessible buses and vans are available. For more information call our Mature Adult staff at (919) 354-2710.

BARN DINNER THEATER

Enjoy an afternoon of good food and great entertainment. Sit right next to the action as the performers at the theatre keep you laughing, crying, and wanting more, more, more! Age: 55 and better
CR PC \$46; CR NPC \$51
NCR PC \$59.50; NCR NPC \$66
NORTHGATE MALL
#10134 Jan 15
Tu 11am-5pm

DPAC--SISTER ACT

#10136 May 16

Sister Act is an amazing musical comedy. It tells a story of Delores Van Cartier, a wannabe diva whose life takes a surprising turn when she witnesses a crime and needs to be hid from the criminals.

Age: 55 and better
CR PC \$53; CR NPC \$59
NCR PC \$68; NCR NPC \$74
NORTHGATE MALL - PRIVATE

6pm-11pm

RINGLING BROTHERS CIRCUS

Ringling Brothers and Barnum & Bailey Circus presents DRAGONS! For the first time in circus history, myth and majesty will share the arena during this must-see family event that can only be witnessed at The Greatest Show On Earth!

Age: 55 and better CR PC \$24.25; CR NPC \$27 NCR PC \$37.75; NCR NPC \$12 NORTHGATE MALL - PRIVATE

4:30pm-11pm

If you are interested in the Mature Adults Trips, registration forms are available at all DPR centers and on our website.

Mature Adults office: (919) 354-2710, ext. 27351. Please see other sections for activities for Mature Adults (55 and up) and Adults (18-54) together.



Performing Arts

Music

BUCKET DRUMMING

Participants will learn proper stick holding and playing techniques. Class is designed to inspire creativity while learning rhythms and tones. Age: 5-12

CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 Walltown Park Recreation Center

#9802 Jan 11-Feb 15 F 6pm-7pm #9804 Mar 1-Apr 12 F 6pm-7pm #9805 Apr 26-May 31 F 6pm-7pm

WEST AFRICAN DRUMMING - ADULT

Learn rhythms using basic base, tone and slap hand techniques.

Age: 18 and up
CR PC \$36; CR NPC \$40
NCR PC \$49.50; NCR NPC \$55
HOLTON CAREER AND RESOURCE CENTER
#9914 Jan 16-Mar 20 W 7pm-8pm
#9916 Mar 27-May 29 W 7pm-8pm

West African Drumming - Youth/Teen

Learn rhythms using basic base, tone and slap hand techniques. Age: 6-17

CŘ PC \$13.50; CR NPC \$15 NCR PC \$18; NCR NPC \$20 HOLTON CAREER AND RESOURCE CENTER #9915 Jan 16-Mar 20 W 6pm-7pm #9917 Mar 27-May 29 W 6pm-7pm

DREAM

DREAM (Disciplined Roles in Entertainment Arts and Media) is a comprehensive performing arts program that uses a multi-disciplinary instructional approach. Participants may take up to two disciplines per session. Disciplines include, modeling, hip-hop and modern dance, step, video production, and music production. Participants will showcase acquired skills in a final performance.

FASHION/SOCIETY MODELING

This class teaches grace and poise. This entry-level program will focus on the basics of modeling techniques such as proper walking, turns, and poses.

Age: 13-17

CR PC \$0; CR NPC \$27 NCR PC \$0; NCR NPC \$42 CFLRC at Lyon Park #10185 Jan 5-Jan 26 3pm-5pm M,W 6pm-8pm #10186 Jan 28-Feb 16 3pm-5pm M,W 6pm-8pm #10187 Feb 18-Mar 9 Sa 3pm-3pm M,W 6pm-8pm #10188 Mar 11-Mar 30 Sa 3pm-5pm M,W 6pm-8pm 3pm-5pm #10189 Apr 1-Apr 20 M,W 6pm-8pm #10190 Apr 22-May 11 Sa 3pm-5pm M,W 6pm-8pm #10191 May 13-Jun 3 3pm-5pm M,W 6pm-8pm Holton Career and Resource Center #9907 Jan 17-Mar 7 Th 6pm-8pm

HIP HOP DANCE

This dance class infuses the techniques of contemporary dance with the upbeat style of hip hop.
Age: 13-17
CR PC \$0; CR NPC \$27
NCR PC \$0; NCR NPC \$42
HOLTON CAREER AND RESOURCE
CENTER
#9910 Jan 11-May 17 F 6pm-7pm

MODERN DANCE

This class emphasizes various styles of dance including contemporary, modern, lyrical and jazz. It's sure to be a great experience for dancers at all levels.

Age: 13-17
CR PC \$0; CR NPC \$27
NCR PC \$0; NCR NPC \$42
HOLTON CAREER AND RESOURCE CENTER #9912 Jan 14-May 20 M 6pm-7pm

MUSIC AND VIDEO PRODUCTION

Participants will learn the behind-the-scenes aspects of the music industry. Students will have the opportunity to learn basic beat production, music editing, and sound engineering. Participants in chorus will focus on sound recording and lyrical delivery. Age: 13-17 CR PC \$0; CR NPC \$24

NCR PC \$0; NCR NPC \$29
HOLTON CAREER AND RESOURCE CENTER
#9908 Jan 14-Mar 11 M 6pm-8pm

STFI

This class focuses on body movements to create and deliver up-tempo sounds and beats. This class is for both beginner and experienced steppers.

steppers.
Age: 10-17
CR PC \$0; CR NPC \$21
NCR PC \$0; NCR NPC \$26
HOLTON CAREER AND RESOURCE CENTER
#9909 Jan 16-Feb 27 W 6pm-8pm
I.R. HOLMES, SR. RECREATION CENTER
#9898 Jan 22-May 7 Tu 3:30pm-4:30pm

DANCE CLASSES

Learn step patterns and coordinated moves associated with a variety of dance types. Each course is different!

ATRIX MODERN DANCE

Learn beginning modern dance techniques. Students will build expression, balance and coordination. If you enjoy ballet and lyrical jazz styles of dance, Atrix is the class for you! In this class you will gain dance technique in ballet, lyrical jazz and contemporary. The participant does not need to bring any equipment, skills or abilities to join.

Age: 9-12
CR PC \$8; CR NPC \$9
NCR PC \$12.50; NCR NPC \$14
WALLTOWN PARK RECREATION CENTER
#9831 Jan 12-Feb 16 Sa 1pm-2pm
#9835 Mar 2-Apr 6 Sa 1pm-2pm
#9836 Apr 20-May 25 Sa 1pm-2pm

BALLET - KINDER BALLET

Children learn grace and poise in ballet! This class introduces children to the ballet barre, proper dance terms, and correct body positioning. Preferred class attire consists of leotards, tights and ballet slippers. Age: 5-6 CR PC \$6.50; CR NPC \$7.50 NCR PC \$11.25; NCR NPC \$12.50



I.R. HOLMES, SR. RECREATION CENTER #9809 Jan 15-Feb 19 Tu 6:20pm-7:05pm #9810 Mar 12-Apr 23 Tu 6:20pm-7:05pm

BALLET - TINY TOTS BALLET

A fun introduction to ballet for preschoolers! This class helps children to develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of leotards, tights and ballet slippers. Age: 3-4

CR PC \$6.50; CR NPC \$7.50 NCR PC \$11.25; NCR NPC \$12.50 EDISON JOHNSON RECREATION CENTER #9806 Jan 12-Feb 16 Sa 9:45am-10:30am #9807 Mar 2-Apr 6 Sa 9:45am-10:30am #9808 Apr 13-May 18 Sa 9:45am-10:30am I.R. HOLMES, SR. RECREATION CENTER #9969 Jan 15-Feb 19 Tu 5:30pm-6:15pm #9971 Jan 16-Feb 20 W 9am-9:45am #9970 Mar 12-Apr 23 Tu 5:30pm-6:15pm #9972 Mar 13-Apr 24 W 9am-9:45am

BALLET - YOUTH INTERMEDIATE

Continue your child's experience in ballet and lyrical jazz styles of dance. In this class your child will gain dance technique in ballet, lyrical jazz and tap. Preferred class attire consists of leotard, tights and ballet slippers.

Age: 3-12

Age: 3-12 CR PC \$9; CR NPC \$13.50 NCR PC \$10; NCR NPC \$15 EDISON JOHNSON RECREATION CENTER #9812 Jan 12-Feb 16 Sa 10:45am-11:30am #9813 Mar 2-Apr 6 Sa 10:45am-11:30am #9814 Apr 13-May 18 Sa 10:45am-11:30am

BALLET CLASS - STEP BY STEP

Our ballet class program is designed to take students from their very first step through a comprehensive curriculum of classical ballet studies. It also encourages physical discipline and general body awareness and control. Age: 4-8

CR PC \$8; CR NPC \$9 NCR PC \$12.50; NCR NPC \$14 Walltown Park Recreation Center #9829 Jan 12-Feb 16 Sa 12pm-1pm #9833 Mar 2-Apr 6 Sa 12pm-1pm #9834 Apr 20-May 25 Sa 12pm-1pm

CAMPUS HILLS DANCE TEAM

Participants will learn a variety of dances, focusing primarily on jazz and hip hop. The

program will focus first on basic techniques and build to choreographed dance routines. For some classes, dancers may be divided based on age and skill level. Participants will have the opportunity to perform in local events. Age: 6-17
CR PC \$28.25; CR NPC \$31.50
NCR PC \$41.75; NCR NPC \$46.50
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NCR PC \$41.75; NCR NPC \$46.50 I.R. Holmes, Sr. Recreation Center #9987 Jan 25-May 17 F 6pm-7:30pm

FUNDAMENTALS OF DANCE

This class integrates ballet, jazz, lyrical, and contemporary dance techniques. Students are encouraged to be creative and experience dance through a variety of disciplines. Dancers will turn, leap, hop, skip, and jump their way into a love for dance. Preferred class attire consists of leotards, tights, and ballet slippers.

Age: 6-12 CR PC \$10.75; CR NPC \$12 NCR PC \$15.25; NCR NPC \$17 I.R. HOLMES, SR. RECREATION CENTER #9973 Jan 17-Feb 21 Th 5:30pm-6:30pm #9974 Mar 14-Apr 25 Th 5:30pm-6:30pm

HIP HOP DANCE

Want to learn some exciting dance moves? This physically motivated class focuses on hip hop technique, choreography, and movement to popular hit songs. Make sure you wear comfortable clothes and shoes.

CR PC \$12.25; CR NPC \$13.50 NCR PC \$16.75; NCR NPC \$18.50 W.D. HILL RECREATION CENTER #10000 Jan 18-Feb 22 F 6pm-7:30pm #10001 Mar 1-Apr 12 F 6pm-7:30pm #10002 Apr 19-May 24 F 6pm-7:30pm

BELLY DANCE FITNESS

Learn an ancient dance art form from Africa. The movements will sculpt and firm your body, while increasing your stamina and grace, all without stress and fatigue. This dance class also promotes weight loss by burning calories, building muscle, and stimulating your digestive system. Class will include a dynamic warm-up! Age: 13 and up CR PC \$28.75; CR NPC \$32 NCR PC \$42.25; NCR NPC \$47

NCR PC \$42.25; NCR NPC \$47 Holton Career and Resource Center #9922 Jan 22-Mar 12 Tu 6pm-7pm

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SPECIAL PROGRAMS

Recreation Manager: Sarah Hogan, (919) 560-4355, ext 27236, Sarah. Hogan@durhamnc.gov.

Durham Parks and Recreation (DPR) seeks to offer diverse recreational programs for persons with disabilities by providing specialized programs such as beepball (blind softball) and Special Olympics and by making accommodations within all other DPR programs and services. Durham Parks and Recreation strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

SPECIAL PROGRAMS

BUDDY SPORTS

This basic sport skills program offers opportunities for children with and without disabilities to learn and play together. Social skills, teamwork, coordination, and balance are promoted while sport skills are taught.

BUDDY BASKETBALL

Age: 4-13 No Cost George Watts Elementary-DPS #10156 Jan 5-Mar 2 Sa 9:30am-12:30pm

SPECIAL OLYMPICS

Special Olympics activities are offered under the guidelines of the North Carolina Special Olympics. Athletes will work on individual sports skills and team development. All athletes are required to fill out a Special Olympics Medical and Release form before starting the program.

AQUATICS

Age: 8 and up No Cost Edison Johnson Aquatic Center #10144 Feb 17-May 26 Sun 3pm-5pm

HIGH SCHOOL SPRING DANCE

Age: 13 and up No Cost Edison Johnson Recreation Center #10155 May 17 F 10am-1pm

MIDDLE SCHOOL SPRING DANCE

Age: 8 and up
No Cost
Edison Johnson Recreation Center
#10145 May 16 Th 10am-1pm

SOFTBALL

Age: 14 and up No Cost VALLEY SPRINGS PARK #10142 Mar 31-May 26 Sun 4:30pm-6pm

SUMMER STATE GAMES

Age: 8 and up
No Cost
FOREST HILLS PARK
#10146 May 31-Jun 2 F-Sun 8am-8pm

TRACK AND FIELD

Age: 8 and up No Cost DURHAM SCHOOL OF THE ARTS-DPS #10140 Mar 24-May 26 Sun 4:30pm-6pm

ADAPTIVE NEEDLECRAFT Participants will learn crocheting and macrame.

No experience required, all levels will be accommodated.
Age: 18 and up
No Cost
W.D. HILL RECREATION CENTER
#10064 Jan 9-May 1 W 10am-12pm

BRAILLE CLASS

This class will teach individuals how to read and write basic to intermediate Braille, and provide an opportunity to make new friends. The class is designed for individuals who have visual impairments, but is open to anyone interested in learning Braille.

Age: 18 and up No Cost W.D. HILL RECREATION CENTER #10063 Jan 7-Apr 29 M 10am-12pm

SHARING GROUP

The Sharing Group provides opportunities for persons who are blind or have limited vision to socialize, receive support from others and learn ways to adapt and adjust daily tasks. Those

just beginning to experience vision loss are encouraged to attend.
Age: 18 and up
No Cost
W.D. HILL RECREATION CENTER
#10065 Jan 10-May 2 Th 6pm-8pm

ADAPTED SPORTS

Various adapted sports opportunities are offered throughout the year for people with physical disabilities. For specific information on what is currently being offered, please see the descriptions below.

BEEPBALL

Join the Durham Sluggers Beepball Team! This competitive softball program is for people with visual impairments and sighted volunteers. The Durham Sluggers play other teams from NC and SC, and compete in an end-of-the-season tournament.

Age: 13 and up

No Cost Piney Wood Park #10068 Mar 5-Jun 25 Tu 6:30pm-8:30pm

HERITAGE PARKS AND LAKES

Coordinator: Beth Highley (919) 471-1623, beth.highley@durhamnc.gov West Point on the Eno Park and Leigh Farm Park make up the City of Durham's Heritage parks. These significant natural and historic parks provide opportunities for picnicking, fishing, hiking, outdoor nature study, and cultural history programming.

Leigh Farm Park

(919) 471-1623.

Although this park is currently undeveloped, call Beth Highley at (919) 471-1623 to find out more about what is planned for this park site in the future.

West Point on the Eno

This 400-acre natural and historic park is located along a two-mile stretch of the scenic Eno River, six miles north of downtown Durham. Take a step back in time to Durham's early beginnings by touring the working Grist Mill, the 1850's McCown-Mangum House, and the Hugh Mangum Museum of Photography. The historic buildings at West Point are open in 2012 every Saturday and Sunday from 1 p.m.-5 p.m. through December 16.

Admission is free. Weekday tours of the buildings can be arranged in advance by calling

You can also enjoy a leisurely picnic and stroll around the grounds, or take a hike through the woods on one of the park trails. Feel free to bring your canoe or raft and experience the beauty of the Eno River. The park gates are open daily, year-round, from 8 a.m. to dark. Call Beth Highley for further information.

Amphitheatre at West Point

This secluded area nestled in the woods is the perfect setting for company picnics, festivals, concerts, performances, and other large group gatherings. The facility can accommodate up to 4,000 people and includes a large open field, lawn seating, stage, electricity, water, and ample parking. Call Beth Highley to arrange a visit, or for rental and reservation information.

City Lakes

The lakes will be open in 2013 Friday, Saturday and Sunday from 6:30 a.m.-6 p.m. Thursday, March 14 through Sunday, November 10. The lakes will be open on the following holidays: May 27 (Memorial Day), July 4 (Independence Day) and September 2 (Labor Day). Personal boats and motors are not allowed on Little River Lake - boats and electric motors are available for rent. During the season, further information can be obtained by calling the Lake Michie boathouse at (919) 477-3906 or the Little River Lake boathouse at (919) 477-7889.

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SPECIAL EVENTS

SPECIAL EVENTS

Durham Parks and Recreation hosts a wide range of special events for the Triangle area. Participants can enjoy a wide variety of special events that allow families to experience safe, exciting, and organized recreational activities in a beautiful park setting, recreation center, or other locations throughout Durham. Every event is created to provide fun for everyone at a minimal or no cost. Many special events provide the opportunity to be a volunteer or a vendor. For volunteer or vendor opportunities please visit our website at www.DPRPlayMore.org.

OPEN FORUMS

Open forums are meetings where anyone can come and voice their opinions and concerns about Durham Parks and Recreation issues they feel are important.

No Cost

MATURE ADULTS OPEN FORUM

Age: All Ages CFLRC at Lyon Park #10069 Apr 16 Tu 12pm-1pm

CAMPUS HILLS OPEN FORUMS

Age: All Ages I.R. Holmes, Sr. Recreation Center #9906 Jan 10 Th 7pm-8pm

TEEN OPEN FORUM

Age: 13-17 CFLRC at Lyon Park #10021 Mar 4 M 4pm-5pm

W.D. HILL OPEN FORUM

Age: All Ages W.D. Hill Recreation Center #10011 Mar 20 W 6pm-7pm

AFRICAN AMERICAN HERITAGE QUIZ BOWL

The African American Heritage Quiz Bowl is an annual event in celebration of Black History Month. Students compete in a contest that tests their knowledge of African-American history. The Quiz Bowl aims to increase awareness of the contributions African-Americans have made to society. Age: 13-17

No Cost Holton Cai

HOLTON CAREER AND RESOURCE CENTER #9742 Feb 16 Sa 10am-2pm

BEYBLADE TOURNAMENT

The Beyblade Tournament is coming. The event will give players the opportunity to compete head-to-head against other Beybladers in the community. Beyblades are spinning tops that battle in a confined space called a stadium. Players will test their skills and strategies as they compete for prizes. So all you Beybladers, get ready to let it rip! (Participants need to bring their own Beyblade to participate). Age: 6-12
No Cost

HOLTON CAREER AND RESOURCE CENTER #9932 Apr 20 Sa 1pm-3pm

BIMBÉ CULTURAL ARTS FESTIVAL

The Bimbé Cultural Arts Festival celebrates West African traditions and culture. All events are free and open to the public. There will be weekday and weekend activities, offering a wide range of programs including music, dance and readings. There will also be a full range of vendors offering local crafts, artwork, food and drink.

Age: All Ages
No Cost
CCB PLAZA
#9209 May 18

#9209 May 18 Sa 12pm-8pm

EARTH DAY FESTIVAL

Join us to enjoy a day filled with an eclectic mix of music, great food, hands-on environmental education activities and much more.

Age: All Ages

No Cost

Durham Central Park #9205 Apr 21 Sun 12pm-5pm

EGG HUNT

Hunters wanted! Come meet the bunny and hunt for eggs at Campus Hills! Children will be divided into age groups for the egg hunt (0-3, 4-5, 6-8). Ages 9-12 will participate in an egg scavenger hunt. Find the golden egg to win an extra prize!

Age: 12 and under

No Cost I.R. Holmes, Sr. Recreation Center #9899 Mar 23 Sa 10:30am-11:00am

WEST POINT ON THE ENO #10727 Mar 23 Sa 10:30am-11:00am

MARTIN LUTHER KING, JR. CELEBRATION

Program to commemorate the life of Dr. Martin Luther King, Jr. The theme is MLK: Remembering the Legacy through Art. Featuring film, community discussion, exhibits and food.

Age: All Ages No Cost

W.D. HILL RECREATION CENTER #10005 Jan 12 Sa 2pm-4pm

PIRATE PARTY CARDBOARD BOAT RACE

Captain, find your first mate and race to the finish line in our Pirate Party Cardboard Boat Race! Construct your boat at home using only cardboard, duct tape and waterproof paint. Awards will be given for both spirit and success, so find your inner pirate and come have some fun! Each boat must include one adult and one youth participant. All participants must wear a life jacket (will be provided).

Age: 6 and up CR PC \$5; CR NPC \$6 NCR NPC \$10; NCR NPC \$11 LR. HOLMES, \$R. RECREATION CENTER #9717 Jan 26 Sa 5:30pm-7pm

SPRING EGG DIVE

It's an Eggstravaganza! Dive, splash, and swim for eggs and win prizes at our Spring Egg Dive event. All swim levels are welcome and life vests will be provided. An adult will need to enter the water with children 9 years of age and younger. Age: All Ages

CR PC \$5. CR NPC \$6

CR PC \$5; CR NPC \$6 NCR NPC \$10; NCR NPC \$11 EDISON JOHNSON AQUATIC CENTER #9718 Mar 16 Sa 5:30pm-7pm



Durham Parks and Recreation Recreation Advisory Commission (RAC)

The RAC meets on the second Wednesday of each month at 7:30 a.m. at the Durham Parks and Recreation main office. The mission of the Recreation Advisory Commission is to advocate for Durham Parks and Recreation and the Durham Community. For more information regarding the RAC, contact Lynda Kozar at (919) 560-4355, ext. 27233.

Omar Beasley, Mayor's Appointee Loren S. Darden Ronnie Ferrell Cheryl Lloyd, Vice Chair Umar Muhammad, Chair Susan Taylor
Catherine Brennan
Linwood Webster
Steve Schewel, Council Representative

Selected by the NCRPA as recipients of the "Distinguished Recreation Board Award"



SPECIAL EVENTS

For more details about events listed on this page, see the Special Event listings on the previous page.

African American Heritage Quiz Bowl

The African-American Heritage Quiz Bowl is an annual event in celebration of Black History Month. Students age 13-17 compete in a contest that tests their knowledge of African-American history. The Quiz Bowl aims to increase awareness of the contributions African-Americans have made to society.

Saturday, February 16, 10 a.m.-2 p.m. **Holton Career and Resource Center** 401 N. Driver St.



Pirate Party Cardboard Boat Race

Saturday, January 26 5:30 p.m.-7:30 p.m.



Campus Hills 2000 S. Alston Ave.

CR PC \$5; CR NPC \$6 NCR NPC \$10; NCR NPC \$11

BEYBLADE



SATURDAY, APRIL 20 1 P.M.-3 P.M.

HOLTON CAREER AND RESOURCE CENTER 401 N. DRIVER ST.

MLK JR. CELEBRATION



Saturday, Jan. 12 2 p.m.-4 p.m.

W.D. Hill Recreation Center 1308 Fayetteville St.



Egg Hunt

Saturday, March 23, 10:30 a.m. Campus Hills Park (2000 S. Alston Ave.) West Point on the Eno Park (5101 N. Roxboro Rd.)

THIS IS YOUR CHANCE TO BE HEARD - TELL US WHAT YOU THINK OF OUR PROGRAMS! **DETAILS UNDER** RECREATION CENTER EVENTS.



OPEN FORUMS Spring Egg Dive



Dive, splash, and swim for eggs!

Saturday, March 16 5:30 p.m.-7 p.m.

Edison Johnson Aquatic Center 500 W. Murray Ave. CR PC \$5; CR NPC \$6 NCR NPC \$10; NCR NPC \$11

Durham Earth Day Festival 2013

Join us to celebrate the earth and learn about many ways to live green! Earth Day features an eclectic mix of music, food, activities for kids, hands-on environmental education activities and much more.

> SUNDAY, APRIL 21 12 P.M.-5 P.M.



DURHAM CENTRAL PARK 502 Foster St.



Celebrate West African traditions and culture with the whole family! Music, entertainment, food, kids' activities, local crafts, artwork, and more. Free!

Saturday. May 18 12 p.m.-8 p.m.

> CCB Plaza 201 N. Corcoran St.

We support INCLUSION - Persons of all ability levels are welcome at every facility and every program. CR PC: City Resident, Play More Card; CR NPC: City Resident, No Play More Card; NCR PC: Non-City Resident, Play More Card; NCR NPC: Non-City Resident, No Play More Card



FACILITY & PARK RENTALS

The calendar is currently open for 2013 facility reservations. For more information on Durham picnic shelters, the Durham Armory, Spruce Pine Lodge, Forest Hills Neighborhood Clubhouse and the McCown-Mangum House, please contact the reservation office at (919) 560-4355, ext. 27202 or reservations@durhamnc.gov. Please note: All operational hours and rental fees are subject to change. For fees and other information, please our website or call (919) 560-4355, ext. 27202

PICNIC SHELTERS - 2013 Picnic Shelter Season: April 1-October 31
Reservations for picnic shelters will be accepted beginning January 2, 2013. Durham's parks and facilities serve as great sites for your next event, family gathering or concert. Many Durham parks offer picnic shelters on a "first come, first served" basis. By making reservations, you are assured of having the picnic shelter of your choice. Permits must be purchased by Tuesday at 5pm for the remainder of the work week and the weekend. Please see page 4 of PlayMore for a list of DPR parks. Those with picnic shelters are marked with an asterisk.

PARK RENTALS

Durham's parks are great places to host your fun days, company picnics, family reunions and more. A park permit is required. Contact the reservations office at (919) 560-4355 ext. 27202 or reservations@durhamnc.gov.

212 Foster St., Durham, NC

The Armory at Downtown, on the corner of Foster and Morgan streets, is available for rentals for your community or private event, whether it is a fundraiser, concert, wedding reception, seminar or family reunion. With a capacity of 585 in the auditorium/ballroom and an additional 314 in the balcony, the Durham Armory offers a large indoor space with lots of flexibility. The amenities include a large kitchen, heating and air conditioning, coatroom, snack bar, tables, chairs, A/V equipment, and ample parking surrounding the facility. Call the reservation office at (919) 560-4355, ext. 27202 for availability and rental rates. Rental Times: Sunday through Saturday 8 a.m. to 2 a.m. (minimum 6 hours)

Holidays - Closed

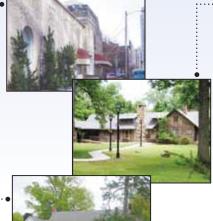
1639 University Dr., Durham, NC

This historic building located in the heart of the Forest Hills neighborhood offers a large meeting room with audio/visual equipment, a spacious kitchen, restrooms, heat, air conditioning, and a large lawn. This Clubhouse, with a capacity of 80 people, is perfect for business meeting, team building retreats, parties, anniversaries, church functions, and family reunions. Call the reservation office at (919) 560-4355, ext. 27202 for availability and rental rates.

Rental times: Sunday through Saturday 8 a.m. to 12 a.m. (minimum 3 hour rental)

Holidays - Closed

SPECIAL FACILITIES



TERRETER BER RE

····· Spruce Pine Lodge 2235 Bahama Rd., Bahama, NC

The lodge is a 1940s vintage log building located in the Lake Michie Recreation Area. The lodge has 2,500 square feet of floor space which is divided into four meeting rooms, served by a kitchen facility and a sound system. Dependent on the type of activity, the building capacity is 120 persons. Log walls and massive stone fireplaces lend a unique quality to all types of functions. Hiking trails, a large lawn and play field, and a picnic shelter are also available for use, as well as Lake Michie's camping, boating and fishing facilities nearby. The lodge is located 12 miles north of downtown Durham, near Bahama, and is easily accessible from Interstate 85. The building, associated lawns and picnic shelter are available to rent for weddings, large picnics, meetings, retreats, parties or other group activities. Call the reservation office at (919) 560-4355, ext. 27202

Rental times: Sunday through Saturday 8 a.m. to 12 a.m. (minimum 6 hours) Holidays - Closed

McCown-Mangum House

for availability and rental rates

5101 N. Roxboro Rd., Durham, NC

This restored 1850's farmhouse is perfect for small gatherings such as weddings, receptions and meetings. The patio seats 40 and the house capacity is 60 (twenty per room maximum). Special features include rooms sheathed in original heart pine boards, a brick patio, a spacious kitchen, restrooms, heat, air conditioning, porches and gardens. Call the reservation office at (919) 560-4355, ext. 27202 for availability and rental rates.

Rental times: Sunday through Saturday 8 a.m. to 10 p.m.

Holidays - Closed

TENNIS COURTS

Tennis courts can be rented for group play during certain times of the day. To reserve a tennis court, call (919) 560-4355.

ATHLETIC FIELDS

To reserve an athletic field, call (919) 560-4355.

RECREATION CENTERS

Planning a party and need a space for it? Gymnasiums, meeting rooms and kitchen space in our recreation centers are available to the public to rent. Keep us in mind when planning holiday parties, meetings, anniversaries, dances, church functions, reunions and wedding receptions. To reserve one of the following recreation centers, contact the center directly.

Edison Johnson Recreation Center: (919) 560-4270 Holton Career and Resource Center: (919) 354-2750 I.R. Holmes, Sr. Recreation Center at Campus Hills: (919) 560-4444 Walltown Park Recreation Center: (919) 560-4296 Weaver Street Recreation Center: (919) 560-4294 W.D. Hill Recreation Center: (919) 560-4292

CAMPSITE INFORMATION:

Parks and Recreation offers a variety of opportunities for outdoor recreation, including a year round camping area. Campsites are operated by the City of Durham Parks & Recreation Department and may be reserved by calling 919-560-4355, ext. 27202 to obtain a permit. All reservations are a first come, first served basis.

Lake Michie Recreation Area: Overlooking Lake Michie, this recreation area offers camping, boating (paved boat launch), fishing and trail hiking. The area has seven campsites open year round. Each site has a tent pad, grill and picnic table. No electrical hookups are available and campers should bring water and other necessities. Vehicular access to the campgrounds is limited. DIRECTIONS: Take Roxboro Road North (Rte 501); go approximately 12 miles; turn right onto Bahama Road; after 2.5 miles, take a left at the wooden sign that reads "Spruce Pine Lodge."

Prior to use of the camping facility, a permit must be obtained from Durham Parks & Recreation

OUTDOOR PLAZA LOCATIONS

With the completion of the downtown streetscape, Durham Parks and Recreation invites the community to enjoy the outdoor plazas (CCB Plaza and Durham Center Plaza) nestled in the heart of downtown Durham. The outdoor plazas offer the perfect environment for meetings, receptions, banquets, parties, trade shows, concerts, expos and more! These plazas are centrally located and provide easy access to the surrounding communities to also enjoy after work socials or weekend events. Please consider DPR for your next

- CCB Plaza is located at the corner of Corcoran and Parrish Streets in downtown Durham home of MAJOR, the big bronze bull.
- Durham Centre Parking Garage rooftop of the Centre Parking Garage on 300 W. Morgan Street.

For reservations and rental prices, please call (919) 560-4355, ext. 27202